

Break Free -DON'T BRAKE (just KOT)

Posted by The Official GYE Bardiche - 09 Aug 2012 09:06

Somescore months ago, there burst upon the firmament of GYE a meteor of light and hope named bardichev. With swashbuckling and captivating prose he captured hearts across the spectrum of forumizers. Alas, he has moved on but the light of his paradise lives on...

This is an effort to warm ourselves at his Humble and Happy™ fire and benefit others as well:

We hope to post a Daily Dose of Bards, to be updated, well, daily. As the saying goes; "A Bardifact a day keeps the triggers away".

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Re: Break Free -DON'T BRAKE (just KOT)

Posted by The Official GYE Bardiche - 09 Aug 2012 09:08

[Bardichev wrote on 09 Mar 2010 15:22:](#)

Where there is life there is hope

You are alive

Your mind still works

No matter how upset you are You still have the faculties to express your pain

I know that is not the happiest thing in the world

But imagine if you couldn't

In Yiddishkite there is no such thing as all is lost

Start now!!

Get on the truck!!

Baby steps is good !!

Stay here

Resolve to post and and verbalize what u are feeling

Stay here at least 90 days

Haba litaher misayin oso!!!

Gevaldiggggg!!!

Bards

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Re: Break Free -DON'T BRAKE (just KOT)

Posted by The Official GYE Bardiche - 10 Aug 2012 12:22

EREV SHABBISS

[HAY wrote on 31 Jul 2009 17:13:](#)

WE ARE CLOSER THAN EVER TO MOSHIACH

KEEP ON BEING HOLY

WE WILL GREET HIM WITH OUR BATTLE

OY YOY

SHABBOS KOIDESH

b A R [color=GREEN]D[color=PURPLE]I [color=PURPLE]C [color=BLUE]H [color=NAVY]E
[color=MAROON]V

NOW FOR SOME PROFUNDITY:

[HAY wrote on 05 Feb 2010 14:35:](#)

KEEP ON TRUCKING

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Re: Break Free -DON'T BRAKE (just KOT)

Posted by The Official GYE Bardiche - 11 Aug 2012 23:53
A garbage truck is also a truck

[Bards wrote on 15 May 2009 18:09:](#)

RASKEBEHAG

you know me by now my perspective is that this is WAR .Y"h has declared war on all of us he is using every trick in the book to ruin all of us from young to old.We must fight fire with fire although we can not take Y"h fead on because you are asking for trouble .But light your own fire fire uo your davening fire up your learning.You say that your life os full of stress .In Yiddishkite we have an antodote to stress its called SHABBOS yom Menucha.If your shabbosos are stressful try something new new food new shul new zemiros get creative you cant say Im stressed toobad on me and too bad on eveyone else .figure out away to bring abit more MENUCHA VESIMCHA into you shabbos,.

humble and happy

bardichev

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Re: Break Free -DON'T BRAKE (just KOT)

Posted by The Official GYE Bardiche - 12 Aug 2012 13:18

[Bards wrote on 21 May 2009 21:41:](#)

I wanted to share a very important machshava.

It is a very very important lesson

from the Heilige Chofetz Chaim

There was once a very rich man that had a huge mansion with a "hoif" there was his large family a lot help maids servants workers "orchi porchi" .This man was very generous and was a big machnis oirach.

One day he realized that stuff was missing cutlery, money, art, clothing etc.

The wealthy man started to get suspicious so he called in a private investigator to get to the bottom of it and find the criminal. The actual robber who was one of the hired staff in the house sensed that a detective was called in. He immediately stopped his thievery.

He even went so far as to HELP in the investigation. The detective didn't catch anyone and the stealing stopped. Things calmed down and the home owner forgot about the entire incident. When all was calm for a while the stealing started gain.

Says the Heilige Chofetz Chaim, This is called an inside job. Be very careful that you don't mistake real honest HIRHUEI TESHUVAH for an inside job.

The Yetzer Horah knows that there is a certain bottom that you don't want to hit.

So He gives you the freedom and he actually helps you do teshuvah .Only that he should be able to get you down again.

Be careful .many times we were misgaber on the Yetzer Horah .Make sure it is not an inside job.

I sense you are saying something deep, but I am not fully getting it. Can you give an example of what Teshuvah is really "an inside job"? What should we be wary of exactly?

Thank you!

If I may

He is trying to say I think, that sometimes like what I'm going through now we feel great or in my case I can start crying to hashem with charoto & that makes me feel like wow! I am back! now let me go on to regular life.

But that can be the Y"H's plan too.

He wants you to get over it fast so that you relax and don't take the necessary steps to fight him long term.

