

So much further to go...

Posted by neshamatehora - 02 Apr 2012 06:12

OK, I've done the first step. I used to masterbate and not know it was wrong. Now I feel guilty while I'm doing it...but I do it anyways. I can't get further than 5 days in the 90 day journey. I put up filters, but I find ways to get around them.

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Re: So much further to go...

Posted by Eye.nonymous - 02 Apr 2012 07:49

Hello, welcome to the forum.

Have you started reading the GYE handbook?

Keep on posting, and hatzlacha!

--Elyah

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Re: So much further to go...

Posted by alexeliezer - 02 Apr 2012 18:46

Welcome back!

Do you know yet why you want to stop?

You seem to have admitted that you are powerless over lust.

That doesn't mean it isn't fun. It just means it's a little beyond your (normal) control.

But to stop you will need to be motivated to do whatever it takes. And the first thing it takes is full commitment to avoiding lust. This may mean staying off computers altogether if you can't

trust yourself with one. It certainly means strict shmiras eynayim in all settings.

Avoiding lust. Surrendering lust. Recoiling from lust.

Ready?

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Re: So much further to go...

Posted by Holy Yid - 06 Apr 2012 05:06

welocme please follow this link for the newcomers packet

www.guardyoureyes.org/forum/index.php?topic=3677.0

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Re: So much further to go...

Posted by ur-a-jew - 10 Apr 2012 18:32

It appears that the quickreply doesn't have the "boardcode" toolbar, although the quickreply states that they "are still usable" there doesn't appear to be a way to access them.

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