

Had a Fall

Posted by 5shekvow - 02 Nov 2011 06:17

hey, i got 14 days on the 90 day journey, but the last few days i was feelin little down bec im not havin bst tinme at my yeshiva, and my yetzer harah was so friendly. i need to be more besimchah this next time around, i wasnt so happy last time. just puttin it out there. any tips from anyone?

=====

Re: Had a Fall

Posted by obormottel - 02 Nov 2011 07:14

14 days is great!

FSKOT! Simcha IS the key, no doubt. Post here more often, some guys here are really good at cheering people up, we just need to know you're listening on the other side of the screen.

Are putting any effort into recovery, other than a sheer will power?

Are you reading daily emails, for example?

Hatzlocho.

=====

Re: Had a Fall

Posted by strugglingandstrivngBT - 02 Nov 2011 13:12

I forgot who says it but bsmeach bhelko is just as true for gashmius as for ruchnius. be happy you made it that long and start up again with the coach of the simcha!

bhatlacha

=====

Re: Had a Fall

Posted by gibbor120 - 02 Nov 2011 13:32

when bards shows up, I'm sure he will tell you to yell FELL SHMELL several times. Never

=====

Re: Had a Fall
heard from anyone who tried it if it helps. I suppose it could't hurt
Posted by Gevura Shebyesod - 02 Nov 2011 13:48

14 days the first time out is GREAT!!!!

It gets easier each time, and you will feel better about yourself. The YH loves to get you down and then try to convince you that he's your only friend. HE'S LYING!!!!

FSKOMT!!!!

Gevura!

=====

Re: Had a Fall
Posted by 5shekvow - 03 Nov 2011 06:32

whats fskomt? yah i get emails and go on forums. thanks guys!

=====

Re: Had a Fall
Posted by gibbor120 - 03 Nov 2011 13:45

Fell Shmell Keep On Monster Truckin. The "Monster" part is a new addition made by gevurah I think.

Basically, don't worry about past falls, just get up dust yourself off and keep going.

=====

=====

Re: Had a Fall

Posted by 1daat - 04 Nov 2011 02:46

Do you really want a thread with that name? Nu.. you fell. Hashem doesn't love you any the less. Nobody here thinks much about that being a big deal. As we're trucking along best we can, it can happen. No biggy. If you hang out with the yh in drama and suffering, you're in the problem. Back to work. To be close to Him again. THAT'S what we all want more than we even know.

KOT (old school)

=====

=====