

:) Shmeichel's Shmeichel :)

Posted by JackAbbey - 08 Nov 2011 14:39

smiling for 95 days b"h

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Re: :) Shmeichel's Shmeichel :)

Posted by JackAbbey - 13 Nov 2011 17:45

starting the week with a vroooooooooooooooooooooom

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Re: :) Shmeichel's Shmeichel :)

Posted by JackAbbey - 15 Nov 2011 11:16

today i am combining my 102 daily smiles to one big laughing lougher

as i am still fighting my y"h as if i am at day one

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Re: :) Shmeichel's Shmeichel :)

Posted by ZemirosShabbos - 15 Nov 2011 17:47

hi shmeichel, is this how yo' be lookin'?

[Naftali Z wrote on 01 Dec 2010 06:32:](#)

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Re: :) Shmeichel's Shmeichel :)
Posted by JackAbbey - 15 Nov 2011 21:55

somping like et

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Re: :) Shmeichel's Shmeichel :)

Posted by JackAbbey - 16 Nov 2011 21:45

today is suite #103

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Re: :) Shmeichel's Shmeichel :)

Posted by heuni memass - 16 Nov 2011 21:49

sweet it is!

kot!!

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Re: :) Shmeichel's Shmeichel :)

Posted by Yosef Hatzadik - 16 Nov 2011 21:57

Shmeichel's shmeichel is contagious!

I am shmeicheling too now!

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Re: :) Shmeichel's Shmeichel :)

Posted by JackAbbey - 17 Nov 2011 14:20

smiling back to you

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Re: :) Shmeichel's Shmeichel :)

Posted by Yosef Hatzadik - 17 Nov 2011 18:08

[Shmeichel wrote on 17 Nov 2011 14:20:](#)

smiling back to you

& this shmeichel is ALSO being reflected on my face!!!

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Re: :) Shmeichel's Shmeichel :)

Posted by JackAbbey - 20 Nov 2011 12:44

i read the book "the light of efraim"

i am took over with it

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Re: :) Shmeichel's Shmeichel :)

Posted by obormottel - 20 Nov 2011 23:46

i couldn't get throu the first few chapters. does it get better or is it the same drool again and again?

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Re: :) Shmeichel's Shmeichel :)

Posted by JackAbbey - 22 Nov 2011 17:22

its moreless the same

with every book, you dont get the essence of it until you are way over half way in it

the main benefit i got was by understanding the huge impact that lust has, and the vast damage

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Re: :) Shmeichel's Shmeichel :)

Posted by JackAbbey - 23 Nov 2011 16:46

i learned sefer avodas hakodesh from the chidu

the part of tikkun hachete

its very informative, and guiding

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Re: :) Shmeichel's Shmeichel :)

Posted by ZemirosShabbos - 23 Nov 2011 16:51

hi shmeichel!

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