..."the smell of freedom!" Posted by startingrecovery - 30 Jan 2013 16:08

Although I have only been on this forum a short time, and I am only on my fourth clean day- (still 86 to go!), I want to share with everyone: these four days, its sad to say, are a huge accomplishment in my life! Any other time after four days I feel like I'm about to explode with lust! Never mind up to a week. Now, BH, all I did was put one post on the forum, and I feel exactly like "a shared problem is half a problem". There are people out there ready to help me. I am now going to print the big book, join a 12 step phone group- because however much I try to convince myself otherwise, I know that I AM AN ADDICT. And I need help. I am also going to find a sponsor.

Thank you so much everyone at GYE, every person here is changing my life!

And a message to anyone out there who just occasionally reads the forums as a guest (out of guilt after a fall): GET INVOLVED!! Make the first move! And as GYE puts it: "once your here, everyone will just pull you up with them". The smell of freedom is soooo good! "sur m'ra" sometimes feels even better than "asae toiv".

BEST OF LUCK TO YOU ALL :-D

Re: ... Posted by ZemirosShabbos - 30 Jan 2013 20:38

ahhhhhhh

gevaldig

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(btw, freedom smells like cinammon buns and vanilla coffee

if you're fleishig it smells like overnight kugel with ptcha)

Re: ... Posted by reallygettingthere - 30 Jan 2013 23:48 Welcome to the club startingrecovery! (back slap)

We're like family here (we may disagree sometimes but we love each other)

Joining GYE was the best thing I have ever done to help me get a handle on my problem

Eli

Re: ... Posted by MBJ - 31 Jan 2013 01:05

Did somebody say ptcha?? Ahh!!

And welcome startingrecovery.

I have found that just writing on here helped me get my head straight, so more power to you.

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Re: ... Posted by gibbor120 - 12 Feb 2013 22:23

ZemirosShabbos wrote:

ahhhhhhh

gevaldig

(btw, freedom smells like cinammon buns and vanilla coffee

if you're fleishig it smells like overnight kugel with ptcha)

Re: ... Posted by reallygettingthere - 13 Feb 2013 04:06

gibbor120 wrote:

Yikes! Better make sure I stay milchig then

ahhhhhhhh

gevaldig

(btw, freedom smells like cinammon buns and vanilla coffee

if you're fleishig it smells like overnight kugel with ptcha)

Milchig p'cha is totally unnecessary

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