

the void

Posted by nitzotzeloki - 07 Apr 2013 18:34

unfortunately im dealing with some very severe depression which started recently (it usually happens this time of year) i feel like a complete piece of **** and davening and learning is really difficult for me. i want to connect to Hashem but the only g-d i know when im in this state is the g-d of fantasy and temporary pleasure. ive been white knuckling it so far but as dov says 'how long can you hold youre breathe?' i feel totally self involved, stuck in my own head which is the worst place for me to be. ive been reaching out to get some off internet help and im holding on the best i can. i feel this empty space inside and i dont know whats even supposed to go there. im not good at saying what i actually feel, always thinking that i 'have' to be okay. well right now im not okay.

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Re: the void

Posted by nitzotzeloki - 21 Aug 2013 14:21

[quote="cordnoy" post=216636][nitzotzeloki wrote:](#)

Is that normal to go over to a complete stranger?

no its not....nu.

about the cannibals, im really sorry guys but i ate them....

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Re: the void

Posted by cordnoy - 21 Aug 2013 16:08

but you must be special for him to feel so comfortable

what brachah was made?

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Re: the void

Posted by Gevura Shebyesod - 21 Aug 2013 17:27

[cordnoy wrote:](#)

what brachah was made?

Borei P'ri ha'Adam

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Re: the void

Posted by nitzotzeloki - 21 Aug 2013 22:11

i woke up this morning feeling completely overwhelmed and stressed out. i was mamash in a crazy headspace. in complete sincerity i turned to Hashem and said "Abishter please give me a Hug". tachlis i had a very full day (and its still not over) but from that point on my head/emotions was in an entirely dif. zone. in a good way.

ive been feeling the Hugs

Thank You Abishter!

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Re: the void

Posted by ZemirosShabbos - 21 Aug 2013 23:00

marvelous!

(fyi, don't eat comedians, they taste funny)

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Re: the void

Posted by tryingtoshteig - 21 Aug 2013 23:14

Here's one more hug for you today....

Warning: Spoiler!

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Re: the void

Posted by tehylimzugger - 30 Aug 2013 23:45

Hey, catching up on missed reading! prepare for a long post

[nitzotzeloki wrote:](#)

so heres something that worked for me. i want to experiment to see if it works for others. so if G-d forbid someone is in a 'zone', but not the good kind, find a toilet and scrub it till you can eat off dont actually eat off it) when its nice and clean things should be better. if this works for anyone feel free to let me know

What if you're no longer living in a bachurim dirah and the toilet's clean?

[nitzotzeloki wrote:](#)

well some people eat dogs and monkeys, im gonna assume that a dog might eat a person or monkey the question is would a monkey eat a dog or a person?

Reminds me of [guess which book the quote is from]:

"But do cats eat bats, I wonder?" And here Alice began to get rather sleepy, and went on saying to herself, in a dreamy son of way, "Do cats eat bats? Do cats eat bats?" and sometimes "Do bats eat cats?" for, you see, as she couldn't answer either question, it didn't much matter which way she put it.

it (

[inastruggle wrote:](#)

Also it's legal to eat a person.

And halachically it's not so bad either I think, look at the minchas chinuch on it for more information.

[Gevura Shebyesod wrote:](#)

Where's our resident Mashgiach?

I'm here, I'm here, didn't check Minchas Chinuch, this is what I have at the moment:

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I punkt discussed with Inna on the phone this week that bsar adam wouldn't make you fleishig, l'halacha- neither would pork, or tuna. Veal would.

[nitzotzeloki wrote:](#)

reminder to self:

the Abishter Loves me!

Just check my sig duuude.

[Gevura Shebyesod wrote:](#)

[cordnoy wrote:](#)

what brachah was made?

Borei P'ri ha'Adam

In accordance with the ruling of the Tur O.C. 196, no Bracha Should be made before only after. The poskim disagree and rule that a bracha should be made both before and after. Both SheHakol.

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Re: the void

Posted by Gevura Shebyesod - 31 Aug 2013 00:44

Shouldn't the after Bracha be Borei Nefashos?

And according to what you wrote that only Eiver Min Hachai is allowed, then pshat is, Borei Nefashos Rabos, he created many people, Vichesronam, and their missing pieces, dehainu the parts I just ate.

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Re: the void

Posted by tryingtoshteig - 31 Aug 2013 00:57

[Gevura Shebyesod wrote:](#)

Shouldn't the after Bracha be Borei Nefashos?

I say it should be ????? ???? like in Sheva Brachos.

[Gevura Shebyesod wrote:](#)

ditto

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Re: the void

Posted by cordnoy - 01 Sep 2013 07:07

doesn't the mechaber paskin than a brachah achronah should not be recited on a dvar issur; perhaps if it is b'shogeig there is afterwards.

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Re: the void

Posted by inastruggle - 01 Sep 2013 08:38

[tehillimzugger wrote:](#)

I punkt discussed with Inna on the phone this week that bsar adam wouldn't make you fleishig, l'halacha- neither would pork, or tuna. Veal would.

If I rememeber correctly it wasn't so pashut, you said that only a b'haimah would make u fleishigs and not a chaya so I said it depends on the person....

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Re: the void

Posted by nitzotzeloki - 13 Sep 2013 00:34

there are HORDES! EVERYWHERE! HORDES!

ive been working really hard the past couple of days, (never realized that i could do a 13 hour shift) and now im tired and its making me vulnerable. i may go hide under my bed

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Re: the void

Posted by ZemirosShabbos - 13 Sep 2013 00:44

what use is hiding if you just gave away your hiding spot?

Hard work spotlights the character of people: some turn up their sleeves, some turn up their noses, and some don't turn up at all.

Sam Ewing

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Re: the void

Posted by nitzotzeloki - 15 Sep 2013 12:39

on erev yom kippur i started not feeling well and decided to davven at a shul next to my apt. i was very disappointed because it turned out to be a social hall that looked like a shul. yom kippur was really rough. i was feeling physically miserable, the talking was really disturbing me and i was having a very hard time getting into davvening. motzai yom kippur i couldnt sleep. i was feeling physically and mentally uncomfortable. i felt a NEED for some release. anything. i kept on telling myself "its motzai yom kippur! you cant do this now" this was one of the times having a filter really saved me. i was even going to call someone at 2.30 in the morning.

B"H a thought came to mind.

one of the Rabeim of Chabad asked their father on motzai yom kippur what the avodah was now. the response was "now is when we need to do teshuva". fact is itzumo shel yom mechaper. i may not have FELT connected on yom kippur but feelings are not reality. today, right now, i can work on my connection to Hashem. a real one, not just based on what im feeling now. i was disappointed in the physical day of yom kippur? well i can bring it with me by living as if i had felt what had happened on yom kippur. cause the connection happened even if i didnt feel it.

i must have fallen asleep at some point because i woke up this morning feeling much better. i made zman krias shema and davvened shacharis with a minyan (sort of) which i havent done on a weekday in a while.

sorry that these shana tova wishes are a little belated but you know i AM chabad

i would like to wish everyone an amazing year, filled with joy and life. I would like to thank the creators, administrators and participants of this amazing, holy site. may the Abishter Bentch you

all with Kol Tuv Beruchniyos uveGashmiyus in a way that is visible even to us. i would also like to ask mechilla if my clowning and immaturity (or what i thought was maturity) has disturbed anyone i know that im not as funny as i think i am

A Gut Gabentchet Yor

Avi

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