So he helps you do teshuva, he helps you cry yourself out so that the next day you feel like you are good to go, but you are not! you still need to put in a lot more effort in order to hold up long term.

the more times he can get us to fall the better chance he has that we will eventually give up & then we are in his sack to stay.

So we need to stay focused for long after are initial teshuve. not being too satisfied that we are now safe & lower are guard.

As much as we have to feel good about the heights we reached we also have to make sure we are not to comfortable with ourselves.

I did ramble a bit to much, but I hope I got it right.

Correct me if I'm wrong.

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Re: Break Free -DON'T BRAKE (just KOT)

Posted by The Official GYE Bardiche - 13 Aug 2012 16:08

[Bards wrote on 08 Feb 2010 22:38:](#)

I LOVE ALL YIDDEN

LITVAKS

CHASSIDIM

YU TYPES

CARLBACH TYPES

MO

SFARDIM

AMERICAN HARRYS

BTs

FFBs

BLUE COLLAR

REDNECK

WHITE SOCKS

BLACK HAT

FAT

SKINNY

TALL

SHORT

EAST COAST

WEST COAST

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Re: Break Free -DON'T BRAKE (just KOT)
Posted by The Official GYE Bardiche - 14 Aug 2012 15:09

[Bardichev wrote on 24 Aug 2010 17:08:](#)

Thanks chevra

We all need to keep on trucking!!!

No matter what

Hashem yilachem lechem

All we need to do is AVOID

Don't worry if you get triggered

Just DON'T act on it

Is it easy? NO

Is it worth it ??

You know the answer

Do it once

Do it again and again

Make believe u are driving a huge truck

You are in control

You can't look around to see what's interesting

Control control control

You have the strength in you to do it

Here is my last thought for today

"Fighting a losing war takes more out of you than fighting a winning war"

Bardichev

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Re: Break Free -DON'T BRAKE (just KOT)
Posted by Machshovo Tova - 14 Aug 2012 18:27

Dear Official... (is that you, Fishel?):

Just to let you know that we appreciate this new thread. Bard's words are Holy and Happy and to the point. Keep up the good work - it's truly a great zechus. The mere mention of "Bardichev" can bring a Yeshua. How much more so, reading and applying his teachings.

Hatzlacha

MT

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Re: Break Free -DON'T BRAKE (just KOT)

Posted by The Official GYE Bardiche - 15 Aug 2012 14:50

Thanks for the compliment MT, And now back to BIZNisS:

[BArDS wrote on 17 Aug 2010 15:02:](#)

WORLD AND TO ADD

HERE IS SOME CHIZZUK

THIS IS NOT A POPULARITY CONTEST

THIS IS NOT A WRITING CONTEST

JUST BE YOURSELF (ANONYMOUS OF COURSE)

WRITE WHAT EVER U WANT

AND DON'T WRITE WHAT U DON'T WANT

I FOUND THAT READING AND WRITING AND GETTING CHIZZUK FROM OTHERS

WHO SUFFER AND WHO WIN AND LOSE

IT REALLY HELPS

THE MAIN THING IS YOU ARE NO LONGER ALONE

AND IF U FALL NUU NUU

STAND UP AND KEEP ON TRUCKING

WE ARE ALL IN THIS TOGETHER

BARDICHEV

,LOVER OF ALL JEWS

DRIVER OF ALL TRUCKS (OK ONLY ONE)

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Re: Break Free -DON'T BRAKE (just KOT)

Posted by The Official GYE Bardiche - 16 Aug 2012 13:08

In honor of Erev Rosh Chodesh Mukdam we present you with this Elul Quote, Stay tuned for tomorrow's extra-large Muffin edition!

[Bardichev wrote on 11 Aug 2010 04:35:](#)

Elul is upon us!!

Its a time to draw close to Hashem

Fear of course

Love of course

I'm takkum alai milchamma bizos ani botey-ach!!!

Hashem is my light!

My savior!!

Mimi irah?

Whom do I fear

Rabbosai

Let's not just say ledovid

A gazillion times

Let's talk to hashem

In plain words

Hashem u are my light

My savior

Talk to Hashem

Let's say it from a siddur (cmon we don't know it by heart)

Say lidovid. Come close to Hashem

Vhashem Yaasfayne

Hashem will accept me

Come close

Yearn his closeness

He is looking for us

We are looking for him

Gevalddiggggg!!!

A gut chodesh

Chassidim say its a zechus to say something over from the Bardichever in the heiligger teg.
Even the shtut bardichev is meorer zechus

Maybe maybe this little thread from his progeny is a zechus

Rejoice its Elul
Fear out of joy and joy out of fear (tanna dibai Eliyahu.)

