

90,000 reasons to say YES to acting out  
Posted by chaimcharlie - 18 Feb 2013 01:17

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Just joking!!! Ha ha.

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Re: 90,000 reasons to say YES to acting out  
Posted by reallygettingthere - 18 Feb 2013 08:53

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I only know of one reason

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Re: 90,000 reasons to say YES to acting out  
Posted by chaimcharlie - 18 Feb 2013 11:15

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Well, I wasn't really joking, because I think that I can muster up more reasons to act out than not to.

Hey, for a decade I managed to constantly convince myself, time and time again, to act out, with the full knowledge that I was ruining my life. So for me (and I think many others) logic doesn't get me to stop, but to continue.

Right now I'm sober for over 4 months, but I still think that there are many good reasons to act out, probably better ones than the reasons not to.

The main reason I don't is because I am powerless over stopping and it makes my life dreadfully unmanagable, but that's a pretty flimsy argument, way smaller than all the juicyness that an good acting out can offer.

Here is reason #1 out of the 90,000:

It feels really good, their is nothing that can come close to compare to the sublime pleasure from....

#2:

It soothes all pains and aches, physical or emotional, in a completely healing way that nothing else can do.

#3:

I just have to do it, I must.

#4:

Hey, why not?

That's it for now, anyone else have some more to add? (89,996 to go).

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Re: 90,000 reasons to say YES to acting out  
Posted by Dmaot - 18 Feb 2013 14:10

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This isn't right.

You who love the L-RD, hate evil. (Ps.97:10)

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Re: 90,000 reasons to say YES to acting out  
Posted by Pidaini - 18 Feb 2013 16:05

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[Dmaot wrote:](#)

This isn't right.

You who love the L-RD, hate evil. (Ps.97:10)

Are you serious? and if you are then why are you here?

CC's very true comments can actually be very helpful if you actually think about them,

1)true, for a fleeting moment which then leaves you feeling bust and wanting to die.

2)True, but after that brings much more pain than those first pains could ever have caused.

3)I don't know if that one ever came to me.

4) this is the worst one and i don't think it has an answer, but just as the question has no reason just why not, i think the answer needs to JUST BECAUSE, until it passes and then the question will be quite silly.

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Re: 90,000 reasons to say YES to acting out  
Posted by Dmaot - 18 Feb 2013 22:34

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There is nothing good in acting out. How can you praise acting out? How can you praise it? It's chilul Hashem. It's idolatry. "Whatever i'm seeking in lust, let me find in You". Praising and honoring lust? Advertising the benefits? Are you serious? If yes, then why are you here?

I'm here because i'm against lust and would never see anything good and beneficial in it. It's a lie, that's all it is, it's a lie.

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Re: 90,000 reasons to say YES to acting out  
Posted by reallygettingthere - 18 Feb 2013 22:42

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There is nothing wrong with acknowledging that that you want to act out, you like acting out or that you enjoy acting out etc.

Our sages teaches that one should not not say that he does not want to eat chazir but rather should say I want but what can I do, the Torah forbids it.

that being said I'm not sure that this approach is a healthy one for addicts. If there is one thing that I learned from hanging out here it is that am addiction isn't simply a yezter hora that can be battled with the regular methods. An addiction is an illness.

Perhaps one who is ill shouldn't try to remind themselves of how much they enjoy their drug of choice.

Either way I don't think that ChaimCharlie is trying to encourage people to act out, just face the fear and call it out for what it is.

**VOLDEMORT!!!**

Eli

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Re: 90,000 reasons to say YES to acting out  
Posted by moish u.k. - 19 Feb 2013 17:54

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A very good reason to act out is if i want to perpetuate a cycle that will eventually lead me to a slow, horrible and painful death.

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