

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

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Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by markz - 29 Feb 2016 10:11

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[On April 28 2015 - David26fr wrote:](#)

Hello all,

But I have a big big attack of lust since, and it is very difficult to resist.

15 minutes ago, I was beginning to search for some lust on the Internet, and my head was out of control... But I remembered of my Tapshic neder !

One of my conditions was to go outside for 10 minutes.

I did so, and the cold time outside refreshed me, and the desire began to go down... Phew !

I am running to GYE and I pray that I can stay sober... only for the next hour

Welcome back!

There's a dropdown on top of the page for Taphsic. Have you come across any other trucking tools yet

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Re: I'm about to FALL!!

Posted by Aryeh821 - 06 Mar 2016 23:38

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HELP!!!

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Re: I'm about to FALL!!

Posted by cordnoy - 06 Mar 2016 23:41

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What's doin'?

We are here.

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Re: I'm about to FALL!!

Posted by Aryeh821 - 06 Mar 2016 23:46

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Feeling the urges again I really don't want to fall

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Re: I'm about to FALL!!

Posted by cordnoy - 07 Mar 2016 00:03

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What have you done in the past?

What can you do now?

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Re: I'm about to FALL!!

Posted by Aryeh821 - 07 Mar 2016 00:07

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I haven't really done anything in the past

the main problem right now is that I need to take a shower and I know if I go into that washroom I'm done

any suggestions?

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Re: I'm about to FALL!!

Posted by cordnoy - 07 Mar 2016 00:12

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Stay smelly.

Pray.

Do what you always do.

Commit to a one minute shower.

Read the handbook.

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Re: I'm about to FALL!!

Posted by Aryeh821 - 07 Mar 2016 00:38

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Re: I'm about to FALL!!

Posted by markz - 07 Mar 2016 02:50

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Aryeh I was gonna recommend you read the JHF section, but now I see this is also

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B"H made it out safe ,sound and unsmelly

Re: I'm about to FALL!!

Posted by BenTorah.BaalHabayis - 07 Mar 2016 03:45

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[Aryeh821 wrote on 07 Mar 2016 00:38:](#)

Glad to hear!

I was going to recommend you take a cold (I don't mean luke warm, I mean COLD) shower. It's not pleasant but almost ensures nothing will happen!

Re: I'm about to FALL!!

Posted by Aryeh821 - 07 Mar 2016 04:15

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[markz wrote:](#)

Aryeh I was gonna recommend you read the JHF section, but now I see this is also

What's JHF

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Re: I'm about to FALL!!

Posted by markz - 07 Mar 2016 04:19

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[JHE](#) where most of my post count comes from thank Gd

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Re: I'm about to FALL!!

Posted by Blind Beggar - 09 Mar 2016 20:49

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Glad to hear it.

If I would have seen this in real time I would have told you to commit to posting here immediately after your shower. Bracketing showers or other risky activities by posting or calling a friend before and committing to contact him afterwards is a good way to stay clean.

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Re: I'm about to FALL!!

Posted by markz - 09 Mar 2016 21:04

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Time to start a gye shower call number - replaces singing in dem shower, and hey BB great to see you back!!

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Re: I'm about to FALL!!

Posted by 1daat - 24 Mar 2016 23:36

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BB, yoel here (1daat). It's so good to "see" you. I've got a bit of a streak going, and then I started to work on some writing I have to do, and then it comes in full force with the anxiety and the voices telling me it will take away all that stress. Instead I come here, and there you are.

Whew, Megilla in half an hour, and I haven't yet davened Mincha. So I'm going to daven Mincha and then go to Purim party, and maybe that will shake this out of me. Just talking to you helps so much. Thank you for still being here. Much love. Chag sameach.

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