

Not Counting... But Anyway...

Posted by E-Tek - 17 May 2012 23:00

Editing this post with info from my original thread by way of introduction.

Hello all.

I've been lurking for some time now, I figured I'll give a shout out. The name of my game is shpiegel- I'll just tell you all what I've been telling myself, to better affect myself. Introductions later, I really have to run to seder soon.

R' Leib Kelemen says over (B'Sheim Omro, don't forget!) that R' Chaim Vital writes: He was have a conversation with his Rebbe, the Arizal, and he asked him why the Arizal keeps saying that he (R' Chaim Vital) has a special neshoma. "We, who do not reach the toenails of the previous generation, can't possibly be considered special compared to those that have come before us."

The Arizal answered, because in every generation it is far more difficult to do the right thing, because of the forces arrayed against us, we cannot judge ourselves by our accomplishments. Rather, if we are anywhere near the previous generations in our activities, it means far more than it appears to mean, because the fight is tougher. On that scale, concluded the Arizal, you have a special neshoma.

Concludes R' Leib- in our generation the fight has become nigh on impossible. But if we realize how much we accomplish by simply considering ourselves part of the fight, and a kal v'chomer if we are succeeding to any extent at all- well then, Moshiach should be here any day!!

We are the generation to bring Moshiach, there's no doubt about it. And the proof is what we are up against.

Okay, and now to introduce myself.

I'm twenty(mumble) years old, and I've had this addiction since I was 14. When I was 16 or so, I learned it was bad (although if I had been honest, I knew from the start it wasn't quite right). I made several conscious efforts throughout my teens to stop, without very much success. Emotionally, I went from determined to depressed to ambivalent. About two years ago I started making more efforts on a very basic level- More of the "what" in Yiddishkeit than the "why". This path seemed to work for me- I took my intellectual knowledge I had gained and used it to make a long-term decision to physically remove myself from, well, everything. And all of a sudden, I found I was able to think straight. (I know, this phenomenon is common here.) I made an absolute ton of small steps to keep myself headed in the right direction, and the sum-total of all those has made me a different person. The most fundamental of those changes is a day-to-day, personal, emotional relationship with the Rebono Shel Olam.

I found out about the website a little less than three years ago, and kept it in my inbox until I was ready to work on myself. (It takes a certain emotional maturity to make a commitment, no? I was still a kid.) Started working with some success before I got a chance to start lurking here, but this site seems to be turbocharging my efforts.

I have not finished the handbook- I'm reading it slowly and deliberately. During the zman I spend less time working on this and more time keeping too busy with good things. Use the

Yetzer Hora's ANTI-THINK device against him, and all that.

Hatzlocha to all! Thanks for listening.

I'm posting to get some hugs, basically.

I'm lucky in that I'm sending my computer in for repairs, so I'll have some breathing room. I'm also going to focus on the handbook material, and think about a nusach for Taphsic. There is my parent's K-9 and password computer, so I'll be on, but not more often than daily.

Sigh... Sheva Yipol Tzadik Vokom, eh? The difference between a Tzadik and a Rosha is how many times they get up after falling... So here's for a new count. The old one netted me 4 days. That's about average for a serious try, but not for one I make in the States. So there is that. So, I fell big time today...

Thanks for listening.

Meir

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Re: Not Counting... But Anyway...

Posted by alexeliezer - 15 Aug 2012 15:15

[ChaimCharlie wrote on 15 Aug 2012 13:09:](#)

My 2 cents about the lost shidduch --

You didn't marry her because she is not your bashert, it's that simple....it's her loss.

My thoughts exactly. Nu. She asked. Vat yu gunnu du? That which doesn't kill us makes us stronger.

Hatzlocha rabbo in your dating. Your bashert is out there and Hashem will orchestrate it b'ito uv'zmano with all its pratim.

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Re: Not Counting... But Anyway...

Posted by rt - 15 Aug 2012 18:45

Dear Chaim and reb Eli.

What do you mean with "it's her loss". hee??

If she is not Meir's bashert, so he is not her bashert either, isn't he? So it's a luck for both.

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Re: Not Counting... But Anyway...

Posted by alexeliezer - 16 Aug 2012 15:17

You're right. Good point.

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Re: Not Counting... But Anyway...

Posted by E-Tek - 16 Aug 2012 21:59

[TehillimZugger wrote on 15 Aug 2012 14:39:](#)

Eliezer, the date I mentioned DID ask directly, as a result of the Binah article about the dangers of the internet that she had read. So I answered her with a half truth of sorts, and that was enough, even though we were far enough along that the shadchan was planning the lechaim.

Please correct, comment, complain, care, or smile.

