

For how long by now?

Posted by rt - 11 Jul 2012 20:44

Shalom Alejchem haChevra. I thought it would be a nice idea that everyone would post for how his clean by now and update regularly.

I will start: bY now (11 Jul) I am sober for 15 days. Hope not to fall :-) good luck @all.
R"T

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Re: For how long by now?

Posted by dms1234 - 15 Apr 2013 00:44

figure i would join the party...

Currently I am at 2 after having a very rough last week

I noticed that as much as I fall during the week, I never fall on shabbos. Thought that was interesting, Anyone have any insights?

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Re: For how long by now?

Posted by tocontrolmyself - 15 Apr 2013 02:19

Maybe on shabbos your mind is off your fears or/and your relaxed.

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Re: For how long by now?

Posted by RT. - 15 Apr 2013 20:02

Oh, hey you, TMC dude! how are you doin' ?

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Re: For how long by now?

Posted by Eye.nonymous - 16 Apr 2013 17:33

Hi RT!

--Elyah

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Re: For how long by now?

Posted by RT. - 18 Apr 2013 16:27

Hello.

Day 20. still.

felt some urge, left beis medresh. let's read a stikkle GYE-handbook.

Btw, lemayse, so what's so deal with this karma? I remember I asked this question, but I can't remember where it was...

Short Edit:

are you guys reading the stories here? some are really chazak.

guardyoureyes.com/articles/stories/item/rock-bottom?category_id=493

this one is actualy scary:

guardyoureyes.com/articles/stories/item/what-gye-did-for-me?category_id=11

what will be raboysay? even the girls. Oh my g.

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Re: For how long by now?

Posted by RT. - 24 Apr 2013 20:13

26 days.

Some time passed. and I think, I dont want to share it with anybody ...

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Re: For how long by now?

Posted by Machshovo Tova - 24 Apr 2013 20:43

whatever works for you (or does it?)

Hatzlacha

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Re: For how long by now?

Posted by zvi - 24 Apr 2013 21:30

[RT. wrote:](#)

Afraid of him asking when the last time was.

So you'll ask, "and after shvues will be better?".

well. good kashya.

but i need to tell it to him on SOME point, so I decided, shvues will be the day. (after which I'll do it)

Tell him NOW. TODAY. If you keep delaying it, you'll keep pusing it off from shavuos, and you'll never do it.

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Re: For how long by now?

Posted by RT. - 06 May 2013 15:50

38 days.

Right now I am feeling pretty lusty :/

I feel I indeed HAVE TO SHARE THE PROBLEM with somebody in real life.

It is so stupid...how comes it controls me -.-

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Re: For how long by now?

Posted by Pidaini - 06 May 2013 17:50

As Nike says "JUST DO IT", don't wait!! why not go into shavuot with a new mindset (which you will probably get after letting it out)?

I heard a story, that Moshe Rabbeinu knew by night that Korach wasn't for real. how? because he told him "we will see in the morning" and if Korach really felt that his purpose on this world was to be Kohen Gadol, how could he have been maslim to sit idle and wait until the morning without doing anything??!! so Moshe knew that it wasn't for real!

L'Inyaneynu, How can you wait until Shavuot to take a step that you know has to be taken?

Hatzlacha Rabah!!

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Re: For how long by now?

Posted by RT. - 09 May 2013 00:44

Wow. shkoach for sharing.

I'm sure I fell.

and not just once.

the first time we had a battle. the next times not anymore...

well, yea i will tell 'em.

there are 3 guys to choose, not sure yet which one it should be.

now since i don't have any clear days, it does not make any sense to wait (it never did..)

you guys were right all the time... q.e.d.

boom

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Re: For how long by now?

Posted by mr. emunah - 09 May 2013 21:37

tell the guy who you trust the most/or you look at as the most able to help

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Re: For how long by now?

Posted by zvi - 09 May 2013 23:53

And choose fast- the longer you procrastinate, the more likely the yetzer will be able to persuade you not to tell.

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Re: For how long by now?

Posted by RT. - 13 May 2013 01:31

Today, while learning with somebody on phone I suddenly had the following idea: "TODAY!".

And well, yea, I did tell it to a friend.

I asked Hashem to consider the busha i'll experience as me going through gehinnom. it kinda was.

Hashem yerachem :'(

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