

away on a business trip - kind of stuck
Posted by ezrasyid - 13 Aug 2012 19:57

Gents - Could use some chizuk. Im away on a business trip for 4 days, first time in a while. Ive been doing great for couple years now, but I'm finding the YH is really clawing at me. Strongest taivos in a while. I'm even worried to go to sleep. Thoughts? Ideas? May we all be strong together.

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Re: away on a business trip - kind of stuck
Posted by tehylimzugger - 13 Aug 2012 20:09

Perhaps you're worried you'll fall because you're wife is worried [that's what you wrote in your old posts]. Try to get it out of your mind, and like you said "May we all be strong together. "

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Re: away on a business trip - kind of stuck
Posted by Machshovo Tova - 13 Aug 2012 20:35

Hi there Ez,

Trying to think what I would do in your shoes:

I guess I would first and foremost daven to Hashem for assistance and salvation.

I would avoid any sips of lust like a plague (we all know how that apply to ourselves).

I would resolve to do whatever it takes to be clean TODAY!

I would keep in touch with the GYE community, and try my best not to disappoint them.

Hatzlacha rabbah

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Re: away on a business trip - kind of stuck
Posted by nederman - 13 Aug 2012 20:45

Each day you are away from home sit down somewhere and try to relax, then visualize yourself back home after your trip. You can look your wife in the eye with a smile on your face, she smiles back. You go to shul and see other yidden, the rav of the shul, and you feel glad that you did not fall.

That might generate some motivation.

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Re: away on a business trip - kind of stuck
Posted by Evedofhashem25 - 13 Aug 2012 21:54

I would try really hard to be around people can you go shopping anywhere for your wife or kids.... If not stay in the lobby for a while and think that Hashem is putting you to the test good luck and what a zcut u get from Hashem, he loves you so much he knows that he can only give you such a test to Pass!!!!

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Re: away on a business trip - kind of stuck
Posted by ezrasyid - 13 Aug 2012 22:26

Thanks, holding strong.

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Re: away on a business trip - kind of stuck
Posted by Yosef Hatzadik - 13 Aug 2012 22:46

I heard from someone this morning that he was advised to cover the TV with a towel as soon as he arrived in his hotel room. That served as a reminder...

He was in the hotel room for a week & stayed clean.

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Re: away on a business trip - kind of stuck
Posted by ezrasyid - 14 Aug 2012 03:24

guys
i cant thank you for the advice. i got out of the hotel after meeting finished, walked around the town a bit, and found a guy with his float plane on the water...took him up for a 45 minute scenic flight...saw a school of orcas jumping off the coast...made my day...much better than sitting in the room trying to white knuckle my way through the rest of the day.
ez

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Re: away on a business trip - kind of stuck
Posted by tehylimzugger - 14 Aug 2012 09:26

Awesome I love Orcas! ;D

Hang in there, you're giving us all strength!

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Re: away on a business trip - kind of stuck
Posted by ezrasyid - 15 Aug 2012 07:27

Day 2, holding steady. Ez

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Re: away on a business trip - kind of stuck
Posted by rt - 15 Aug 2012 11:49

Very good, keep up the good work.

Btw, let's make a deal? If you will be clean for further 12 days I will put 5 euro to tzedoko, if not,

Nu, wanna try? (pm me, i might forget to check this thread)

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Re: away on a business trip - kind of stuck
Posted by strugglingandstrivngBT - 15 Aug 2012 20:35

[ezrasyid wrote on 14 Aug 2012 03:24:](#)

you will out 25

guys

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ez

While I dont think I predicted you hatzlacha, I did have an entirely unprompted dream about Orca whals the other day. I had no idea why. Either way, I', glad you're doing well! It serves as a reminder that the way to win to fight is not to fight actively, but to walk away and do something productive, like check out the whales! :D

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Re: away on a business trip - kind of stuck
Posted by ur-a-jew - 16 Aug 2012 03:24

Check out this thread:

www.guardyoureyes.org/forum/index.php?topic=2665.msg74835#msg74835. Much hatzlacha

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