

domt know what to do

Posted by melost - 29 Oct 2012 16:24

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domt know what to do what progam is best i hardly daven i lost feeling for spirtaly

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Re: domt know what to do

Posted by Dov - 29 Oct 2012 18:32

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Do *something*, not 'the best'. Then go on from there.

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Re: domt know what to do

Posted by Chaiei Olam - 29 Oct 2012 23:38

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I Think....

That there is no program...you are one, you drive your life.

I saw this in chabad.org:

I don't feel that that I have any right to pray to G?d. I'm not religious at all. Over the years, I've committed many sins. Since I've turned against G?d and transgressed His commandments, how can I approach Him in prayer?

Answer:

Each morning, when we wake up, we say in our prayers, "My G?d, the soul You gave me is pure . . ."

No matter what you do with your life, your soul remains pure. Even at the time you are

committing the worst crime, your soul screams inside like a captive woman, remaining faithful to her Beloved Above.

And now you want to take away from her that last opportunity to scream out loud for help?

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Re: domt know what to do

Posted by melost - 30 Oct 2012 13:51

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thanks for ur words

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Re: domt know what to do

Posted by Machshovo Tova - 30 Oct 2012 16:12

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Welcome, melost!

The very fact that you came here to GYE and reached out for help shows that deep down you are a heilige neshomo that really yearns to be spiritually ok. Just stay around and join all us losers, and together we'll accomplish as best as we can. Hashem knows our shortcomings, and He will surely appreciate every little bit of effort that we put in for the sake of doing His will.

Hatzlacha

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