GYE - Guard Your Eyes

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I'm about to FALL!! Posted by jerusalemsexaddict - 13 Aug 2009 21:26
Allright so as everyone here knows, we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute. Sometimes the emergency units don't have enough time to respond to put out the fire, or are simply unaware of the emergency.
In any case,I am declaring this guardyoueyes's official 911 switchboard.
If there's an emergency of any sort, even a chashash, post here IMMEDIATELY! And well come to your rescue as soon as possible, iy'h.
You can post your emergency here,or give us a link to your thread where you can speak about your emergency. And our volunteers will respond as soon as possible to your calls.
As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.
Wishing everyone the best-Uri
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Re: I'm about to FALL!! Posted by Kedusha - 09 Oct 2009 02:31
blessed wrote on 09 Oct 2009 02:29:
I am still in the fight, no slips yet today. Almost there. Trying to make it until yom tov which will be somewhat easier.
Fantastic!

Re: I'm about to FALL!! Posted by Noorah BAmram - 09 Oct 2009 04:12
blessed wrote on 09 Oct 2009 02:29:
I am still in the fight, no slips yet today. Almost there. Trying to make it until yom tov which will be somewhat easier.
With tremendous respect to a fellow warrior
Noorah
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Re: I'm about to FALL!! Posted by Holy Yid - 09 Oct 2009 16:00
We are rooting for you. waiting for good news.
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Chazak Chazak! V'Nischazeik! Your strength infuses us all with the strength to forge ahead Re: I'm about to FALL!! Posted by sam15 - 09 Oct 2009 17:51
hi i am new to this site. how do i sign up to use the chat room. i need help. thanks

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<u>Holy</u>	Yid	wrote	on	09	Oct 2009	<u> 19:57</u> :
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sam15 wrote on 09 Oct 2009 17:51:
hi i am new to this site. how do i sign up to use the chat room. i need help. thanks
I tried can't figure it out. I use gchat
I haven't tried chatting yet, but, in the meantime, please start with posting on the forum.
Re: I'm about to FALL!! Posted by Luria - 13 Oct 2009 16:52
slipped a little last night and feel myself about to fall big time. I've put too much sweat and tears into this to let this happen. If someone is around please help - luria.gye@gmail.com
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Re: I'm about to FALL!! Posted by Sturggle - 13 Oct 2009 17:01
just sent u an invite to chat with me, u get it?

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Re: I'm about to FALL!!

Posted by 7yipol - 13 Oct 2009 17:23

I cant chat with you Luria, but you can PM or talk on the forum. We're here, so you arent alone.

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Re: I'm about to FALL!!

Posted by mezibuz - 15 Oct 2009 02:32

I am in need of some urgent help...

I made it to 90 days last week and have been feeling much more settled and free of lustful temptation than I have in a long time. Then, the other night I was innocently changing channels on the television and despite the parent guard settings I had in place, I caught a glimpse of full frontal nudity. I doubt I saw the screen for more than half a second and I decisively turned the channel away... but the image is still very clear in my mind and has ignited my lust and desire to see more.

There is of course the issue of eliminating the TV or putting further blocks on it, but this has family-wide implications I cannot deal with at the moment. My immediate concern is how to calm down the feelings of lust and desire for p**n that are raging within me. So far, I have not fallen, but I am feeling very, very vulnerable. Any help would be much appreciated.

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Re: I'm about to FALL!!

Posted by Noorah BAmram - 15 Oct 2009 02:41

Hi, sorry to hear that u r struggling!

I will share with u some talmudic wisdom, a prayer actually from the mouth of the YH himself.

Say out loud to yourself "may the Merciful One do battle with my evil inclination"
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Noorah
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Re: I'm about to FALL!! Posted by Kedusha - 15 Oct 2009 03:14 Try it! U have nothing to loseexcept the lust (I couldn't resist that pun
You made it to 90 days, before even introducing yourself? That's amazing! Why not start your own thread and tell us about yourself.
As to what to do now, how about printing out the GYE handbooks, getting off the computer, and reading them.
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Re: I'm about to FALL!! Posted by lamed vavnik - 15 Oct 2009 03:18
hey Mezi , stay strong ,good luck! take a break, look at the sky . go do something you like. remember H' loves you and you're special to him.
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