Bardichev (I will drop the nickname for the heiligger teyg. Sorry rage. Where ever you are. I miss u crazy brother

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Re: Break Free -DON'T BRAKE (just KOT)
Posted by ZemirosShabbos - 16 Aug 2012 14:53

Mr.TOGBRP, thank you for this thread, it is a ??? ????

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Re: Break Free -DON'T BRAKE (just KOT)
Posted by The Official GYE Bardiche - 17 Aug 2012 13:26

Thank YIOOU ZEMMS, FOR THE COKMPLIMENT. THOUGH I must confess I LIKE mt'S
NAME (FISHEL) BeTTER THAN "TOGBRP" ALWAYS BETTER FISHEL THAN BURP. IF yoU
KNOW WHAT I Mean.

[bARDichEV wrote on 04 Oct 2011 18:36:](#)

????? ?????? ???? ?????? ??????

??? ??????"? ??????????? ??????"?

My teshuvah plan.

Do nothing.

Nuffin.

Just tashlich kapporaos.

Selichos.

Wear sneakers klapp ushamni.

Fast.

Say tatty I promise I will be better.

Oisfast.

KOT

Battle plan.

I try not to look at women.

I try not to lOok in cars.

I try.

I try.

If I do.

I try not to look at the chest area.

If.

I do.

I do.

Nuu nuu kot!

I will not get bent out of shape.

Stay away from an unfiltered computer.

Its like walking into a strip club just to buy a soda.

Stay away!!

If I wiLl.

Or when I will fall.

I am telling the YH right now.

I will not lie there to smushh me like a dead bug.

I may fall.

I won't turn the other cheek KOT

addict is a dead man walking.

Ididnt come to this terra firma to live deadly.

I came to live and liven up. All we need is happiness.

It is only found in delving into a blatt gemara.

Peppered with rashy a healthy dose of tsofos.
AND bu helping other jews.
Really helping visiting the sick burying the dead

just eat a muffin!!!!!!!!!!!!!!!!!!!!!!

Where did this sudden muffin addiction come from? Did you see a parade of muffin triggers
?

Sometimes the rebbe disguises his prayers so that the external forces can't grab them away, and they can ascend higher into the supernal realms. If you note, muffin rhymes with truckin... Sort of. When the rebbe sez eat a muffin, its a code way of saying a heiliger keep on truckin! Also in other places, he may say 'keep truckin on' and its possible the future may show us other variations, like 'on truckin keep', 'keep on muffin', keep truckin and muffin' keep huffin and puffin' eat stuffin' hey not ruffin (around), or some other cryptic reference.

The innr essence of all of these is a dual message of chizuk intertwined with a secret prayer to the Almighty that the soul of the one this statement is aimed at continue the battle for oliness. (Monstuh truckin, though is sounds like a greater level, is actually a lower level. As its focus is the chitzonius and monstuhkite. Real heilige truckin is refered to by kabbalsists as quiet, or silent truckin. This references the low still hum of a truckers engine that's functioning so smoothly you almost can't tell its operating.)

walking down the street

there could be a deep kavono in the muffin indulgment session
a muffin is available in many varietys
many toppings
many flavors
can be filled with hot pudding

with or without choc chips/sprinkles/raisins/many colors

with a hot sauce on it, or without

with a side dish or without

yom kippur is the same, the day passes the same for everyone, but how you chose to use it is different to everyones taste

I got it!

Must

Uplift

Falling

Friend

In

Need

after consultation with the rebbe himself and some thought here is my thesis about the sudden popularity of AYT muffins and the reason bakeshops across the country are reporting a shortage.

during these days of elul and Aseres Yemei Teshuva people sometimes get stressed out.
for ostensibly good reasons.

it's Elul!! it's R"H! it's Y"K!!

i must/need/want to DO SOMETHING.

i must/need/want to FEEL the yomim noraim.

how can i wear crocs/read Hamodia/drink cappuccino?

can i talk a walk, a nap, mow the lawn?

yes, a person should DO SOMETHING for the Yomim Noraim. learn some mussar be'hispaalus, ask mechila for a boo boo you made, examine your life, take steps in the right direction.

But....

do not think you can become Mr.PureHolyMasmid after learning Mesilas Yescharim for 15 minutes and making a resolution that starting now i am gonna be good. uh uh. not gonna happen. and the RBSO is not asking that of you. He wants you to work at it. But at a manageable pace.

so get up earlier for selichos, daven, learn, examine your life, make amends. don't let the Yomim Noraim pass by and be forgotten with the kittel until Pesach. But don't lose your

balance. Don't bite off more than you can chew. as Gibbor120 recently said: "aim for the small, accomplish the big". or as Rebbe B says: Keep on Trucking.

You can still smile, laugh, wear crocs at home, drink a cappuccino,
AND eat a (pas yisrael) muffin.

