Generated: 22 August, 2025, 13:42

I'm about to FALL!!	
Posted by jerusalemsexaddict - 13 Aug 2009 21	:26

Allright so as everyone here knows, we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute. Sometimes the emergency units don't have enough time to respond to put out the fire, or are simply unaware of the emergency.

In any case, I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort, even a chashash, post here IMMEDIATELY! And well come to your rescue as soon as possible, iy'h.

You can post your emergency here, or give us a link to your thread where you can speak about your emergency. And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles, I am putting one in the women's section, and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in the read help.

wordenie to go in thoroand holp.	
Wishing everyone the best-Uri	
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Re: I'm about to FALL!!	
Posted by imtrying25 - 07 Jan 2010 10:59	
	:D :D :D
Should i order a set of dentures for him??	
===	
Re: I'm about to FALL!!	
Posted by lamed vavnik - 09 Jan 2010 18:47	
bruce !get out of the house ! G-d help you man	! i'mm saying t'hillim for you right now .
===	

Re: I'm about to FALL!! Posted by penitent - 10 Jan 2010 16:54
anyone there? I am having urges to look at P**n. In a few days my wife will be Mutar to me but until then, "I say why not?" Just to get me through this rough patch. i know that it can lead to other stuff, but, you know, who cares. i need to satisfy the beast. I am holding out. Trying to take one day at a time. Any encouraging words will help.
Re: I'm about to FALL!! Posted by 7yipol - 10 Jan 2010 16:56
guards on his way
Stay strong!
======================================
Re: I'm about to FALL!! Posted by penitent - 10 Jan 2010 16:59
believe it or not, kids are around now, so it seems I am ok for now, too busy with other stuff. i think I'll make it. Thanks, Knowing you're there helps.
Re: I'm about to FALL!! Posted by humanbeing - 10 Jan 2010 16:59
penitent wrote on 10 Jan 2010 16:54:

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take it an hour at a time...Move it out of the place ur in...Close your eyes and thing of the Holy letters of Torah...Picture the letters and breath deeply...You can definetly do this. Hashem has given you this Forum family to help you overcoem the toughest urges

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Re: I'm about to FALL!!

Posted by Kollel Guy - 10 Jan 2010 17:03

DANGER:Don't let go of your caution mode mindset!!

There are a few board members who are having a very hard time at the moment, and we know that when one jew strengthens himself - it gives all other jews strength, **especially** those sharing similar battles, and **double especially** those close to him. We really need someone to step up we have a lot of our brothers in danger!! Please be that tzaddik!!

HATZALAS NEFASHOS!!!

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Re: I'm about to FALL!!

Posted by humanbeing - 10 Jan 2010 17:38

humanbeing wrote on 10 Jan 2010 16:59:

penitent wrote on 10 Jan 2010 16:54:

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The main thing dearest pentinent is that their are many poeple including myself who are going through what your going trhough every day and undetsnad and love you very dearly for the sincerity and courage that you have in confronting the dark parts of yourself....We love you!!!

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Re: I'm about to FALL!!

Posted by Holy Yid - 11 Jan 2010 01:01

Giving is very important. Try reading other peoples posts and try and give them good advice. I do this and I find that it helps in moderation. If I try to help it helps me but if I get too involved it can pull me down.

Also don't think about the fact you feel weak. Pick something to focus on and just let yourself get lost in that thing.

REMEMBER WE ARE WORRIED ABOUT YOU!

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GYE - Guard Your Eyes Generated: 22 August, 2025, 13:42 Re: I'm about to FALL!! Posted by G38 - 11 Jan 2010 17:08 dov wrote on 06 Jan 2010 21:46: If you are an alcoholic, make it on sprite!

How could you do this, HOW!?!!?

If you are diabetic, make it on diet sprite!

Don't you know that here we do it only on....7UP

(mum, I know you are hurt but I stuck up for you)

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Re: I'm about to FALL!!

Posted by lamed vavnik - 11 Jan 2010 22:33

please help me keep my focus . i am n the middle of a big nisayon now and losing my direction and resolve.

Re: I'm about to FALL!!

Posted by ark321 - 11 Jan 2010 22:37

are you ok buddy?

GYE - Guard Your Eyes Generated: 22 August, 2025, 13:42 Re: I'm about to FALL!! Posted by WeWillNotBeForsaken - 11 Jan 2010 22:39 lamed vavnik wrote on 11 Jan 2010 22:33: please help me keep my focus . i am n the middle of a big nisayon now and losing my direction and resolve. Don't give up!!! I just came on this thread to post something similar. I am feeling very weak at the moment. Plus I have this huge headache which for some reason I think will go away if I just give in. :-[YOU CAN DO IT!!!!!!!!! I guess try to think about how bad you'll feel - thats what I'm trying to do (although it isn't working that well). :-[

Re: I'm about to FALL!!

Posted by ark321 - 11 Jan 2010 22:42

try being excused...it may help