

I'm about to FALL!!

Posted by jerusalemsexaddict - 13 Aug 2009 21:26

Allright so as everyone here knows,we on the site often here desperate "call-outs" from people who feel that they are about to fall any minute.Sometimes the emergency units don't have enough time to respond to put out the fire,or are simply unaware of the emergency.

In any case,I am declaring this guardyoueyes's official 911 switchboard.

If there's an emergency of any sort,even a chashash,post here IMMEDIATELY!And well come to your rescue as soon as possible,iy'h.

You can post your emergency here,or give us a link to your thread where you can speak about your emergency.And our volunteers will respond as soon as possible to your calls.

As some people might feel uncomfortable reading women's struggles,I am putting one in the women's section,and whoever feels safe creeping over to the other side of the mechitzah is welcome to go in thereand help.

Wishing everyone the best-Uri

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Re: I'm about to FALL!!

Posted by `Chaim - 29 Jan 2016 05:29

I anyone there? or am I not coherent enough for anyone? Or am I too much of a sicko to even help?

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Re: I'm about to FALL!!

Posted by `Chaim - 29 Jan 2016 08:54

someone please help me.. I can't fall asleep..

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Re: I'm about to FALL!!

Posted by cordnoy - 29 Jan 2016 10:40

[`Chaim wrote on 29 Jan 2016 08:54:](#)

someone please help me.. I can't fall asleep..

Sorry that there were no replies.

I do hope you did in fact fall asleep.

Perhaps start your own thread explaining your specific issue. People will identify more there.

Mazel tov and hatzlachah

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Re: I'm about to FALL!!

Posted by dovb - 02 Feb 2016 14:53

could it be that you think of your kallah as a sex object? it could be hard not to.

Hatzlacha

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Re: I'm about to FALL!!

Posted by Bigmoish - 02 Feb 2016 15:05

Welcome dovb.

You seem to have had a lot of success here.

Care to share with us what worked for you?

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Re: I'm about to FALL!!

Posted by Workingguy - 02 Feb 2016 15:36

[buildingarainbow wrote on 19 Jan 2016 23:58:](#)

I NEED HELP ADDICTED TO DRUGS AND SEX!

Haven't heard from you for a while. How are you doing? You ok, or need to talk?

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Re: I'm about to FALL!!

Posted by Workingguy - 02 Feb 2016 15:40

[`Chaim wrote on 29 Jan 2016 05:07:](#)

Mind not clear right now but will try to write..

I got past 90 days but I think because I got engaged.

I fell once after that

I need guidance for how to deal with this at the stage of life I am at now

I have a Iphone and very frustrating trying to get it restricted with out me being able to get the password and also keep finding ways around the restrictions.

My phone needed updates and today I made the restrictions a little more lax after bringing

phone to person with password.

I got sucked into the excitement of trying to get around the newly lax restrictions and was successful.

I feel extremely triggered and can't think. What has gotten into me?? What type of sicko gets off the phone with his Kalla and has to deal with this now?? I can't fall!! it will kill me

Is it possible to have a smartphone? I just need whatsapp... this is giving me too much stress.

I am a Chosson. I was clean for a month and a half before I even started dating. A true success. But after that I think only because dated and engaged to first girl. Am I a sicko? I need to deal with this before marriage..

Sorry for random thoughts but I read this is the thread for emergencies and I am about to fall and I feel if I do I will fall hard this time and this is not the time to do so. Can't think clearly either.

Sicko? I think not. There's a famous story with one of the Chassidishe Rebbes who had a chasid who came to him. The chasid said "Rebbe, I think my son has lost my mind. He is dancing with shiksas and eating pig!" The Rebbe said "He didn't lose his mind at all. If he was dancing with pigs and eating shiksas, THEN he lost his mind!"

It is so simple to protect your iPhone if you want to. But of course, someone else will have the password. I'm pretty sure that TAG might be able to hold the password for you. If you want information on how to secure your iPhone, Send me a private message.

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Re: I'm about to FALL!!

Posted by dovb - 02 Feb 2016 15:47

Baruch Hashem i found GYE soon after i began to fall. Reading posts and tips helped me pull through so far. Thanks!

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Re: I'm about to FALL!!

Posted by My Beautiful Rainbow - 02 Feb 2016 23:15

[Workingguy wrote on 02 Feb 2016 15:36:](#)

[buildingarainbow wrote on 19 Jan 2016 23:58:](#)

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I have ben using the taphsic method and reading the handbook and has been helping me so far....!!! thanks for asking about me!

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Re: I'm about to FALL!!

Posted by Workingguy - 02 Feb 2016 23:34

[My Beautiful Rainbow wrote on 02 Feb 2016 23:15:](#)

[Workingguy wrote on 02 Feb 2016 15:36:](#)

[buildingarainbow wrote on 19 Jan 2016 23:58:](#)

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Great! Keep it up; we're cheering for you!

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Re: I'm about to FALL!!

Posted by Helpmrstop22 - 05 Feb 2016 06:00

Anyone here?

I could use some help

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Re: I'm about to FALL!!

Posted by markz - 05 Feb 2016 06:15

[Helpmrstop22 wrote:](#)

Anyone here?

I could use some help

Hi I can try help as much as Im capable / culpable

Hows [Mrs Top](#) been doing the past few months?

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Re: I'm about to FALL!!

Posted by testchart1 - 25 Feb 2016 10:17

78?78?:sleep:

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Re: I'm about to FALL!!

Posted by laughingman - 25 Feb 2016 12:42

Maybe this thread should be renamed the "help i have the urge to act out" threadcalling it a "fall" sorta distorts the minds perceptionwhile we all want to be "90 days" or "x days" or whateverbut as far as i know anyone who i have spoken to who has delved into the 12 steps and remained "clean" speaks of "acting out" as a way of understanding our true nature in these problemssomething to consider

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Re: I'm about to FALL!!

Posted by David26fr - 29 Feb 2016 08:17

Hello,

The last night was very difficult, and I slept only 3 hours... I managed to stay clean but the day that is beginning makes me afraid ! I have a good Taphsic, filters, but I am very tired, the fall seems so marvellous (even if I know that is illusion and despair clearly as I know that the sun is

yellow), and I feel that everything can happen now :/

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