A beautiful segulah for hirhurim, that can only be done this week! Posted by Will - 16 Aug 2009 10:42

This past Shabbos in shul when the gabbai announced the molad, I remembered that I had once seen in the MeAm Loez a very special segulah...the only problem was that this segulah could only be done when Erev Rosh Chodesh falls on a Thursday. Well imagine my glee when I heard "Yom Chamishi"!!!

In the Parasha of Er and Onan (I think its Vayeishev), the MeAm Loez goes nuts on Hotzaas Zera LeVatala...He goes through the severity of the act, seven or eight segulah's for combating hirhurim and keri, and many different ways of teshuva. Its very worthwhile checking it out (pg. Taf-Reish-Pey-Vav in Beraishis beis).

So here's a quick outline of the "special" segulah (and please excuse the lack of Hebrew font on my computer), Ill follow the text to be said with a transliteration:

"When erev Rosh Chodesh falls on a Thursday, a person should go to the grave of a Tzaddik and uproot a blade of grass that grows there. Before uprooting the grass he should say:

'Master Of The Universe! It is revealed and known before you that I am not doing this for the sake of my honor, rather, for <u>Your</u> honor- so that I can serve you in cleanliness, without taivah or bad thoughts, and so that keri should not come forth from me in vain. Therefore, I am uprooting this blade of grass which is made up of the four elements: Fire, Water, Wind, and Earth. So to, uproot from the essence of *my* four elements all of the taivah and bad thoughts that exist within- from now and until forever. Amen. And I ask for forgiveness from this Chacham that is buried here -and I stipulate- that in the uprooting of this grass, I did not have the intention of harming his honor, Chas Veshalom. Rather, it is so that I shouldn't be metamei myself through keri or bad thoughts.'

'Ribono Shel Olam! Galui, ve Yaduah lefanecha she Aini oseh zoat leMaan kevodi, ella leMaan kevodecha kedei she Uchal le Ovdecha be Tahara blee taivah uBlee hirhurim RAim, ve Shelo yatza mimeni shum zera le Vatala. Ulachen, ani oker ha Esev hazeh she Hu me Arbah ye sodot: esh, mayim, ruach, ve Afar- Af ye Akro mikerev arbah ye sodoti kol taivah ve Hirhur Ra me Atah ve Ad olam. Amen. Ve Ani mevakesh mechila min ha Chacham hazeh hakavur kan, ve Ani mefaresh she Belkarat ha Esev hazeh, aini mitkaven lifgoah bi Chvodo, Chas Ve Shalom, ella, shelo itamei be Keri uBe Hirhurim RAim'

And afterwards he should uproot the blade of grass with all his might, being careful that the

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roots should come out with it, wrap the grass in a piece of cloth or linen and then hang it around his neck."

I imagine that if a person would perform this segulah with a broken heart and a real yearning for cleanliness, it would work wonders...Please share your thoughts!

If there is a demand for some more of the segulah's brought down in the MeAm Loez, III be happy to post them!

Will

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Re: A beautiful segulah for hirhurim, that can only be done this week! Posted by Kedusha - 17 Aug 2009 21:21

Will wrote on 17 Aug 2009 21:06:

Kedusha, I think you're right. The MeAm Loez is definitely a bit intense on the tochacha part, and I could see it making a person depressed. But do you think the segulah's might help?

If you find that it helps, that's great. I am personally a bit skeptical about many of the Segulos that people believe in. One example: apparently, there is a Segula for Parnassah to place a key in the dough of the first Challah baked after Pesach. I often wish that some people who engage in this Segulah would consider getting an education, which I believe is a much more realistic "Segulah" for Parnassah (at least for those of us who don't have a knack for business).

It is true that many of these things, it would seem, "can't hurt." But, they <u>can</u> hurt if they take the place of reasonable Hishtadlus, or proper Tefilah to the Ribono Shel Olam.

I know that we dip the apple in honey on Rosh Hashanah, but these types of Segulos have their source in the Gemarrah ("Simanah Milsah"). Even so, we need to put even these Segulos in their proper perspective. The most logical explanation for them is that they put us in an optimistic frame of mind on the Yom Hadin.

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Re: A beautiful segulah for hirhurim, that can only be done this week! Posted by Will - 17 Aug 2009 21:34

I hear you... I completely agree with what you say about harm being done if segulah's take the place of hishtadlus...As a Talmud Chacham once asked (paraphrased): "Whats the point of *one* segulah if you're doing twenty anti-segulah's?"

But theres gotta be more to segulah's than we can understand if an Acharon was bringing it down as practical advice...

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Re: A beautiful segulah for hirhurim, that can only be done this week! Posted by Efshar Letaken - 17 Aug 2009 21:57

Bochner's?!

Why not Emunas Yisroel or Mishnas Yona?

Hey I'm looking for Kedems Gefilteh Fish & Kutan, Ya know is has a pic. of a small goat on it.

Oh Yeah! isle 4 in the back!
E.L.
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Re: A beautiful segulah for hirhurim, that can only be done this week! Posted by kutan - 18 Aug 2009 12:12
EL,
The cholent at Freunds was especially good last evening.
Bochners is b'cause R' Bardichev is planning a big trip to some derfel in Canada. He's bringing his shreimel and sheefe tashen and maybe some woodford to keep him warm, and a guitar of course, and he's gonna compose gramin enough to keep GUYE busy through the serious days of elul and tishrai and be machzor all the nidachim in klal yisroel.
So he invited us along.
and all buses stop at Bochners, I think.
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Re: A beautiful segulah for hirhurim, that can only be done this week! Posted by Efshar Letaken - 18 Aug 2009 13:09
How come I haven't thought about all those pointers?

GYE - Guard Your Eyes Generated: 2 September, 2025, 01:40 What a Klutz Kup I am. E.L.

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