

A beautiful segulah for hirhurim, that can only be done this week!

Posted by Will - 16 Aug 2009 10:42

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This past Shabbos in shul when the gabbai announced the molad, I remembered that I had once seen in the MeAm Loez a very special segulah...the only problem was that this segulah could only be done when Erev Rosh Chodesh falls on a Thursday. Well imagine my glee when I heard "Yom Chamishi"!!!!

In the Parasha of Er and Onan (I think its Vayeishev), the MeAm Loez goes nuts on Hotzaas Zera LeVatala...He goes through the severity of the act, seven or eight segulah's for combating hirhurim and kerí, and many different ways of teshuva. Its very worthwhile checking it out (pg. Taf-Reish-Pey-Vav in Beraishis beis).

So here's a quick outline of the "special" segulah (and please excuse the lack of Hebrew font on my computer), Ill follow the text to be said with a transliteration:

"When erev Rosh Chodesh falls on a Thursday, a person should go to the grave of a Tzaddik and uproot a blade of grass that grows there. Before uprooting the grass he should say:

**'Master Of The Universe! It is revealed and known before you that I am not doing this for the sake of my honor, rather, for Your honor- so that I can serve you in cleanliness, without taivah or bad thoughts, and so that kerí should not come forth from me in vain. Therefore, I am uprooting this blade of grass which is made up of the four elements: Fire, Water, Wind, and Earth. So to, uproot from the essence of *my* four elements all of the taivah and bad thoughts that exist within- from now and until forever. Amen. And I ask for forgiveness from this Chacham that is buried here -and I stipulate- that in the uprooting of this grass, I did not have the intention of harming his honor, Chas Veshalom. Rather, it is so that I shouldn't be metamei myself through kerí or bad thoughts.'**

*'Ribono Shel Olam! Galui, veYaduah lefanecha sheAini oseh zoat leMaan kevodi, ella leMaan kevodecha kedai sheUchal leOvdecha beTahara blee taivah uBlee hirhurim RAim, veShelo yatza mimeni shum zera leVatala. Ulachen, ani oker haEsev hazeh sheHu meArbah yesodot: esh, mayim, ruach, veAfar- Af yeAkro mikerev arbah yesodoti kol taivah veHirhur Ra meAtah veAd olam. Amen. VeAni mevakesh mechila min haChacham hazeh hakavur kan, veAni mefaresh sheBelkarat haEsev hazeh, aini mitkaven lifgoah biChvodo, Chas VeShalom, ella, shelo itamei beKeri uBeHirhurim RAim'*

And afterwards he should uproot the blade of grass with all his might, being careful that the

roots should come out with it, wrap the grass in a piece of cloth or linen and then hang it around his neck."

I imagine that if a person would perform this segulah with a broken heart and a real yearning for cleanliness, it would work wonders...Please share your thoughts!

If there is a demand for some more of the segulah's brought down in the MeAm Loez, Ill be happy to post them!

Will

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Re: A beautiful segulah for hirhurim, that can only be done this week!  
Posted by Efshar Letaken - 17 Aug 2009 16:49

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Very Interesting!

E.L.

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Re: A beautiful segulah for hirhurim, that can only be done this week!  
Posted by bardichev - 17 Aug 2009 16:57

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When erev Rosh Chodesh falls on a Thursday,

ISNOT EREV ROSH CHODESH ON WEDNESDAY??

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Re: A beautiful segulah for hirhurim, that can only be done this week!  
Posted by Efshar Letaken - 17 Aug 2009 16:59

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Yeah!

Next time I Guess.

E.L.

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Re: A beautiful segulah for hirhurim, that can only be done this week!  
Posted by Will - 17 Aug 2009 17:06

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You guys uhhhhh ALL passed the test! I just wanted to make sure that despite this struggle with the Yetzer Hara, everybody is still on top of things- and Im very glad to see that you are! ;D

Boy do I feel stupid.

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Re: A beautiful segulah for hirhurim, that can only be done this week!  
Posted by bardichev - 17 Aug 2009 17:10

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WILL I WILL EXTEND MY WILLCOME TO OUR FORUM

MAY IT BE G-Ds WILL THAT YOU WILL BE HERE 90 DAYS

OR ELSE MRbAND E.L. WILL SEND OUT OUR BOYS FROM BROOKLYN

AND THEY WILL DO WHAT THE WILL

LISTEN UP HOLY TZADDIK

SHALOM

I HEREBY ENTER YOU INTO A "TROIKA"

MR.b E.L. & WILL

WE WILL BEAT THE YH WITH HUMOR AND GOOD CHEER!!!

HUMBWILL AND HAPPY

bardichev

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Re: A beautiful segulah for hirhurim, that can only be done this week!

Posted by Will - 17 Aug 2009 17:15

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[bardichev wrote on 17 Aug 2009 17:10:](#)

I HEREBY ENTER YOU INTO A "TROIKA"

MR.b E.L. & WILL

WE WILL BEAT THE YH WITH HUMOR AND GOOD CHEER!!!

HUMBWILL AND HAPPY

bardichev

**AMEN!**

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Re: A beautiful segulah for hirhurim, that can only be done this week!  
Posted by Efshar Letaken - 17 Aug 2009 17:18

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Reb B. caught up with your sense of Humor Reb Will.

I wish I came somewhat close to Reb B.s Funniness.

E.L.

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Re: A beautiful segulah for hirhurim, that can only be done this week!  
Posted by Efshar Letaken - 17 Aug 2009 17:20

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Check this out & tell me Reb B. aint Hilarious!

[rehab-my-site.com/guardureyes/forum/index.php?topic=759.15](http://rehab-my-site.com/guardureyes/forum/index.php?topic=759.15)

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Re: A beautiful segulah for hirhurim, that can only be done this week!

Posted by Will - 17 Aug 2009 17:39

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Lol! Yes, Bardichev is awesome! And now you, him and i are a TROIKA!!!

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Re: A beautiful segulah for hirhurim, that can only be done this week!

Posted by bardichev - 17 Aug 2009 17:58

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WILL E.L. IS FROM BOROPARK HE MIGHT NOT KNOW WHAT A TROIKA IS

US BROOKLINERS CAN THINK IT IS A CAR FROM TROY

b

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Re: A beautiful segulah for hirhurim, that can only be done this week!

Posted by MaalinBKodesh - 17 Aug 2009 20:23

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Please Will, I'd love to hear other segulim he brings down if you don't mind. THanks for taking the time to transcribe and transliterate this tefillah.

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Re: A beautiful segulah for hirhurim, that can only be done this week!

Posted by kutan - 17 Aug 2009 20:29

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Shucks!

I was planning on keeping my eyes peeled for people with grass hanging around their neck...

thought I'd finally get to meet Mr. B and EL (I'm also from BP).

kutan

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Re: A beautiful segulah for hirhurim, that can only be done this week!  
Posted by bardichev - 17 Aug 2009 20:33

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KUTAN MEET US BY BOCHNERS

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Re: A beautiful segulah for hirhurim, that can only be done this week!  
Posted by Kedusha - 17 Aug 2009 20:46

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Thursday is Erev the second day of Rosh Chodesh!

Regarding Teshuva for the Aveira of Zera Levatalah, I highly recommend reading Igros Moshe Orach Chaim 4:116, which I've cited previously. I don't recommend Me'am Loez on this topic (or any other work that addresses this sin Al Pi Kabbalah), unless you find that it gives you Chizuk for the future (without making you depressed about the past or the present).

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