

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by tshuvah5771 - 01 Jul 2011 09:56

b"h so far i passed, it was really tough

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Re: I'm about to FALL!!

Posted by emunah17 - 01 Jul 2011 15:22

Hello How long does it take to get answered here

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Re: I'm about to FALL!!

Posted by KiviYVY - 01 Jul 2011 15:31

[emunah17 wrote on 01 Jul 2011 15:22:](#)

Hello How long does it take to get answered here

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Re: I'm about to FALL!!

Posted by KiviYVY - 01 Jul 2011 15:34

[tshuvah5771 wrote on 01 Jul 2011 09:56:](#)

Depends on the question

b"h so far i passed, it was really tough

Have you considered letting Hashem help you with this instead of fighting this on your own?

Perhaps you'd be interested in this - www.guardyoureyes.org/?page_id=678

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Re: I'm about to FALL!!

Posted by Lo Sasuru - 04 Jul 2011 19:45

Hello its been a long time since I last posted, but I have been using the 90 day chart.

I need some major help right now. I'm not sure if I can get through this day. I don't know why or what to do but please give me advice/chizuk!!!

Thanks in advance!!!

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Re: I'm about to FALL!!

Posted by KiviYVY - 04 Jul 2011 19:55

I'd love to help. What's going on?

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Re: I'm about to FALL!!

Posted by Dov - 04 Jul 2011 20:03

What kind of help would you like, specifically, chaver?

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Re: I'm about to FALL!!

Posted by Lo Sasuru - 04 Jul 2011 20:22

idk... any help. its a very hard day for me for no specific reason. I just feel like I'm want to jump off a cliff (figuratively speaking) and indulge all my taavos tonight.

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Re: I'm about to FALL!!

Posted by Dov - 04 Jul 2011 20:32

Well, for one thing, if your priority is to get through this night without touching your penis, with Hashem's loving help, that'd be a good start.

For another thing, how about getting specific about what you would like to do. If you are open and honest about that rather than hide it (for whatever excuse - 'frum', or otherwise), the burden

is lighter. Actually, getting open with others about exactly what you are feeling like and (if you are lusting already - exactly what you are wishing to do) is the '1st step', in a way.

Use us.

Use Hashem.

That is what He wants from us. To use Him.

Go ahead, chabibi!

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Re: I'm about to FALL!!

Posted by KiviYVY - 04 Jul 2011 20:33

Would you be up to visiting a hospital? Just walk around, shmooz with the families visiting their loved ones in the ICU, speak to some of the elderly, see the new babies in the maternity ward. It will do loads to shift your mood and perspective.

Also - you might consider joining the 12 step phone conferences. You'll get real tools that really work at busting the lust.

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Re: I'm about to FALL!!

Posted by Lo Sasuru - 05 Jul 2011 01:34

I just wanted to let you know. I fell. I know its not the end of the world or anything near that, and with help form the "sorry you fell" email I was able to pick up and start again!

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Re: I'm about to FALL!!

Posted by Blind Beggar - 07 Jul 2011 20:51

Re: I'm about to FALL!!

Posted by Dov - 08 Jul 2011 05:41

I won't look. Just wake me up when it's over, BB. I'll be sleeping in Hashem's 'arms'...

Re: I'm about to FALL!!

Posted by Sturggle - 08 Jul 2011 15:51

I'm about to slip, fall, tumble. I am reaching out for help, a hand.

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