

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by R76 - 20 Nov 2013 07:18

[Dov wrote:](#)

Rather, what I *am* saying is: you have bigger fish to fry and if you focus on your sinning, you may succeed at that for a day - but if your other issues are not faced and worked on, you will set yourself up for continued failure in the sinning area, as well.

Definitely I have more then that sin. I pray only a small fraction of Amidas and miss most morning services. I eat semikosher food. I hope I can at least stay off the worst sin.

I am addicted to Internet -- I do not watch adult stuff, but I read lots of forums and particularly liberal -- conservative flame wars hours per day. I do not get into these wars but I read them. I also play video games.

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Re: I'm about to FALL!!

Posted by R76 - 20 Nov 2013 07:20

[Dov wrote:](#)

Are you getting help for your Asperger's? Are your parents accepting you with whatever limitations you have? You imply that they expect you to be a doctor or lawyer - is that what you are aiming for also - or is it just them?

My father thinks that if I am not a PhD level mathematician, I will not find any job. Is there a way to find a reasonable disability -- based job?

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Re: I'm about to FALL!!

Posted by Dov - 20 Nov 2013 12:41

The people to ask these questions to exist. They are called guidance counselors, employment counselors, etc. GYE is not the place for that help. Tzei ul'mad - go out and learn from the people made for that, chaver.

"...I hope I can at least stay off the worst sin." - Gevalt. Get some reliable, sane Orthodox rabbi ti open up and talk with about this. There is a reason that masturbation is only an inference on the Torah, and not mentioned explicitly anywhere in the 613 mitzvos. It is not supposed to be focused on!

Real life is not, '*not masturbating*'. In fact, it is not even '*not sinning*'. Real life is about what you **do**. Get to work living, and quit pouring your energies into the epic battles of saving your soul. You have bigger fish to fry, man.

Are you setting your sights on Mathematics and a PhD in it? That's great! But you write about it like you may not be. Are you stalling, or are you working on something?

Are you too young to be worrying about all this stuff anyway and just worrying yourself into a tizzy over all this PhD stuff and your father? If so, that will certainly fuel your porn and masturbation more than 'The Yetzer Hora' will!

I bet if you found a good guidance and employment counselor to help you out, and got on the way you need to go, you'd have far fewer struggles with your sex desires than if you keep wrestling with your 'Yetzer Hora'.

Hatzlocha!!

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Re: I'm about to FALL!!

Posted by R76 - 21 Nov 2013 03:59

I am 37, have a PhD in Mathematics, unemployed.

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Re: I'm about to FALL!!

Posted by Dov - 21 Nov 2013 15:39

Oh, right...you wrote that a while back, sorry i forgot.

OK, so then you *have* satisfied your father's 'requirements' for success - and it obviously is not working...cuz behold, you are still not employed. What more will you do in order to satisfy the requirements of *others* in defining *your* success?

But did you hear what I wrote?

I bet if you found a good guidance and employment counselor to help you out, and got on the way you need to go, you'd have far fewer struggles with your sex desires than if you keep wrestling with your 'Yetzer Hora'.

If you fix up some of the dysfunctional ways you are living in Olam hazeh, you will have far less problems regarding your Olam haboh. By all means, be a good Jew - but less focus on 'the epic spiritual struggle' is probably a lot better for you.

That is not always the rule, but in *your* case right *now*, my heart suggests this for you to consider.

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Re: I'm about to FALL!!

Posted by R76 - 22 Nov 2013 05:15

[Dov wrote:](#)

If you fix up some of the dysfunctional ways you are living in Olam hazeh, you will have far less problems regarding your Olam haboh. By all means, be a good Jew - but less focus on 'the epic spiritual struggle' is probably a lot better for you.

Unfortunately I focus on spiritual issues very little. Most of the times I am reading political arguments online.

Given that I have family problems plus depression plus Asperger's syndrome I do not think I have any chances in this life.

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Re: I'm about to FALL!!

Posted by R76 - 22 Nov 2013 05:17

[Dov wrote:](#)

Oh, right...you wrote that a while back, sorry i forgot.

OK, so then you *have* satisfied your father's 'requirements' for success - and it obviously is not working...cuz behold, you are still not employed. What more will you do in order to satisfy the requirements of *others* in defining *your* success?

Thank you very much for understanding me. In many families there is a huge problem between Orthodox Jewish parents and a non -- observant "adult child". At least observance is crucial for serving G-d and eternal life. Mathematics is useless.

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Re: I'm about to FALL!!

Posted by Machshovo Tova - 22 Nov 2013 20:03

[R76 wrote:](#)

...Given that I have family problems plus depression plus Asperger's syndrome I do not think I have any chances in this life.

