

For how long by now?

Posted by rt - 11 Jul 2012 20:44

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Shalom Alejchem haChevra. I thought it would be a nice idea that everyone would post for how his clean by now and update regularly.

I will start: bY now (11 Jul) I am sober for 15 days. Hope not to fall :-) good luck @all.  
R"T

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Re: For how long by now?

Posted by rt - 23 Aug 2012 21:35

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Friday is the day ^.^

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Re: For how long by now?

Posted by tocontrolmyself - 23 Aug 2012 21:44

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Yes, with only ONE who matters help!!

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Re: For how long by now?

Posted by rt - 24 Aug 2012 13:33

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well, very good. so we are 3 again.

do you mean back in the group? lolz, you can join tomorrow

so again bekitzur:

if any1 falls (haShem yishmor) he pays for each day he does it 5 bugs. and the other chevra just 2.

Until next friday.

chatzlocho

and yea. 43 days. ga"m - zu letoyva.

ps. and on shabbes, beezrat haShem will be day 44: "lo yechupar, ki im be-da"m shofcho".

veken ihi rotzn.

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Re: For how long by now?

Posted by SoldierOfHashem - 24 Aug 2012 21:37

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Welcome back TMC

17 days for me

Good shabbos all

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Re: For how long by now?

Posted by tocontrolmyself - 26 Aug 2012 22:13

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10 days bh

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Re: For how long by now?

Posted by Gevura Shebyesod - 26 Aug 2012 22:16

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KUTGW!!!

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Re: For how long by now?

Posted by tocontrolmyself - 28 Aug 2012 23:00

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12 days....thats like going back in time 2 years....that was the last time i had a 12 daystreak!!!

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Re: For how long by now?

Posted by SoldierOfHashem - 28 Aug 2012 23:18

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21 days for me

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Re: For how long by now?

Posted by rt - 29 Aug 2012 11:43

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today 48 i think.

TMC, if you'll have 13 will it be a record for you?

12 days!! thats awesome TMC!! Keep up the good work little baby steps

yupiiii

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Re: For how long by now?

Posted by SoldierOfHashem - 29 Aug 2012 20:18

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I fell last night :'(  
back to day 1

sorry RT and TMC

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Re: For how long by now?

Posted by Jew - 29 Aug 2012 22:53

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Re: For how long by now?

Posted by Jew - 29 Aug 2012 23:04

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Ive noticed something very interesting about this whole idea. When you're "sober" the idea of looking at inappropriate images seems so illogical but when the brain's being flooded with dopamine, it just seems right to look at these things. I actually just joined today and was pleasantly surprised to find so many other people who have exactly the same feelings and emotions as me both before and after both aveiros. It is amazing that there is somewhere I am able to turn to help me when I'm feeling really annoyed at myself for falling to what seems afterwards like the easiest yetzer hara to beat. I've been considering speaking to a Rabbi for some time but could never bring myself to do it. What's also really interesting and worrying is how clever the yetzer hara is in turning something completely illogical into something which makes so much sense. The problem is it's not physical so I can't stick a knife through it and it doesn't give me a break and that's why I hate it. The problem is that it's too easy to find this stuff and it's embarrassing to go to my parents and ask them to please put a filter on my computer; it raises too many questions. I am therefore thankful to every single person who is involved in this website and who will hopefully help me to fight my yetzer hara because I want to grow and be close to Hashem and I find that this aveira in particular drags me down. The annoying thing is that the amount of mussar or kav hayashar which says that a malach called patos will rip out the eyes of a person who looks at inappropriate images chas veshalom, stops me going on the

internet especially when I'm alone in the house. I have been advised that while still sane, it is very recommended to daven that you won't fall to the yetzer hara. Once again thank you for everything and I wish everyone a successful ellul with no inappropriate images.

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Re: For how long by now?

Posted by rt - 30 Aug 2012 11:43

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Yep, I do it each tefila: praying that yetzer shouldnt catch me at least in this thing.

@Soldier: shkoach. you reminded me that i still owe 10 euro to tzedoko. so now its 12. But next time just say it, you dont have to fall cuz of it. ^.^

be well, soldier.

@TMC: keep on truckingggg

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Re: For how long by now?

Posted by SoldierOfHashem - 31 Aug 2012 05:26

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welcome Good

your struggles sound all too familiar

your fresh excited attitude is giving this tired soldier a lot of chizuk

keep up the good work

and as they say around here KOT!!

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