

today's success

Posted by Mr. Smith - 21 Sep 2009 17:09

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So there's this girl who lives nearby who is the latest object of my lust. I see her around a couple of times a week. She is probably not aware how flirtatious she is with me, but it drives me crazy. It has been going in a generally bad direction, with more and more physical contact happening on purpose, which, while not a sexual act necessary, is definitely inappropriate, and definitely not good for me.

So today I saw her sitting on a nearby bench when I went outside. I went up to her out of total compulsion. And I spoke to her for a few minutes, and I thought about sitting beside her, which is always a recipe for crossing the line, *and I didn't sit down!!!!* I walked away! It was a small victory. But that's what teshuva is about, isn't it? Small victories! Thank G-d for those. And yay me.

Smith

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Re: today's success

Posted by Nat - 21 Sep 2009 17:34

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Re: today's success

Posted by jerusalemsexaddict - 21 Sep 2009 17:35

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I think i know this girl.

I dont like her much.

Im sure Hashem was/is very proud of you.

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As are we

Re: today's success  
Posted by the.guard - 21 Sep 2009 18:07

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What a tzadik! Keep making these small victories, they add up to BIG victories in the end!

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Re: today's success  
Posted by Efshar Letaken - 21 Sep 2009 18:57

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After agreeing to all of the above, if you really want to win this fight cut it off now while you still have some what control over it.

And most of all very important if you can read this [rehab-my-site.com/guardureyes/forum/index.php?topic=928.0](http://rehab-my-site.com/guardureyes/forum/index.php?topic=928.0) thread, internalize it & follow up on it accept if you can deal with playing around with this lust=Bad Comfort & try to test yourself how far you can go without crossing lines.

Studies show that we will usually lose in the end if we flirt with lust.

Sorry for pointing out the Truth & Nothing But The Truth!

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Re: today's success  
Posted by Nat - 22 Sep 2009 16:19

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I agree with what what was said earlier on apersonal note, I too feel that if I fall even once in a small way to lust it takes a extremely strong help from Hashem to even get back to the same

plcae I was before.

Usually eventualy I fall big time!

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Re: today's success

Posted by Sturggle - 23 Sep 2009 08:33

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Mr. Smith!

Shkoyach on your success!

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