

urgent taptic question: I fell and cant fast
Posted by strugglingandstrivngBT - 07 Nov 2011 02:09

I have a huge test tomorow and need to be on my A game. unfortanately I messed up big and fell. I didnt even think about it I just gave up. I'm ok with fasting, its what I said I would do but I cant do it tomorow. what do I do?!

I didnt use the loшон of a neder, but I did say I would fast if I didnt read a perek of avos before falling. I can make it up, and I didnt say when I would fast. ugh. I'm done. I'm seriously done. but what to do now?

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Re: urgent taptic question: I fell and cant fast
Posted by strugglingandstrivngBT - 07 Nov 2011 02:34

never mind I got a psak that I can move the fast. I'm still done. I dont want to do this anymore. I dont want my drug, I dont need my drug, and I cant function with my drug. I'm done. I'm ready to be clean. BH.

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Re: urgent taptic question: I fell and cant fast
Posted by Gevura Shebyesod - 07 Nov 2011 05:00

Hi SSBT,

so sorry that you fell. But remember all the valiant fighting you did before you went down. And all the days that you made it through clean. You have not lost them, and you can do it again. You know it, you've done it already. So say it loud and proud....

FELL SHMELL, I'M GONNA KEEP ON TRUCKING!!!!!!!!!!

Hang in there!

Gevura!

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Re: urgent taptic question: I fell and cant fast
Posted by obormottel - 07 Nov 2011 08:13

You are the only one who has the power to give it up.

Maybe this out of the Rebbe's mouth will help:

www.guardyoureyes.org/forum/index.php?topic=4659.msg124550#msg124550

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