

have a weird urge right now
Posted by happyjew - 15 May 2012 15:53

so this may sound weird but i have married sil who when goes away or is not home being i have their extra keys i go through her "clothes"...and now they went away...and i realllyyy wana goooo...please help

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Re: have a weird urge right now
Posted by alexeliezer - 15 May 2012 16:00

My friend, lust is lust. This isn't weird. It's just your Y"H trying to get his fix.

Stop thinking about it. Make a commitment right now that you're not going to go there. Maybe make a Taphsic vow from now until she gets back.

Daven to Hashem for him to take this lustful desire from you.

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Re: have a weird urge right now
Posted by happyjew - 15 May 2012 16:02

i do but i also think to myself...its not sooo bad...its not like looking at pics...just her panties and stuff...and its so easy for me because of the access

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Re: have a weird urge right now
Posted by tehillimzucker - 15 May 2012 16:11

how fast can you get the heck out of this situation?

the quicker the better

[somebody once posted that to me when i was in a "situation"- i don't want to link that thread, but it spoke to me]

btw

I don't think I saw you around here b4, welcome!

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Re: have a weird urge right now
Posted by happyjew - 15 May 2012 16:16

thanks...im new here...as u can see by my amount of posts...if i can get out fast i wouldnt have the problem. ive been looking at all my wifes friends and sisters underwear and bras for years...

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Re: have a weird urge right now
Posted by tehylimzuggger - 15 May 2012 16:18

Then it's not weird at all. It's just what you do....

We all have different ways of acting out, but it's all the same illness.

Hopefully your knowledge that I and many other GYE'ers out here love you and care about you will be some help.

[also-- say some tehylim!]

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Re: have a weird urge right now
Posted by Dov - 15 May 2012 20:42

Wow, simple and so true, TZ!

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Re: have a weird urge right now
Posted by Eye.nonymous - 15 May 2012 21:14

I also had this same problem--it's only pornography and masturbation and looking at women (oh, but mostly just looking at women), it's not like adultery and prostitutes or anything. What's really the worst that's going to happen?

But, first of all, I can't control myself, and as long as I can't control myself, it's only a matter of time before I fall over a cliff. I am surprised to see that, every once in a while, a new and more severe form of acting out presents itself. If I had not been in recovery these past few years, I would have gone down-hill.

Besides that, I see that it's not just the acting out that's a problem. My whole personality is affected; I can't deal with life. I am riddled with fear and resentment. And, in recovery, I have not only stopped acting out, but I have come to terms with the world (at least to a much greater degree than ever before), and I am living life on a much different, a much healthier place.

And for that, I'm glad I took my addiction seriously, though I didn't think it was so bad at first.

--Elyah

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