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To bochurim! Posted by obormottel - 25 Jun 2012 05:59

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We often get here boys who are 14, 15, 16 year old. For the most part I am not happy that they get exposed to this forum (though I realize they may have seen worse things). In addition to potential exposure to predators, I think that **Internet Addiction** forum is probably an overkill for a masturbation habit and an occasional dirty picture.

While it is up to the webmaster to figure out how to separate this demographic (for example) and direct them to an appropriate resource, I think that the visiting bochurim should get the following by Rabbeinu Guard as a standard greeting. In fact, I think they should teach this in school. There has to be a way I can show this to my adolescent son.

guardureyes wrote on 24 Jun 2012 22:01:

Dear Bochur,

See our "First Time Here" page for 10 suggestions to help you get started on your journey to recovery.

Every situation Hashem puts a person into can be used as an opportunity for growth. You are fortunate that you are willing to work on your problem at such a young age. The earlier one learns control in this area, the easier it will be to stop. The longer you wait, the harder it will be to stop. Although this is a tremendous nisayon that many people are falling into today, it is very dangerous and it can spiral out of control and do a lot of damage in this world and the next, chas veshalom. These behaviors are very addictive, and an addiction is a disease that only gets worse. If a person doesn't work on this, it can also damage their future marriage chas veshalom. It is causing many people to get divorced today.

Here is something very important for you to know. Chazal say: "There is a small organ in a man, if you feed it - it is hungry, if you starve it - it is satiated". Basically, what that means is the Less you Feed It, the Less you Need It.

Hashem created many things, which all have a purpose. Each creation is made out of different

parts, and each part has its particular purpose too. Hashem also created the human being. We also have different body parts with different functions. So too the genital area has also its purpose (to urinate) but it also has a different purpose, which we are told in the Torah comes into function after marriage. The shulchan aruch tells us exactly how it works, and when you get older and especially when you get married you learn exactly how and when to use them in a tsniusdikke and Torah way so we stay holy and pure always. If you start using these parts before marriage you will not know how to use them and you will make mistakes and therefore do things that will harm your body and your neshomo. That is why Hashem told us not to do anything in this area until marriage, and tsnius helps us to achieve this purpose. Unfortunately goyim don't have the Torah and that is why many of them don't know how to use these parts of their body and they do it very often in an untsniusdike way. Unfortunately sometimes (frum) Jewish people learn from the goyim. That is one of the main reasons why so many goyim divorce, although there are other reasons as well. It all has to do with knowing about marriage and understanding all parts of your body and how to use them. Once you get married, you will know how to use every part of our body in a tsniusdikke Torah way, exactly like Hashem wants us to. And then you won't have anything to hide, you will always feel tsniusdik and know that you are doing the right thing and have nothing to be ashamed of.

Your parents will understand if you tell them that you once saw some things on the computer that you shouldn't have seen, and now you feel a nisayon and you think it's important they should put on a filter.

See also this page: <a href="http://www.guardureyes.com/GUE/FAQ/FAQ2.asp">http://www.guardureyes.com/GUE/FAQ/FAQ2.asp</a>

Be brave and show your parents this page: Why I need a Filter

They will be proud of you for telling them what bothers you, and about your tests. Everyone understands what a big test this is today, and your parents will want to help you in any way they can.

See this page also, for chizuk on stopping shichvas zera: <a href="http://www.quardureyes.com/GUE/FAQ/FAQ1.asp">http://www.quardureyes.com/GUE/FAQ/FAQ1.asp</a>

Download the "Guard Your Eyes Handbook" for detailed hadracha on how to break free of this addiction. It has 20 tools in progressive order - as well as 30 attitude and perspective principles. If you want to break free, you will find all the information you need in this handbook. (You can

## **GYE - Guard Your Eyes**

Generated: 23 August, 2025, 21:49 also read it online here). Be strong, Hashem is with you! ==== Re: To bochurim! Posted by Dov - 08 Aug 2012 01:37 Thanks! The main 'mekomos hakedoshim' I look forward to being with are the great people Re: To bochurim! Posted by tehillimzugger - 10 Aug 2012 13:12 so, when is the makom hakadosh arriving? Re: To bochurim! Posted by Dov - 10 Aug 2012 20:24 Funny. I'll PM you, chaverchik! there\_b"H. And a few GYE guys who till now have been just (fake) names on a screen.\_\_\_ ====