BASIC Posted by shlomoy - 09 Aug 2012 09:01

A BASIC TOOL BASED ON A VERY POPULAR ACTIVITY FOR ALL OF US WHO ARE FIGHTING AGAINST OUR YETZER HORAH AND GOOD LUCK NOW AND FOREVER WE CHOOSE "YOTZRENU" AND ---NOT-- YITZRENU

====

Re: BASIC Posted by shlomoy - 13 Sep 2014 00:23

This Means dont just sit there GO OUT AND DO SOMTHING ABOUT IT......

1)First you could start the Basic...do Rabi Nachamans style in other words dance, sing, smile, simply for being a YID. even if your alone Hashem is there with you.

2)Now go, if your hungry (for food) make the Brocha and go ahead enjoy.....

3)You still have time....Your still not ready to learn.....maybe you go take a nap......

4)...Call a friend or a fellow Jew to help him out in anything or even just to listen to his problems

5)Encourage maybe even another Jew to put on Tefilin.

6)You still have time.....and you cant sit and learn some Tora, call some hotline or shiur or jewish or chasdic story.

Re: BASIC Posted by dd - 13 Sep 2014 22:23

WELCOME Shlomoy!!!

basic stuff are always the best, just sometimes because their basic we don't feel the drive like 9494 said,

komt!!!

Re: BASIC Posted by Dr.Watson - 14 Sep 2014 12:59

One of my favorite and most effective tools in recovery is this website:

jewishmusicstream.com/

====

Re: BASIC Posted by shlomoy - 22 Sep 2014 14:26

thank you

====

Re: BASIC Posted by shlomoy - 22 Jul 2015 23:32

Hey dd thanks for the welcome and thats what the topic is BASIC.

And its not my words its from the Sefer Hatanya.