

My eyes are out of control !

Posted by geshertzarmeod - 16 May 2012 13:40

My eyes are totally out of control !

Please give any suggestions for what you have done that works.

I know we've discussed this b4 but i think a chazara and any new chiddushim would be helpful for everyone.

Thank you and Tizku L'Mitzvos!

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I thought I was doing well and then summer came along.

Re: My eyes are out of control !

Posted by obormottel - 31 May 2012 14:24

Gesher, why is it sad?

This forum IS what you need, so be happy you have it!

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Re: My eyes are out of control !

Posted by tehillimzugger - 31 May 2012 16:03

You know what Gesher, it's not a distraction at all. Some very profound things have been said here.

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Re: My eyes are out of control !

Posted by Dov - 31 May 2012 16:12

...i didn't share my stuff to show off, but to describe what I am experiencing - you probably have some of that same stuff going on in some way. That's all...

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Re: My eyes are out of control !
Posted by ur-a-jew - 31 May 2012 16:52

[TehillimZugger wrote on 30 May 2012 11:01:](#)

Gesh can you get back to the matter at hand?

Somebody gave me this. You may find it useful. Keep it in your wallet and read it before you walk outside (or while you are walking outside).

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Re: My eyes are out of control !
Posted by ontheedgeman - 31 May 2012 19:00

anyone wanna do a free english translation?

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Re: My eyes are out of control !
Posted by Gevura Shebyesod - 31 May 2012 19:23

That's really good. I wish I could get one...

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Re: My eyes are out of control !
Posted by geshertzarmeod - 31 May 2012 20:40

thank you ur-a-jew

1) for the tefillah

2) for getting us back on track !

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Re: My eyes are out of control !

Posted by ur-a-jew - 01 Jun 2012 18:19

[ontheedgeman wrote on 31 May 2012 19:00:](#)

anyone wanna do a free english translation?

Here's my take:

Ribbono shel olam, help me to rectify the blemish caused by forbidden sights. Help me that I should not be led astray after my passions (my heart) and my eyes. Please guard over my eyes constantly from all forms of sights that would bring spiritual harm to my vision. Help me that I not gaze at anything that will bring me chas veshalom to improper thoughts. Lead my eyes away from seeing emptiness. On Your path let me live. Uncover my eyes for the purpose of seeing the wonders of your Torah.

The Yetzer Hora only has power over that which the eye sees. Sotah 8

When a person diverts his eyes from seeing bad if is an opportune time for the tefillos he davens then to be accepted
(Shomer Emunim)

Getting pleasure from forbidden sights in this world causes one to lose the pleasure that will come from beholding the ziv hashechina in the world to come (Ben Yehoyada Brochos 61)

Otzem (closing) Eiynav (ones eyes) Mayraois (from seeing) Bi'ra (wicked) The last letters of the Hebrew spells out maos (money). To allude to the fact that guarding ones eyes is a segulah for parnasah

The desire for illicit relationships is only distanced from a person by a person distancing himself from forbidden sights and thoughts (sefer hamiddos)

The zohar states that when Reb Shimon Bar Yochai saw pretty woman "Al Tifno El Halilim" (zohar)

When a person walks down the street and guards his eyes he causes thoughts of teshuva to the entire street (said over from Eliezer Berlend)

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Re: My eyes are out of control !

Posted by Machshovo Tova - 01 Jun 2012 18:52

The following posuk is a quick tefilah from Tehillim (suggested by the Vilna Gaon, I believe) before going in the street:

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Re: My eyes are out of control !

Posted by Dov - 01 Jun 2012 19:28

Wow. That is the posuk I put on my cellphone wallpaper a few months ago cuz it says so much!

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Re: My eyes are out of control !

Posted by tehillimzugger - 03 Jun 2012 10:09

See! Everyone agrees that tehillim is awesome, and now for a vort I heard from Rabbi Elimelech Biderman in the name of the Baal HaTanya:

Are you sick?! What are you thinking going to war??

Whaddya mean? I'm a soldier!

Yeah, but do you know that by every single war people DIE! do you know what "coming home in a body bag" means?

If you were sick with only a sixty percent chance of survival you would be running to kivrei tzadikkim and gedolim, don't you realize that when you go to war, either you come home or... you don't?

Listen, when you get out on the battlefield you get this adrenaline it just starts pumping, it's like WE'RE GOING TO WIN, WE'RE GOING TO WIN, who thinks of dying? The prospect of winning is just so powerful that it totally eradicates any other considerations, even I guess... dying.

If you don't search google for this image right now you're gonna die, you're gonna DIE!!!!!!

I'm gonna win.

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Re: My eyes are out of control !
Posted by Dov - 03 Jun 2012 17:51

What does dying have to do with living right now?

And easy on those vitamins, chabibi.

Love you :-*

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Re: My eyes are out of control !

Posted by tehylimzugger - 03 Jun 2012 18:47

Love you too bear, I mean Dear

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Re: My eyes are out of control !

Posted by ontheedgeman - 04 Jun 2012 15:41

[TehylimZugger wrote on 03 Jun 2012 18:47:](#)

Love you too bear, I mean Dear

This post was invalid since it didn't quote anyone else.

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