

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

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Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by Ineedhelp!! - 15 Jun 2010 16:10

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Hey ZD,

You know where to find me I am here for YOU!

-Yiddle

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Re: I'm about to FALL!!

Posted by aaron - 15 Jun 2010 18:54

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gettin weak!!

was just in the bathroom a minute ago looking at "normal" magazines. im running on 5 hours of sleep and just got back from a horribly boring meeting that was 4 hours long!

someone help me~

i havn't fallen yet, just a slip

i think i'm gonna take a nap... :'( :( = i have to dodge the pain

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Re: I'm about to FALL!!

Posted by Ineedhelp!! - 15 Jun 2010 19:07

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Hi confidence,

I am here if you need someone to talk [to....Yiddle2@gmail.com](mailto:to....Yiddle2@gmail.com)

-Yiddle

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Re: I'm about to FALL!!

Posted by aaron - 15 Jun 2010 23:06

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Re: I'm about to FALL!!

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Posted by Dov - 16 Jun 2010 01:14

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[Confidence wrote on 15 Jun 2010 23:06:](#)

Wow! Now that's an underrated eitza. Thanks.

Maybe

i think i'm gonna take a nap... :'( :( = i have to dodge the pain

doin much better - naps are absolutely underated in this war! ;D  
means that the pain is sometimes the very fact that we are not taking good care of ourselves,  
*itself*. And maybe *that's* what you dodged by taking a nap.

An integral part of my recovery is practicing *not* burning the candle on both ends and accepting  
my limitations in more and more respects. And that allows mw to finally accept my true

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Re: I'm about to FALL!!

Posted by ur-a-jew - 18 Jun 2010 18:49

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I think we need some 911 here. See last post:

[www.guardyoureyes.org/forum/index.php?topic=2605.45.](http://www.guardyoureyes.org/forum/index.php?topic=2605.45)

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Re: I'm about to FALL!!

Posted by Ineedhelp!! - 18 Jun 2010 19:17

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Im condused: for you or him?

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Re: I'm about to FALL!!

Posted by shmiras - 22 Jun 2010 06:43

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This is my first time posting on the site. Its necessary. I have been extremely careful for many months, and have b'h been fall free for about 22 months. I am feeling a strong pull to look at some things I shouldn't. I really need to be mechazek.

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Re: I'm about to FALL!!

Posted by jamies - 22 Jun 2010 08:12

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shmiras, firstly 22 months!!!!!! May HBH allow us to reract your level!!!

youve been out of the ring of the yeser hara, for some reason youve been dragged in, and the yeser harea is going mental, someone once told me its like a dog, when you dont feed it it goes mental for food, ie with urges, howver it eventually calms down due o weakness and gets less strong, pherhaps your "dog" realises how ar youve come and is pushing an pushing oe final menatl last cry to feed it and onc more give it strenth...DO NOT!

DO NOT kid yourself about the consequences of you looking at forbidden things

DO NOT kid yourself about the severity

DO NOT feed tthat yeser hara and get it stronger

DO SOMETHING DRASTIC NOW TO GET AWAY, go for a walk, jog, beis midrash, book a ice meal as a celebration for winning today, whatever you do, stay clear and alerat and understand the severity, perhaps make 2 lists, one the consequences of falling the other of the mamash simcha in shamayim of you compleing this very difficult test....

im davening for yuou!

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Re: I'm about to FALL!!

Posted by shmiras - 22 Jun 2010 16:10

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Thanks jamie -

B'H was a slip, caught it, went straight to gye and then turned off my computer. I think its time to be mechazek though. Im not as strong as i was in the beginning. Even though Ive been on this site hundreds of times in the past, Ive never been on the forums, but i see how special it is. Thanks for your tfillas. I have been unable to control myself from looking recently in the street if i see someone...i need to push myself. im feeling that little opening being pulled open by the yezter hara where - its just a look - youd never do more than that! were not invincible... its time to push back again...

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Re: I'm about to FALL!!

Posted by yedidya aleph - 23 Jun 2010 23:49

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please let me know if this is a slip (i hope)

i have a long stretch of days clean from on-line p\* and m\*

just today started doing google searches for semi-errotic articles (no naked pictures) google setting on "safe"the stuff is about details of s\* abuse cases

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Re: I'm about to FALL!!

Posted by jewinpain - 07 Jul 2010 00:06

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What does a YH want from a brother (any1 knows what I'm talking about) haven't I given him enough over the years, its time for him to let go, like I'm always told to do "jip let go, let go go go go)if he can't find new customers down here (due to GYE) perhaps he has no business in this world, time to make a mashkanta on him, who wants to help here

I just don't have the koach to fight him here anymore, its summer women dress like Capital P's and country season is 1 other klula we are cursed with, all this makes the cake really nice

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Re: I'm about to FALL!!

Posted by WeWillWalk - 09 Jul 2010 11:01

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I'm not feeling very well,I've slipped. I've been very sad for the last few days and I need some help. Please,is anyone out there?

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Re: I'm about to FALL!!

Posted by cleareyes613@gmail.com - 09 Jul 2010 13:53

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Hi - I'm available by chat [cleareyes613@gmail.com](mailto:cleareyes613@gmail.com)