Dear R76,

Sorry to read about your many problems. But why give up and make life even more miserable? Why not make the best of it? I know (and perhaps you do too) many people who are in worse situations than you, and yet they manage to pull themselves together and celebrate life as best as possible. If you can't do it on your own, there are many professionals out there that can help with exactly such issues.

Hatzlacha

MT

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Re: I'm about to FALL!!

Posted by R76 - 23 Nov 2013 00:04

[Machshovo Tova wrote:](#)

Sorry to read about your many problems. But why give up and make life even more miserable? Why not make the best of it? I know (and perhaps you do too) many people who are in worse situations than you, and yet they manage to pull themselves together and celebrate life as best as possible. If you can't do it on your own, there are many professionals out there that can help with exactly such issues.

Thank you. I will pray to G-d for help.

Maybe G-d has already helped me by not giving me resources to enjoy sinful life too much.

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Re: I'm about to FALL!!

Posted by laughingman - 24 Nov 2013 00:02

I have only seen a little of this conversation and I have to say that it's great that you have a PhD in mathbut success in learning is not the equal of success in work in the secular world ...it's the results that count ...

In mitzvot the learning in and of itself is rewarded...according to the effort not necessarily the outcome

Back to secular work.....I have seen newly minted lawyers scrambling to pay off their often huge debts and I have seen high school dropout millionairesthe lesson.....it doesn't really matterwhat matters is for a person to look inside and find a job that is easy enough for HIM and makes HIM enough that he can live honestly ...in fact there is a Gemara in Berachot that says this (can't remember precise location) I would hope your parents want your overall happiness to be more important than simply your apparent successful entrance into their dream for you....think about what you actually like to do that is useful and use the net to find what that translates into jobwise...the. see if it's realistic...

And of course pray to Hashem because he controls exactly who and how a person gets money or support or anythingand He is unlimited

He can change your situation in a heartbeat....even faster

I used to be in finance ...then do to ...a long story I now fix computers for a living....

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Re: I'm about to FALL!!

Posted by Dov - 27 Nov 2013 12:21

[R76 wrote:](#)

[Dov wrote:](#)

OK, so then you *have* satisfied your father's 'requirements' for success - and it obviously is not working...cuz behold, you are still not employed. What more will you do in order to satisfy the requirements of *others* in defining *your* success?

Thank you very much for understanding me. In many families there is a huge problem between Orthodox Jewish parents and a non -- observant "adult child". At least observance is crucial for serving G-d and eternal life. Mathematics is useless.

And you write:

Unfortunately I focus on spiritual issues very little.

But you **do** focus on making a big spiritual deal of your 'struggle', as you wrote:

I hope I can at least stay off the *worst sin*.

"Worst sin?" How convenient. You have done the worst, so no wonder life and eternity are all but lost, huh?

To be frank, it sounds to me that you are copping-out rather than accepting real life, so you are using religion as an excuse to focus all your energies and all your blame.

Sperm is not your main issue, and 'eternal life' doesn't *really* matter to you nearly as much as you are making it out to. You are **not** a failure at life and all is **not** lost. Moaning about how your 'eternity is lost' due to 'sins', and about your parents and the orthodox conflict is just enjoying the luxury of a victim-hood that you do not deserve. On AA they say "Poor me, poor, me, pour me a drink!" (it kind of rhymes...).

MT suggested focusing on making the best with all you have. He is of course 100% right! And that will take patience, prayer and work. Laughingman suggested learning to trust G-d a little more . That will take some practice, prayer, and work, too.

Whatever you do, speak to your therapist or other adviser (if you have one) about alternatives to victim-hood or religious blaming of yourself, G-d, and others.

Getting your life stable will need to come first, whether you are still sinning or not.

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Re: I'm about to FALL!!

Posted by R76 - 04 Dec 2013 07:45

Thank you. On many forums I talk about the ways different people and society have been unfair to me. Talking about my sins against G-d is not easy.

In this life I do not see any chance of success -- I wasted so many years on mathematics and I have no life skills.

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Re: I'm about to FALL!!

Posted by R76 - 04 Dec 2013 07:49

[Dov wrote:](#)

'eternal life' doesn't *really* matter to you nearly as much as you are making it out to.

On many forums and places I talk about my failure in this life. But on Jewish sites I talk about the other life.

In reality, serving G-d and eternal life should matter much more to me. But I am caught up in the worldly addictions.

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Re: I'm about to FALL!!

Posted by breakingfreehayom - 05 Dec 2013 01:06

Can you answer these questions:

Why do you think you are still in this world? What use could Hashem have for you? Do you know why you were put here in this world?

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