

GYE - Guard Your Eyes

Generated: 19 June, 2025, 07:56

It's Elul time!

Posted by Evedofhashem25 - 19 Aug 2012 15:32

It's rosh chodesh Elul and everyone knows what that mean. We are just around the corner from yom kippur. I really want this to be the year of change. I want this to be the beginning of a new slate. I think everyone on this board can do it! Just to be mechazek those who have fallen just recently including myself.....just look at what courage we had to do what we can to give ourselves over to guard your eyes!! Look how much effort we are putting in to be real evadim of Hashem how much we really live him and what to do what he wants from us! Don't be so hard on yourself this is a long journey and te effort we are putting as soldiers of Hashem is amazing! Mi Kamcha yisroel that we will do what it takes to serve the melech!!! Let's make this Elul the strongest teshuvah Elul yet!!!

Good chodesh everyone!!!

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Re: It's Elul time!

Posted by YesodHayesodos - 20 Aug 2012 10:39

Dear Eved Hashem, hatzloche during this Elul. I also had a fall recently, unfortunately. Let's find ourself during this Elul. For me the avoido has to be now to figure out my real self. To be real. I try to imagine the great pleasure I cause every time by not acting out, by not looking. Now when HKB"H is even closer to us (or we to him) surely he is even more proud of us.

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Re: It's Elul time!

Posted by Evedofhashem25 - 20 Aug 2012 14:26

Amen we shall go to this fight with a vengeance!

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Re: It's Elul time!

Posted by strugglingandstrivngBT - 20 Aug 2012 19:07

amen!

I had a fall for the first time in a while last week and have been really intent on doing better this year. Then Rosh Chodesh Elul, I had a "baal keri". I was so upset. Not because I fell, but because I felt like I did. I didnt want to, I didnt do anything to trigger, etc. Maybe that was Hashem saying I will have to take more responsibility for my actions if I want to get better. I have made stronger fences, not allowing anything internet capable to be used in places that I am likely to fall and no internet unless I am in a public area (with concessions for work/school related strictly directed use). I feel good about it. it's going to be work, but I, we, you and he can do it!

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Re: It's Elul time!
Posted by Evedofhashem25 - 20 Aug 2012 20:28

Just remember as the shofar blows daven to Hashem to give you the ability to make those changes that you need to make and live up to his name. As in famous words on this site "keep trucking along"

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Re: It's Elul time!
Posted by nederman - 21 Aug 2012 01:01

[Evedofhashem25 wrote on 20 Aug 2012 14:26:](#)

Amen we shall go to this fight with a vengeance!

I think it's a mistake to get al pumped up because that is a behavior of a person who is powerless. You might find that just moving on to another activity that requires concentration and that you enjoy will turn off the feeling of powerlessness.

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