

How to realize the truth in Frum Yiddishkeit

Posted by ANewStart - 01 Jan 2012 01:25

B"H

Good Voch!

I have been pondering after lots of shakla ve'tarya with myself and after being zocheh to hold a strong ma'amad over the last few days.....

What type of thinking can we use to inspire ourselves that our frum, sometimes ultra-orthodox ways of life, of serving G-d are the only way, the truthful way, and the way that G-d wants us to act. I once heard that tzaddikim are proofs of that. I have gotten to the point where I see the faults and sheker of taavos and lust, but how do we take our observant lives and infuse with the certainty and confidence that we require to carry on?

I offer a prayer to Hashem that we all should be zocheh to feel the truth and recognize the diamonds we have in our hands!

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Re: How to realize the truth in Frum Yiddishkeit

Posted by Shteeble - 01 Jan 2012 03:04

Hi ANewStart,

What about learning Mesilas Yesharim, Perek Alef: Chovas Ha'adom Be'olamo

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Re: How to realize the truth in Frum Yiddishkeit

Posted by ANewStart - 01 Jan 2012 03:14

B"H

Imho [In my humble opinion] I feel that i have a good grasp on the tachlis ha'avodah in our world, making Hashem a dwelling place here, and the various means to do so. Just sometimes it becomes overly theoretical and hard to feel that we're special and really achieving all we can. The advice I've received from my teachers and mashpiim in yeshiva has been somewhat along the lines of: we must learn and be fluent in our limud Torah, have emunah in Hashem and work fervently in prayer, service of the heart-- and if we're zocheh to feel, then that's great, but if not its ok too.

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Re: How to realize the truth in Frum Yiddishkeit
Posted by Shteeble - 01 Jan 2012 03:24

Can you point out "very clearly" what specifically you are trying to accomplish?

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Re: How to realize the truth in Frum Yiddishkeit
Posted by ANewStart - 01 Jan 2012 17:08

B"H

Shteeble I'm asking how do we take the yiddishkeit that we have grown to embrace and turn it into a real experience. I feel that this applies to everyone: how to infuse our avodas Hashem with life, the sort of chayos that comes as a result of a feeling of self confidence, of ashreinu. So many yidden are baki on paper but when it comes to practical feeling we tend to be cold fish. Just was asking to brainstorm some thoughts on how to be inspired by realizing the truth in Yiddishkeit.

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Re: How to realize the truth in Frum Yiddishkeit

Posted by Shteeble - 01 Jan 2012 23:56

So you want to know....

"How to really experience the yiddishkeit"

"How to infuse our Avodas Hashem with life"

"How to be inspired by realizing the truth in Yiddishkeit"

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Re: How to realize the truth in Frum Yiddishkeit

Posted by Shteeble - 02 Jan 2012 00:03

Some thoughts....

1. If you're looking for the textbook answer, I think you will be disappointed.
2. Being stuck in the addiction makes these things more difficult to feel. We tend to feel disconnected from the yiddishkeit, and do things in a robotic type of way.
3. Have you tried the Duvid Chaim calls at 12pm est Mon-Thu ? A big part of the call is focused on bringing the Ribono Shel Olam back into our lives.
4. Different parts of yiddishkeit come with their own answers to your questions. For example, if you want to experience a "davening", I would suggest showing up at least 25 minutes before borchu so that you have time to focus on the words of pesukei dzimra. Things have more

meaning when we actively prepare for them, then when we just wait for them to "happen to us."

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