

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by Grant400 - 08 Dec 2020 13:45

[NachalNovea wrote on 08 Dec 2020 13:34:](#)

So I'm engaged. Sometimes I can not stop thinking about everything.

the stress doesn't make it better.

It's getting to be really hard - the filters on my devices saved me so many times in the past month.

im a guy with a lot of energy & she's really amazing - super sweet & would never hurt a fly.

Yes, the stress of getting married can have a negative effect on what is supposed to be the

most exciting and relaxing part of our life. Don't be fazed it's totally normal!

Now, you gotta reign yourself in, which you can do because you have done it in the past. Remember an urge is just a thought. Nothing more. You do have the ability to say no. You have something beautiful and exciting to look forward to and thank Hashem for.

In the meantime try to spend time rewiring your brain about lust. Understand it's not a need and it's not something to be so intimidated by. Gaining this mindset now will help you immensely in your marriage. So hang in there! You know you can!

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Re: I'm about to FALL!!
Posted by NowIsGood - 09 Dec 2020 03:06

Just had a rough math test, and I feel like I may fall tonight. Does anyone have some chizuk?

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Re: I'm about to FALL!!
Posted by Markz - 09 Dec 2020 03:10

[NowIsGood wrote on 09 Dec 2020 03:06:](#)

Just had a rough math test, and I feel like I may fall tonight. Does anyone have some chizuk?

Yes.

What's 90 x 1?

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Re: I'm about to FALL!!

Posted by NowIsGood - 09 Dec 2020 03:18

90. I see -- one day at a time, or even 1 minute.

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Re: I'm about to FALL!!

Posted by Grant400 - 09 Dec 2020 04:14

[NowIsGood wrote on 09 Dec 2020 03:06:](#)

Just had a rough math test, and I feel like I may fall tonight. Does anyone have some chizuk?

Rough math test + sleep = Feeling good tomorrow.

Rough math test + fall = rough tomorrow too.

Seriously though, it's understandable when after a rough situation we want to drown ourselves in mindless lust. Why? Because we want to pacify and make ourselves feel better. For a second. After we feel worse. So, is it enticing? Absolutely, but does it make ANY sense? Absolutely not.

So my friend remind yourself how bad and pained you felt after last fall and don't put yourself through that again!

Now, one more math example:

If Ronald had a rough math test and feels bad, now he wants to lust his way out of his feelings, how long will it take Ronald to realize that he's shooting himself in the nose to spite his face?

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Re: I'm about to FALL!!

Posted by NachalNovea - 09 Dec 2020 16:54

Fought it so much.

17 day streak!!!

is it normal - I was fighting it - told her to come over so we can talk/ hang out.

I think I do it bc she inspires me to me the best I can be. Thoughts?

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Re: I'm about to FALL!!

Posted by ??? ????? ????? ??? - 09 Dec 2020 17:05

[NachalNovea wrote on 09 Dec 2020 16:54:](#)

Fought it so much.

17 day streak!!!

is it normal - I was fighting it - told her to come over so we can talk/ hang out.

I think I do it bc she inspires me to me the best I can be. Thoughts?

I would venture to say that most of us in the GYE community struggle when we are in seclusion and alone. So, I think what you did was great! I wish you that your kallah should always inspire you to be the best you can be.

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Re: I'm about to FALL!!
Posted by YeshivaGuy - 14 Dec 2020 06:01

How u been buddy?

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Re: I'm about to FALL!!
Posted by YeshivaGuy - 20 Dec 2020 01:14

Soo? How u been man?

Come back! We need you!

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Re: I'm about to FALL!!
Posted by Shaul5781 - 21 Feb 2021 17:49

I need help... i was working, and unintentionaly i saw an inappropriate photos and now i want to do it again!

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Re: I'm about to FALL!!
Posted by eyes - 21 Feb 2021 18:02

no dont PM me now

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Re: I'm about to FALL!!
Posted by Lou - 21 Feb 2021 18:19

[Shaul5781 wrote on 21 Feb 2021 17:49:](#)

I need help... i was working, and unintentionaly i saw an inappropriate photos and now i want to do it again!

Can you step away from the computer? Maybe take a walk,learn something,call a friend?? Anything to distract you and then when you have a more reasonable frame of mind you can analyze what went wrong and how to fix it.

Hatzlocha!

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Re: I'm about to FALL!!
Posted by DavidT - 21 Feb 2021 18:38

[Shaul5781 wrote on 21 Feb 2021 17:49:](#)

I need help... i was working, and unintentionaly i saw an inappropriate photos and now i want to do it again!

Think about all the people on GYE that are reading this. When one person shows strength, he inspires so many others, the zechus is HUGE!

Do what yosef did.. RUN!

Looking forward to hear how you help up.

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Re: I'm about to FALL!!

Posted by Shaul5781 - 21 Feb 2021 18:45

Thank you a lot! Every Message is inspirational!!

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