[bARDichEV wrote on 05 Oct 2011 20:13:](#)

zemmy bingo!!!!!!!!!!!!

heuni i was just in lowerbardstown heimishe bake shoppe and cafe

a very nice looking woman was standing next to me online

i didnt make eye contact i was concentratating to look at the coffee machine

she asks the server

"can I please have a diet blueberry muffin"

i smiled to myself

keepp on trucking!!!!!!!!

SEE MORE OVER THERE ON THAT THRED, SOPME GOOD STUUFs ABOUT MUFFINS

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Re: Break Free -DON'T BRAKE (just KOT)
Posted by tehillimzugger - 19 Aug 2012 09:10

Thank you Reb Fishel Togb(u)rp [there, did I get it right?] for this gevaldige thread, I hope you continue to inspire us with gevaldige mussars quelled from the writings of the Heilige Bardichever aka 40004. A special thank you for your expanded Muffin-Elul edition which truly shed light on this GYE custom lehazkir muffins in elul, I just have a small hosafah:

I once heard that in certain chassidic courts (Tzanz maybe?^[citation needed]) the Rebbe would distribute plums to his chassidim on Rosh Chodesh Elul. "It is easy to get stressed out with the advent of Elul" said he, "have these sweet fruits, and chill..."

So perhaps this can be the source of the Bardichever Minhag, although we would have to make that Plum Muffins instead of "Diet Blueberry"...

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Re: Break Free -DON'T BRAKE (just KOT)

Posted by The Official GYE Bardiche - 19 Aug 2012 15:59

Listen TZ, if the Rebbe said Diet Blueberry, than Diet Blueberry it is. End of conversation!

P.S. I really appreciate the feedback I got from MT, ZS and TZ, anyone else that appreciates my work can chime in, it's tremendously appreciated.

A Summary of the Rebbe's "Filosofee"

[The wrote on 14 Oct 2009 22:00:](#)

TZADIKKLE

IF YOU FOLLOW SOME OF MY POSTS

(BARDICHEVS BATTLE AND LATELY HARRYS WIFE)

YOU WILL SEE I REMOVE THE WHOLE BRAINYNESS AND PHSYKOLJEE-NESS

FROM THIS BATTLE

ITS BEEN COINED THE TEORY OF KEEP ON TRUCKING OR FELL SHMELL ETC.

WHAT I TRY TO SAY AND IT WORKS FOR ME IS 2 THINGS

NUMER UNO #1

THE YH (YETZER HORA) DOES 'NOT' AGAIN 'NOT' NEED YOUR SIN HE 'NEEDS' YOUR DEPRESSION THAT COMES ONCE YOU HAVE SINNED

AHH YOU ARE DEPRESSED YOU ARE EMPTY LIFELESS AHHH THE VAMPIRE SUCKED

ALL THE 'CHIYUS' OUT OF YOU YOU ARE LOW AHH YOU ARE ANY HOW NEVER GOING
TO BE PERFECT AHHH NOW HE OWNS YOU YOU ARE HIS LITTLE TOY!!

NUMERO DOS #2

THE YH NEEDS TO CONVINCE YOU THERE ARE 'GORMIM' TRIGGERS OR FAULTS
THAT MAKE YOU IMPERFECT BUT.. BUT.. YOPU REALLY ARE GOOD.
LIKE IF ONLY HARRY'S WIFE WOULD DRESS TZNUA I WOULD BE THE NEXT REB AKIVA
EIGER OHHH WHAT ABOUT YOILYS AND YANKIES WIFE? YH HEY YH WHHAAA
NOT FAIR!! (YOU GET MY DRIFT)

NO ONE IS YOUR PROBLEM YES YOU SAW A PRUSATH BILLBOARD NU NU SO THAT
'MEANS"

NO NEGEL VASSER

NO TZIZTIS

NO TFIILLIN

NO TORAH

LEARN TO FUGGEDABOUTIT!!!!

MOVE ON

ROCK ON BABY!!!!

THE SHOW MUST GO ON

THE LIGHTS ARE SHINING TAPE IS ROLLING WE CANT STOP HERE

OK YOU FELL NU NU

MIKVAH SLACH LANU

KEEP ON TRUCKINNNNNNN!!!!

bards

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Re: Break Free -DON'T BRAKE (just KOT)

Posted by The Official GYE Bardiche - 20 Aug 2012 16:00

No Matter What!

[Bards wrote on 21 Jan 2010 20:27:](#)

IMTRYING

LISEEN UP YOU YOUNG GEEZER

PART OF KEEP ON TRUCKINISM

IS THAT WE STICK WITH THE CHEVRA

EN EM DOUBLE YOOO (NMW!!!!)

IF U EVER LEAVE

I WILL CHASE U LIGHTS THIRENS TH-TROBES !!!

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