

Welcome to the "Internet Addiction Forum for Religious Jews!"

Posted by the.guard - 29 Jul 2008 18:57

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A project of [www.GuardUrEyes.com](http://www.GuardUrEyes.com).

***Ask questions, post answers and be inspired!***

This forum's goal is to provide a platform of recovery for believing Jews who finds themselves struggling with pornography addictions, addictions to masturbation or other sexual problems. Here, one can post anonymously about their struggles with *shmiras ainayim*, *shmiras habris* or sexual addictions of any type, without fear of anyone finding out who they are.

Get advice and tips from the experts who will be monitoring this blog, as well as from fellow strugglers who will be able to offer encouragement and ideas about what worked for them.

May Hashem be with us all on our journey to Recovery, *Nachas Ruach* and Teshuvah!

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Re: Welcome to the "Internet Addiction Forum for Religious Jews!"

Posted by shemirateinayim - 11 Apr 2010 21:58

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amen

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Re: Welcome to the "Internet Addiction Forum for Religious Jews!"

Posted by the.guard - 12 Apr 2010 13:30

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SE, you're nuts ;D

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Re: Welcome to the "Internet Addiction Forum for Religious Jews!"

Posted by jewinpain - 12 Apr 2010 15:20

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Nuts is actually very accepted in passover and the month of Nisan:)

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Re: Welcome to the "Internet Addiction Forum for Religious Jews!"

Posted by DovInIsrael - 15 Apr 2010 21:07

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guard -

how about a monitored forum only for teens.

seems there might be a need for teens to discuss teen issues.

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Re: Welcome to the "Internet Addiction Forum for Religious Jews!"

Posted by Chazak Amenu - 15 Apr 2010 21:49

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! : but spesking  
for myself i would use what ever would help but i am not sure there are that many teens here.

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Re: Welcome to the "Internet Addiction Forum for Religious Jews!"

Posted by commando612 - 16 Apr 2010 01:47

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Re: Welcome to the "Internet Addiction Forum for Religious Jews!"

Posted by Yosef Hatzadik - 16 Apr 2010 17:04

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The posuk says: *Na'ar Yisroel v'ohavo*, Yisroel is a child & I love him!!!!

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Re: Welcome to the "Internet Addiction Forum for Religious Jews!"

Posted by Steve - 16 Apr 2010 20:01

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Ok, so this is my second childhood today....

Meanwhile, i think Guarderino had something serious in mind for topical applications here, problem is it's after chatzos on friday and I'm so looking forward to shabbos i can't think straight.

OK, here's a question:

How do you handle it when you find your own child has been sneaking onto the home computer in the middle of the night to view porn? You have a filter, but he figured a way around it. And maybe he's really savvy, and found out how to use Privacy viewing in Explorer, which supposedly doesn't keep a history record that's easily viewable (but temps have given it away cuz they're NOT THAT savvy).

Would the answer be different based on how old they are?

maybe they are not addicted yet, just exposed and curious for more, and you want to stop them b4 it blows up to full-fledged addiction. you don't hit them with the whole SA 12 steps yet, do you? And you certainly don't admit you're an SA, right? And would you introduce them to GYE? - What if they go onto the forum and guess who you are??? What if you want to talk to them

about the RID business, but they clam up & dont want to talk to YOU, to a THERAPIST, or anyone?

Now THAT"S what I call being in a Pickle!!

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Re: Welcome to the "Internet Addiction Forum for Religious Jews!"  
Posted by the.guard - 19 Apr 2010 15:27

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[Steve wrote on 16 Apr 2010 20:01:](#)

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My advice would be to have a long heart to heart talk and admit that you too did this when you were young, and explain what you learned as you got older, how dangerous it is, how it takes us away from all ruchniyus, and we won't be able to have a good marriage, hold down a job, learn Torah, etc... and how you learned how to break free... Tell him about GYE and make a chavrusah with him on the Attitude handbook... And then maybe the GYE handbook too... Have him read the "horror" stories on [this page](#) too.

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Re: Welcome to the "Internet Addiction Forum for Religious Jews!"  
Posted by DovInIsrael - 19 Apr 2010 21:45

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Guard -

Its AMAZING how much time and effort you put into this site!!!

YASHER KOACH GADOL!!!!

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