Meir

I'll care and smile. :-*

A belated thanks for that.

:D

Hi everyone!!

B"H everything is good, although busy enough to make me want to scream (generally at the people who aren't doing their part, leaving more work for me. I surrender that).

Fiftysomething days, with Hashem's help.

Hatzlacha, all!

Meir

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Re: Not Counting... But Anyway...

Posted by rt - 17 Aug 2012 12:15

a gitten shabbes, Meir

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Re: Not Counting... But Anyway...

Posted by E-Tek - 17 Aug 2012 13:23

GOOD SHABBOS GYE!!!! A FREILICHEN PURIM!!!!!!

Meir

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Well, hatzlocho in doing other's work
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Re: Not Counting... But Anyway...

Posted by Gevura Shebyesod - 17 Aug 2012 14:08

OK, I'll bite...

WHAT??!!

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Re: Not Counting... But Anyway...

Posted by alexeliezer - 17 Aug 2012 14:56

For sure he means that since Elul is the lead-up to Yom Kippur, which is Yom K'Purim...

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Re: Not Counting... But Anyway...

Posted by ZemirosShabbos - 17 Aug 2012 15:08

??"?

[ZemirosShabbos wrote on 29 Jun 2012 16:14:](#)

????"? ??? ?????

??? ??? ?????? ??????? ??????

- Shakespeare

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Re: Not Counting... But Anyway...

Posted by Shteeble - 17 Aug 2012 18:35

sounds interesting.

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Re: Not Counting... But Anyway...

Posted by E-Tek - 17 Aug 2012 20:50

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Sorry, can't say more.

Have a great Shabbos! (Post edited for being too identifying.)

Meir

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Re: Not Counting... But Anyway...

Posted by E-Tek - 19 Aug 2012 02:31

A Gut Voch.

Elul is Roshei Teivos

"Ish L'rei'eihu Umatanos LaEvyonim".

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Re: Not Counting... But Anyway...

Posted by E-Tek - 23 Aug 2012 22:48

Hi, everybody. I'm reporting a fall.

This two month streak is probably my longest since I discovered m***. I have no regrets, other than the fall itself. It really isn't the number of days that matter... Hashem helped, every time I

asked him. This time I didn't, and this is the result. And anyway, He saved me a few times when my resolve was weak. So it certainly aint MY count, per se.

I'm looking forward to a new zman, with a full day of learning to enjoy, and a minimizing of bittul zman of all kinds, and a daily shacharis at the proper time with a good 1.5 hours before sof zman krias shma, and good chevra and good chavrusas, and no girls at my worksite (which took two months to lead to a fall, anyway).

Also looking forward to winter zman in the Mir in Yerushalayim. (Stam, just saying that.) However, it should be noted that **I will have internet access seldom and for short periods, so I do not expect to be able to post on GYE** at that time, for an unforeseeable future that I hope will last a long time. Therefore, I am putting out a request to be put in contact with the heilige GYE Chevra that live in Yerushalayim, so that I will be able to communicate with you, and I feel that is imperative for my recovery.

I was hit hard below the belt a few days ago, as I discovered that someone who I know fairly well is separate from his wife and kid- because he is an addict. I hope he is on GYE, and I daven he will find it soon if he isn't. My heart foes out to his wife... It is possible that this info led to my fall, too, but I take full responsibility regardless.

I am looking forward to not being busy 24/7 with responsibilities that throw my daily schedule (read: sleep) out of wack.

Hatzlacha, everybody. Have a wonderful, meaningful Elul, and a clean day!!

(In case anyone misunderstood, I can be on GYE UNTIL about Sukkos, and from there my visits will be sporadic at best. I will BL"N keep a diary to post when I DO get on.)

Meir

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Re: Not Counting... But Anyway...

Posted by rt - 24 Aug 2012 13:29

Wow, how different people are.

I was hit hard below the belt a few days ago, as I discovered that someone who I know fairly well is separate from his wife and kid- because he is an addict. I hope he is on GYE, and I daven he will find it soon if he isn't. My heart goes out to his wife... It is possible that this info led to my fall, too, but I take full responsibility regardless.

By me it's mamash pinkt farkert. Each time I read/hear such a sad story (or sadder...) or how people struggle on their own, it's a big push for me to keep up my struggle.

Al kol punim. Dear Meir, chatzlocho.

I just recently learned (or better: read) the daily daf. The question was, if somebody has a hole in his pants so some hair from "zaken hatachton" are yoyze. is it erva? The rebbe who was asked answered: "saar saar" (hair hair) and rash"i explains: "nu hair, so what?". And I thought:

(I definitely don't wanna imply that to fall is not a problem. IT IS.)

a gitten shabbes.

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