

looking for guys struggling with actual people

Posted by help613 - 20 Jan 2013 18:32

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Hi,

I started this topic to try and make a thread for guys who struggle with actual people. Like guys who have girlfriends, actual out of marriage relationships, use or have used zoines.. It would make it easier for some to relate to, since not everyone who has these struggles is fighting Internet pornography, masturbation and so on...

I feel like im a level lower then most guys on this forum..

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Re: looking for guys struggling with actual people

Posted by egghead30 - 12 Feb 2013 00:54

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The out of owners don't want me either. Even unattractive girls don't really want me. I live a very lonely life. Im the nebuch of my town and it 100% because of my looks

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Re: looking for guys struggling with actual people

Posted by help613 - 12 Feb 2013 16:11

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I don't believe you !

Trust me, I've been around the block and know girls very well.

People will you only believe and trust in you once you do in yourself !

Make sure your clean and tidy looking, dress neatly and just show you care !

Acting out just comes from not believing in yourself !

Try it and keep us posted !!

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Re: looking for guys struggling with actual people

Posted by Dov - 13 Feb 2013 02:57

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Dear well-meaning help613 guy,

It does not sound to me that Egghead is 'acting out', at all! I think he is just entertaining himself. So? What does that have to do with acting out? Can you or I blame him?

Would any of *us* have gotten the help we need to stop one day at a time, if porning and having sex with ourselves was not *hurting us enough, first?* No, we would not have.

So let him alone, I say. Why try to take away the one thing he comforts himself with, if none of us would have done the same?

- Dov

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Re: looking for guys struggling with actual people

Posted by egghead30 - 13 Feb 2013 08:29

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My masturbation habit is due to me trying to comfort myself and fill the void that I don't have due

to my lack of attention/affection from women.

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Re: looking for guys struggling with actual people

Posted by Dov - 13 Feb 2013 09:02

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I know all about aveiros, tum'ah, etc. If you know all about that aspect of the masturbation and porn, too, then all that means is that those facts don't stop you. So I ask you:

If you see that using the porn and masturbating yourself are comforting you, then why are you really trying to give it up? *Are you really interested in giving it up?*

Let's please not leave 'obvious' things unspoken - for the facts are not really as they seem to us, even about ourselves. I am asking you straightforward questions.

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Re: looking for guys struggling with actual people  
Posted by melost - 13 Feb 2013 15:19

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[help613 wrote:](#)

Thanks guys ! I really appreciate it ! Sorry, I really was not trying to differentiate and make your struggles sound less serious, but I often feel that halachik and spiritual things help me overcome my temptations.. And thats why I was looking for someone closer to my suffering !

Why can't H' just make me strong enough and give me the clarity I need to realize all this attention is poison for me !!  
sorry i was wrong it is more difficult in an environment where u speak with girls, in context ,

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Re: looking for guys struggling with actual people  
Posted by egghead30 - 14 Feb 2013 06:09

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I should point out I have masturbated in 92 days

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Re: looking for guys struggling with actual people  
Posted by Gevura Shebyesod - 14 Feb 2013 06:14

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I presume you meant to say "have not".

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Re: looking for guys struggling with actual people  
Posted by egghead30 - 14 Feb 2013 17:52

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lol yes. Havent

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Re: looking for guys struggling with actual people  
Posted by melost - 14 Feb 2013 21:23

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[egghead30 wrote:](#)

lol yes. Havent  
oh that sounds better that amazing

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Re: looking for guys struggling with actual people  
Posted by help613 - 15 Feb 2013 00:37

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I am so happy to hear that !

Keep it up !

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Re: looking for guys struggling with actual people  
Posted by mr. emunah - 15 Feb 2013 02:49

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thumbs up!

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Re: looking for guys struggling with actual people  
Posted by Dov - 15 Feb 2013 03:45

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Dear Egghead - that's great, but what is your point, chaver? Is there something you are trying to quit doing or to learn to do better in your life? You write about how bad your situation is - so? What's your point here and now? Please clarify so we can share helpful things with you.

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