

How does it works to help someone else ?

Posted by Israelh - 18 Mar 2013 01:57

Hi,my name is Israel,i am a former addict and clean since 73 days longest streak since im 12.my story is in the topic a journey through the darkness.

My question is simple.

WHat should i do after i discover my uncle who is married and has 4 children is strongly addicted to p***** ?

Shall i tell im that im aware and also an addicted on the recovery path ? and how i struggle ?

Baroukh Hachem,he ask me by the way where i can found a good filter ,i jumped on the occasion and tell him about VCF and the website guardyoureyes, I left the internet open on the site .I pray he will pay attention to the website.

Thanks you for your answers.

Hachem Love Us

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Re: How does it works to help someone else ?

Posted by moish u.k. - 19 Mar 2013 18:26

Some people have disclosed details about their addiction (including myself) in an effort to help the other person, and have come to regret it.

Just because someone has the problem doesn't mean they are ready for the solution. They may

be in alot of denial.

When i once had a six month streak of sobriety, i was very excited and i wanted to share my newfound solution with everyone i can. I chatted with an old friend of mine and realised that he had patterns of sex addiction. I arranged to meet up with him in a quiet place and told him my story. He didn't really want to know about the solution i had found.

The rejection that i felt hurt so much that it led to a relapse.

I cant tell you what to do because every situation is unique. But i do suggest that you think one hundred before you take such action.

One thing we can allways do is daven for the other person.

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