

Time for a Movie

Posted by israel613120 - 12 Apr 2013 04:13

Hi, I've been clean (no porn) for over 75 days, and I do feel good about that, and hope to continue one day at a time.

The shmiras enayim in the street is also improving.

But I'd love to watch a movie, I grew up in a house with a TV, and this is the way I like to relax. (75 days haven't been movie free, but loads less)

I know I've read the link to Fishman, (I think) and know he is correct when he talks about those 'innocent' sounding films.

If I'm honest with myself, My slippery slope (re)started (after my wedding) when I started using my home computer for entertainment not just work.

But surely there are some movies which are O.K, like the ones I'll let my kids watch.

watching movies is not in the 90 day rule, but I am nervous.

Avrom

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Re: Time for a Movie

Posted by Machshovo Tova - 12 Apr 2013 19:17

Just wondering: Is it ok to watch movies during Sfira?

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Re: Time for a Movie

Posted by AlexEliezer - 12 Apr 2013 20:27

When you're watching a movie with even one actress, you're spending time focusing on a woman.

I also grew up with TV and movies. Movies are very fun, and hard to give up. Take it one day at a time, one right decision at a time. I find it helpful not to keep up with what movies are playing, so I don't have as much temptation.

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Re: Time for a Movie
Posted by reallygettingthere - 12 Apr 2013 20:40

Im pretty sure that my most recent slipping episode was triggered by watching a TV show online that what not a schmutzy show and did not contain schmutz...

except for one quick scene

you know the rest of the story

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Re: Time for a Movie
Posted by gibbor120 - 12 Apr 2013 21:03

Is there something more positive you can replace your TV or movie watching with? A project, a seder, a phone call, excercise, music?

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Re: Time for a Movie
Posted by israel613120 - 14 Apr 2013 04:50

Thanks for all your advice

Yes it is tempting, one day at a time is good advice,

but I feel this is a Madreigo, that I'm not ready for just yet.

But I have been Movie free! for a week, Thursday nights and Motzai Shabbos are the most tempting nights, like the cholent guys.

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Re: Time for a Movie

Posted by inastruggle - 14 Apr 2013 06:09

[israel613120](#) wrote:

Thanks for all your advice

Thursday nights and Motzai Shabbos are the most tempting nights, like the cholent guys.

hmm maybe u should hang out with them then...

hint hint hint

i also like to relax with a video (in my case it's youtube usually) but it does lead to shmutz all the time. so recently iv'e been coming here instead to hang out, and i think that almost any other activity is better than a video, so try to do something else. the kosher isle has some ideas, sometimes i play a game instead of a video but i think that really the best thing is to be either reading something or spending time with real people.

whatever the case is with movies you're doing great with the lust struggle so kutgw.

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