

LINE IN THE SAND - KABBALLOS FOR THE NEW YEAR!

Posted by bardichev - 13 Sep 2009 19:00

OK IWAS THINKING ABOUT, THIS FOR A WHILE

WE ALL KNOW WE CAN NOT RE-INVENT THE WHEEL AND REPROGRAM THE ENTIRE MACHINE

BUT.. BUT.. WE ALL NEED TO DO TESHUVA

SO HOW ABOUT THIS LITTLE IDEA

(GUARD, URI AND OTR THANKS FOR THE INSPIRATION)

LETS MAKE A SMALL KABBALLA

BUT A HONEST KABBALLA

THIS IS ONE THAT WILL BE A RED LINE IN THE SAND

THIS ONE YOU TELL HASHEM

TATTEH IN HIMMEL (sorry RATM)

I WILL CHANGE !!!

YOU WILL SEE NEXT YEAR

I WILL NOT HAVE TO REVISIT THIS ISSUE

LET THIS BE DONE AS A TZIBBUR

CAN WE IMAGINE THE ZECHUS!!!

SO IF WE WILL NOT BE BASHFUL

STEP UP AND POST YOUR RED LINE IN THE SAND

BHATZLACHA

A GITT GEBETCHED ZEEESAH YUR!!!

b

http://in2themystic.net/wp-content/uploads/2008/08/ist2_3135892-draw-a-line-in-the-sand-thus-far-no-further.jpg

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Re: LINE IN THE SAND - KABBALLOS FOR THE NEW YEAR!

Posted by Noorah BAmram - 13 Sep 2009 19:47

2 thoughts:

1. I don't know if this is what you had in mind when you were referring to a "line in the sand" but perhaps the "kabolos" can be "asei tov", action variety to something positive in the area of GYE/shmiras eynayim and shmiras habris..

Just a few suggestion maybe to read a "selection of the day" from the handbooks

Or make a kabbalah to post encouragement or pm chizuk to another member on the forum, everyday!

(As an aside I thank from the deepest parts of my heart to all those who have given me "chizuk"

Publicly and privately! I wouldn't be here if not for you!

)

2. Its well known from the sages of mussar that all "kabolos" should be for a limited time so as not to be overwhelming.

Again I don't know if this is what the Rebbee had in mind, however I post this as a humble suggestion of the

Smallest of the House of Amram

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Re: LINE IN THE SAND - KABBALLOS FOR THE NEW YEAR!

Posted by bardichev - 14 Sep 2009 02:51

KRYNA DIGRASA IYHU DIYHIV PRIVANO

Thanks in this world and in the Next
OK I WILL STEP UP TO THE PLATE

BLI NEDER I WILL NOT READ ANY "BLOG" EVEN KOSHER(STYLE THEY ARE ALL TREIFF)

TILL AFTER SIMCHAS TORAH

BLI NEDER

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Re: LINE IN THE SAND - KABBALLOS FOR THE NEW YEAR!

Posted by TrYiNg - 14 Sep 2009 08:22

I will not...um...this is SOOO hard, I will not get onto youtube for ANY reason whatsoever till after yomim tovim.

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Re: LINE IN THE SAND - KABBALLOS FOR THE NEW YEAR!

Posted by the.guard - 14 Sep 2009 11:42

Bardichev, great idea. Great thread!

Someone who kept having repeated falls recently made a red line that no matter what - no porn. In other words, if he feels he's falling - or gonna fall, he will not use stimulation to feed his addiction and lust - for 90 days. If he falls, it's only with his mind. That's an interesting first step for someone who's just starting out. I wonder if it's enough? But it surely counts for SOMETHING!

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Re: LINE IN THE SAND - KABBALLOS FOR THE NEW YEAR!

Posted by TrYiNg - 14 Sep 2009 12:16

It is. It was my first step when I started out. It helped a great deal. The images start getting blurry in your mind, after a while, and you can't feed it with more..

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Re: LINE IN THE SAND - KABBALLOS FOR THE NEW YEAR!

Posted by bardichev - 14 Sep 2009 13:49

[TrYiNg wrote on 14 Sep 2009 08:22:](#)

I will not...um...this is SOOO hard, I will not get onto youtube for ANY reason whatsoever till after yomim tovim.

WOW THAT IS A WAY TO GO TO TOM HADIN!!! WHAT A ZECHUS KEEP IT UP!!

b

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Re: LINE IN THE SAND - KABBALLOS FOR THE NEW YEAR!

Posted by battleworn - 14 Sep 2009 13:53

Rebbe, I'm taking you're not responding to Noorah as a haskomoh. So I want to make a kaboloh in aseï tov.

I find that I get too carried away with the big picture. In the past, my efforts to achieve simcha were concentrated on Emunah and Bitachon that it's all leading up to the Tikun Hashalem.

I now realize that some balance is in order. Yes this world is very dark and yes it's all leading up to Moshi'ach and we should keep davening our hearts out. BUT at the same time we need to appreciate what we have right now. We need to appreciate how valuable each mitzvah is **by itself**. The Gr'a says that the whole world would have been worth creating for just one single person to say Shma Yisroel one time. Every little bit of doing ratzon Hashem in this world is such a bombastic accomplishment, that nothing can outweigh it. Every time we are michazk one single person even a little bit, it's cause for great celebration. Every time we say no to the y"ch we are accomplishing something that it's worth creating the whole world for. (Even if we c'v fall, it doesn't take away anything from the great accomplishment.)

So my kaboloh is to try (I hope and pray that I'll succeed) to make a chesbon hanefesh each night until Simchas Torah. That means to count at least 10 things that I accomplished that day ????? ?' ????. (In truth we do hundreds of mitzvohs every day.) I would also like to count my worldly blessings but 1 thing at a time.

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Re: LINE IN THE SAND - KABBALLOS FOR THE NEW YEAR!
Posted by bardichev - 14 Sep 2009 13:57

HERE IS A EASY TYPE OF KABBALA

USE IT GLADLY

EVERY MODIM

THIIHK OF 5 (FIVE) THINGS TO THANK HASHEN FOR

FROM THE BOTTOM OF YOUR HEART!!

I WILL TRY TO POST SOME MORE IDEAS

b

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Re: LINE IN THE SAND - KABBALLOS FOR THE NEW YEAR!

Posted by yechidah - 14 Sep 2009 14:52

Rav Pam ztl used to say to make kabbolos that are doable and realistic-not those earthshattering let's change the whole world stuff.

He said it's like you owe someone \$10,000 and you cannot afford to pay it back.you simply do not have it.So you send in \$100 every 2 weeks,consistently and on time.This is very appreciated by the one who lends the money,if he is a decent person.He knows that this guy is struggling,he cannot pay the whole thing now,so he does his best and tries and by giving the \$100 he is telling the rich man,look I respect you,I thank you,if I could I would give everything back now,I would,but I can't,but you see that I seriously plan to pay back every single penny.

The same is with Hashem.You owe him an endless amount.But you make a few small kabolos that you will keep.It could be small,like the \$100,not the \$10,000.and Hashem sees this and appreciates it.and he accepts this as a teshuva.

small steps,he used to say,small steps.

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Re: LINE IN THE SAND - KABBALLOS FOR THE NEW YEAR!

Posted by bardichev - 15 Sep 2009 03:37

SO FAR SO GOOD!! BH

KEEP IT UP MR b

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