

I need urgent help - I need a web chaver
Posted by RebbeNisht - 05 Apr 2012 20:41

I have been suffering for over 10 years trying to battle a fetish which has threatened to tear apart my life in more ways than one.

I need someone who has Yedios or expertise in this area to hold my hand as I battle it and guide me along. I just can't do it by myself anymore. It doesn't work by myself.

Without going into lurid detail, can anyone with expertise in Sexual addictions PM me if they feel they can help?

Yaasherkoach to all.

=====
=====

Re: I need urgent help - I need a web chaver
Posted by ur-a-jew - 05 Apr 2012 23:03

If you've come here than you are no longer alone. I don't profess to have any special expertise other than a desire to stay clean and the recognition that I can't do it on my own. We all have what we believe are our own unique fetishes only to find that when we open up to another we are very much the same. You can PM me if you'd like but here there is no shame only a wonderful group of people that can and will hold your hand as you climb out of the muck that you slipped into. Welcome and much hatzlacha.

=====
=====

Re: I need urgent help - I need a web chaver
Posted by Holy Yid - 06 Apr 2012 05:05

We all have struggled and I can only share what I have seen work.

If you are new here please flow this link for the welcome package.

www.guardyoureyes.org/forum/index.php?topic=3677.0

If you have acted out with live people I suggest you contact Dov. He was an addict for decades and is clean 14 years with SA.

Many find it helpful to share their story here on the board.

For many it is very helpful to join a call. www.guardyoureyes.com/tools/calls

Dr. Twerseky says that people who acted out with others in person need live SA groups. There are frum ones in bigger frum cities.

Dr. Twerskey also says that the key to recover is committing to and maintaining absolute honesty. You probably will fall again but you MUST share it with the your group (not your wife or co-workers)

Many have come back from very far if they are willing to work hard. The work is WELL worth it.

Hatzlacha my new friend

Your fellow HY

=====

Re: I need urgent help - I need a web chaver
Posted by admin - 09 Apr 2012 13:33

[Blind Beggar wrote:](#)

I just want to point out that Kedusha got up to 1000 days on the Chart *in one stretch from day one without falling even once*. That's more than I can say about my 208 days. Can anyone else make such a claim?

I know, Dov, only one day at a time but still awesome is awesome.

testquote

=====
=====

Re: I need urgent help - I need a web chaver
Posted by yaodintsova - 09 Apr 2012 18:38

[yaodintsova wrote:](#)

[Blind Beggar wrote:](#)

Hello Tzaddikim! I just found this site last week. I think it is going to make my Rosh Hashono and Yom Kippur. I think the newness of the 90 day chart will get me 40 clean days to Shemini Atzeres but I am afraid of what will happen next. Does anyone have any suggestions?

I have read enough of the forum to see that you are all tzaddikim and all serving Hashem every day clean and again after every fall.

The holy Baal Shem Tov taught that the yetzer horo is more interested in the post-sin depression than in the sin itself.

Blind Beggar who wants to have eyes only for Hashem.

reply 1

reply 2

=====

=====

Re: I need urgent help - I need a web chaver
Posted by E-Tekie - 09 Apr 2012 21:58

Test testers.

=====

=====

Re: I need urgent help - I need a web chaver
Posted by kosher - 11 Apr 2012 06:30

Hi,

One day maybe I'll like this new forum, but so far it just isn't sitting right with me

=====

=====