

need advice on what to do with unwanted laptop

Posted by tryingsohard - 11 Nov 2011 01:27

i need advice. i desperately want to get my laptop out of my house until i have my issues more under control. the problem is that there is nowhere in my house that i can pack it that i wont go to get it, i can't bring myself to smash another one (yes ive already smashed one in my lifetime, out of frustration from "the problem") its \$600 and eventually i will start using it again because im in school. and i dont want to ask a neighbor to keep it cuz thats weird and potentially embarassing. its so frustrating! I DONT WANT IT! and yet it seems like theres nothing I can do about it! any ideas?

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Re: need advice on what to do with unwanted laptop

Posted by strugglingandstrivngBT - 11 Nov 2011 02:01

have you tried accountabilty software? it keeps me off everything my yetzer wants...

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Re: need advice on what to do with unwanted laptop

Posted by tryingsohard - 11 Nov 2011 04:43

Hey struggling ,

I haven't done accountability software. I don't have anyone I feel uncomfortable doing it with.

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Re: need advice on what to do with unwanted laptop

Posted by ur-a-jew - 11 Nov 2011 04:59

[tryingsohard wrote on 11 Nov 2011 04:43:](#)

Hey struggling ,

I haven't done accountability software. I don't have anyone I feel uncomfortable doing it with.

Rabbi Viener from Monsey has offered to be an accountability partner and he does read the reports. If not find an accountability partner on the site. If you are really trying so hard you can find someone.

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Re: need advice on what to do with unwanted laptop
Posted by Snow - 11 Nov 2011 09:50

Do you have any friends who know about this issue? where do you live?

[tryingsohard wrote on 11 Nov 2011 01:27:](#)

i need advice. i desperately want to get my laptop out of my house until i have my issues more under control. the problem is that there is nowhere in my house that i can pack it that i wont go to get it, i can't bring myself to smash another one (yes ive already smashed one in my lifetime, out of frustration from "the problem") its \$600 and eventually i will start using it again because im in school. and i dont want to ask a neighbor to keep it cuz thats weird and potentially embarrassing. its so frustrating! I DONT WANT IT! and yet it seems like theres nothing I can do about it! any ideas?

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Re: need advice on what to do with unwanted laptop
Posted by tryingsohard - 11 Nov 2011 19:28

I'm not saying where I live. And I dont have any friends that know about the issue.

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Re: need advice on what to do with unwanted laptop
Posted by alexeliezer - 11 Nov 2011 19:39

Password protect the computer. Write down an impossible-to-remember password, email it to someone (me if you like), then set the password and destroy the paper you wrote it on. Also delete the sent email. When you've gotten further into recovery and feel safe with a laptop, retrieve the password from the person you gave it to.

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Re: need advice on what to do with unwanted laptop
Posted by Snow - 12 Nov 2011 17:19

OK, I only asked where you live as maybe someone from this forum can help you. saying "new york area" or "Jerusalem area" might be enough to find the help you need.

[tryingsohard wrote on 11 Nov 2011 19:28:](#)

I'm not saying where I live. And I dont have any friends that know about the issue.

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Re: need advice on what to do with unwanted laptop
Posted by gottagetout - 12 Nov 2011 17:51

why dont you lend it out to people who need it for school writing down chidushei torah or what not this way you can get it off your hands and do a mitzvah with it

i happen to know some avreichim (in israel at least) that borrow laptops to write down chidushei torah

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Re: need advice on what to do with unwanted laptop
Posted by tryingsohard - 13 Nov 2011 01:36

hey snow,

oh ok sorry. i live in the new york area. i like alex eliezers idea of making a password that i dont remember and giving it to somebody else to hold. i think i'll try that.

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Re: need advice on what to do with unwanted laptop
Posted by tryingsohard - 13 Nov 2011 05:07

so ive done it. i had somebody else make a password to access my laptop and instructed them to not give it to me for a few months. here's hoping it will help me.

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Re: need advice on what to do with unwanted laptop
Posted by newlife - 13 Nov 2011 05:14

You da man. I'm impressed that you followed through with that idea. Keep it up!!

Newlife

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Re: need advice on what to do with unwanted laptop
Posted by tryingsohard - 13 Nov 2011 05:49

Thanks newlife!

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Re: need advice on what to do with unwanted laptop
Posted by Snow - 13 Nov 2011 16:18

amazing! Good man!!

[tryingsohard wrote on 13 Nov 2011 05:07:](#)

so ive done it. i had somebody else make a password to access my laptop and instructed them to not give it to me for a few months. here's hoping it will help me.

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Re: need advice on what to do with unwanted laptop
Posted by alexeliezer - 13 Nov 2011 16:54

Great! You're clearly committed to overcoming this.

Now what?

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