

FRUMFIEND'S. RANT

Posted by chaimhelp - 09 Apr 2012 06:23

I joined this Chevra erev pesach two years ago. I am in the exact same place as I was two years ago. It is for this reason that visiting this place makes me sick.. I am sick of reading about the endless slipping falling etc. It feels like I am holding up a mirror to my own life. I tried really hard for a year. I got no where. For the sake of honesty I would like to explain what I mean when I say that I have gotten no where. Through this site especially dovid Chaim, I have learned to love my wife and kids. I am a great father. I have learned to deal with people in a calm manner. I am happy. I have gotten no where in terms of sobriety. I act out just as much as before. I am not motivated to stop. I therefore say that I have gotten no where..

Chag kasher vsameach

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Re: FRUMFIEND'S. RANT

Posted by mifatfait - 11 May 2012 07:02

One night many moons ago, in the wanig moments of the Pesach seder, the Ksav Sofer posed a question to his father the Chasam Sofer. In the Chad Gadya, apperently the goat is innocent and the cat is a guilty murderer, hence the dog was justly punishing him and didn't deserve to be hit by the merciless stick. The water shouldn't have burnt the stick, so it was fair that he was draken by the cow. The slaughterer cruelly killed the cow, was retributed by the Malach Hamaves, and then..... Hakadosh Boruch Hu unfairly killed the Malach Hamaves????? What, Hashem is on the list of the bad guys??????

The Chasam Sofer replied: this it the climax of the Hagada, here we finish learning what is true emuna. We don't believe because we understand everything, that all our questions are completely answered. Sometimes there are things we do not understand, Hashem's wisdom is infinite, ours it not. All we can be sure of is our unbroked mesorah to Matan Torah on Har Sinai where Hashem appeared in front of all of us and told every single one us: "I am your G-D who took you out frm Egypt".

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Re: FRUMFIEND'S. RANT

Posted by tehylimzugger - 11 May 2012 10:32

Hi Chaver, I hope you find clarity and contentment soon.

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Re: FRUMFIEND'S. RANT

Posted by chaimhelp - 11 May 2012 14:02

Thank you tzadikim. If I wasn't acting out so much, I would have time for a longer reply. For now I am just saying thank you for your concern.

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Re: FRUMFIEND'S. RANT

Posted by Dov - 11 May 2012 14:07

Now yer talking!

Have a nice Shabbos, and not so mixed up, too.

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Re: FRUMFIEND'S. RANT

Posted by chaimhelp - 11 May 2012 16:39

What would happen if my wife caught me with my hand gripping my you know what and looking at porn?

Would I lose my marriage? Probably not, My wife needs me too much.

Would it change my whole marriage? Yes. Would my wife turnbinto into a whole different person? Yes. Would she be scared to trust me about anything? Yes. Would the home be a happy home? No. Would I be happy with my life? No. Would I wish I could leave the marriage? No. Would I be able to leave the marriage? No, because then it would get out what I did.

What would happen if my daughter walked in on me?

Would I lose my marriage? Probably yes. Would I have anything to do with my daughter after that. Probably not. Would I be able to look my daughter in the face? Absolutely not. How would I feel when giving her moral instruction? I would feel like a dog. How would I feel walking her down to the chupa? Like a turd.

What would happen if my teenage son walked in on me with my pants down?

Can't think about it.

What would happen if everyone found out????

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Re: FRUMFIEND'S. RANT

Posted by Yosef Hatzadik - 11 May 2012 21:44

[Mixedup wrote on 11 May 2012 14:02:](#)

..... concern.

Concern??

What about our unconditional love??

Yes, I really do love you!

I wanna give you a hug when we meet in person....

but for now, here is a virtual hug: (((((((()))))))

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Re: FRUMFIEND'S. RANT

Posted by Dov - 13 May 2012 14:54

[Mixedup wrote on 11 May 2012 16:39:](#)

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So? OK, all may be true and very important...but what are you trying to bring out and clarify, chaver?

All addicts live a double life as a result of their addiction. This is a beautiful post, really. But what is your point in terms of your posts above, and what does it have anything to do with the work suggested to you as a path to real, long-lasting recovery?

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Re: FRUMFIEND'S. RANT

Posted by chaimhelp - 13 May 2012 22:35

First place since I'm mixed up, I'm entitled to jump around :-). Anyway I read a book that says that the first step is to write down what would happen if you were caught? In his words to realize that your a train wreck about to happen. The problem is, that it really made an effect on me until I posted it. Anything I post loses its affect. I don't know why.

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Re: FRUMFIEND'S. RANT

Posted by Dov - 14 May 2012 01:10

Wow. That is a good idea. Never thought of it...but have shared about it at meetings and on the phone many, many times. Powerful. You are right....and also surely entitled to jump around!

Keep right on trucking!

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Re: FRUMFIEND'S. RANT

Posted by chaimhelp - 14 May 2012 14:40

#gye

Dov has written many times in the forum about the "Captain Kirk effect". This means that all addicts live their lives like Dr. Jeckle and Mr. Hyde. They live two separate lives and twain shall not meet. This is the way that an addict can continue to live a live that is generally contradictory to how he lives his real life. Dov's opinion is that if a addict is confronted with his other side he will be forced to take his addiction seriously. This is why Dov insistes on using real names and writing all step work with a pen not a computer. The way he sees it these are tools to force the addiction to really see himself in the mirror.

I have realized how much this is true in my case. I have changed names four times in this forum. Anytime I have gotten to know someone in this forum too well I have broken off contact. I haven't told Dov yet who I was on his phone groups. It seems to me that even having even a drop of reality in this virtual world is too much for me. That is the reason why I am always changing names and leaving and coming back. I even erased all threads started by me under previous names. I cannot deal with the reality of any continuity. Every time has too be the first or a new start.

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Re: FRUMFIEND'S. RANT

Posted by Eye.nonymous - 14 May 2012 14:56

Everywhere you go -- there you are.

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Re: FRUMFIEND'S. RANT

Posted by Dov - 14 May 2012 16:21

[In Mixedup's post above, Dov [b]only [/b] corrected the words "Dr. Spock syndrome", to the "Captain Kirk effect". That's all.]

Hey, whoever you really are (and you know who you are)...BOO!

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Re: FRUMFIEND'S. RANT

Posted by ur-a-jew - 01 Jun 2012 18:22

I know that there is a difference between the two, but it seemed to be somewhat on topic.
Mishpacha contained the following vignette

Reb Zalman Leib Teitelbaum of Satmar was a vocal and supportive proponent of the asifa at Citifield from the outset. In the days leading up to the event, some close chassidim came into the Rebbe's room and wondered aloud about the break with their mesorah in encouraging chassidim to attend a gathering with drashos in the English language.

The Rebbe leaned across the table and asked each of the surprised men to hand over their cell phones. The Rebbe then handed them to an assistant asking him to check if the phones had an internet connection. When the response was positive, the Rebbe looked at his visitors and smiled.

"You can go to the gathering, and don't worry about the English," was his pithy suggestion.

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Re: FRUMFIEND'S. RANT

Posted by Dov - 03 Jun 2012 17:54

Thank G-d there are still people in positions of real power, who have true seichel. I need to hang around that Rebbe more often.

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