

Everyby addict is a "Top Guy"

Posted by Yossi.L. - 09 Oct 2011 16:56

Almost every addict to post on this site starts off with the "I'm(or was) a top guy" sentence. Since we are all current or former top guys, it seems like GYE has all our future gedolim on it's site!

My point is: by what barometer are you the "top guy"? Search a little deeper. Is you fantasized mind creating and sustaining the "top guy" illusion while the rest of the world ain't on board?

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Re: Everyby addict is a "Top Guy"

Posted by showoff - 09 Oct 2011 21:16

I have not seen what you are saying that much.Can you point out 6 examples of that besides obviously me and you.Thank you for this thread.

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Re: Everyby addict is a "Top Guy"

Posted by Yossi.L. - 09 Oct 2011 22:09

Showoff,

I am not going to waste my time looking through peoples threads to find it, but I have read quite a few threads and this "top guy" feeling is quite common.

Yossi

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Re: Everyby addict is a "Top Guy"

Posted by Me3 - 09 Oct 2011 22:17

First of all you guys can't be the "Top guys" because that would be me, obviously. Second of all.....

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Re: Everyby addict is a "Top Guy"

Posted by showoff - 09 Oct 2011 22:31

Maybe you only think like that because the 2 people that you know that are sex addicts happen to be top guy. I think so many guys are from outside the yeshiva system.

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Re: Everyby addict is a "Top Guy"

Posted by Yossi.L. - 09 Oct 2011 23:55

abc

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Re: Everyby addict is a "Top Guy"

Posted by showoff - 10 Oct 2011 11:09

What is abc?

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Re: Everyby addict is a "Top Guy"

Posted by Me3 - 10 Oct 2011 13:29

If you were really a Top guy you would know.

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Re: Everyby addict is a "Top Guy"

Posted by ZemirosShabbos - 10 Oct 2011 15:14

from the GYE Handbook

In general, those who struggle a lot with these issues, have a great deal of emotional and spiritual

energy inside them. It is they who actually have the capacity and potential for the most intense spiritual connection with Hashem. We just need to learn how to channel the energy of our souls in

the proper ways.

It is also known that people with particular character traits, such as creativity, love for people and

spiritual sensitivity, are more prone to seeking alternate expression for their inner strengths through a stronger than usual lust drive. That is why it is so important to learn how to channel the

strengths we have in the proper ways. Heightened lust is actually a symptom of a deep subconscious need that, for some reason, has still not reached fulfillment.

Our Sages have said (Sukkah 52a, discussing the desire for lust): "Whoever is greater than his friend, his Yetzer is greater as well". It is important to understand that, in a psychological sense, the Yetzer Tov and the Yetzer Hara are really the same inner force. The greater a person is, the more his soul's strengths require expression, and these strengths will ultimately burst forth and find expression in either a positive or negative way.

As Rav Tzadok (in Tzidkas Hatzadik #44) writes, if a person has major temptations, he should not

be saddened about blemishes in his soul; on the contrary, he should be glad to realize that he

has special strengths that need to be properly channeled. This, he explains, is what Chazal meant by "One who is greater than his friend, his Yetzer is greater as well."

Later on, Rav Tzadok explains (based on the Zohar) that the Dor Hamabul and the Dor Hamidbar

who received the Torah, shared the same souls. And he explains that the reason is based on the

above principle. The Dor Hamabul's major sin was spilling seed, as is well known from all the kabalistic oriented seforim, and the Dor Hamidbar were Zoche to receive the Torah. Rav Tzadok explains that the spiritual energy is one and the same. The fake desire for lust is the flip side of the same coin of a true desire for Torah and spirituality. And he explains further, that this generation will appear once again in the days before Moshiach, where the spiritual Kochos will once again succeed in overpowering the koach of lust.

So let us direct our spiritual vigor into our prayers. We will be amazed at how uplifting they can become! And let us start doing the mitzvos with enthusiasm and learn Torah with passion! We were given a gift by Hashem because the struggles we experience are really just the vibes of our

souls, striving for genuine expression and a true connection with the Almighty.

Our Divine service can be so much more than average if we use the struggle in the way it was intended by Hashem, as a spring-board for growth. Spiritual progress that might take other people many years of intense Divine service to achieve, we can attain through this struggle in a very short time if we use it right!

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Re: Everyby addict is a "Top Guy"
Posted by gibbor120 - 10 Oct 2011 16:07

Also, many of us deal with our emotional issues by becoming perfectionists. We look great to people on the outside who don't realize what is driving us. But, that is really besides the point. The point people are trying to convey is that an addict can look normal or even great to the

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Re: Everyby addict is a "Top Guy"
Posted by kidushashem - 10 Oct 2011 16:18

outside world, but...(insert story here

I'm not sure what you mean by "top guy" but I would say that I fit into that category according to many definitions.

I have very good middos and I'm intelligent.

I never tried convincing myself that I am top guy. In fact, I have/had issues with low self esteem and my issue with P&M just made it worse. Most people I know view me as much much bigger than I view myself.

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Re: Everyby addict is a "Top Guy"
Posted by showoff - 10 Oct 2011 19:53

thank you zemmy for that clip.

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Re: Everyby addict is a "Top Guy"
Posted by Yossi.L. - 10 Oct 2011 23:24

Zemiros: Great clip! Thank you.

Showoff: I had previosly written a post that i wanted to remove, but i didn't know how. I only knew how to modify it. Therefore I modified and just wrote abc.

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Re: Everyby addict is a "Top Guy"

Posted by Yossi.L. - 10 Oct 2011 23:38

Kidushashem, Gibbor, Showoff: What I mean by top guy is the following: You externally personify and act similar to how(what you think) an actual top guy would act. Because of this act your Rebbeim/Contemporaries/Talmidim treat you as if you were an actual top guy. Thereby leading you to ostensibly and falsely consider yourself a top guy. Thereby leading you to write on GYE a statement such as "besides for myself being stooped in my addiction I am otherwise a top guy." Separating the addiction from the qualifications of being a top guy is a grave mistake. It's telling yourself that everything is perfect aside from this addiction. It is a strong signal that you view your addiction as a seperate entity from your inner being. If you are an addict then YOU are an addict. Your inner being is an addict. And if you are not fighting your addiction and instead you are stooped in addiction then by what qualification process are you considering yourself to be a top guy?

Intelligence does not make you a top guy.

Knowledge does not make you a top guy.

Experience does not make you a top guy.

POTENTIAL does not make you a top guy.

Consciously "living" and truly being focused on your battle(whatever it may be) and fighting on,becoming a better person, growing, these are the qualities of a top guy.

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Re: Everyby addict is a "Top Guy"

Posted by gibbor120 - 11 Oct 2011 05:03

again, I think that's the point ppl are trying to make. They are fragmented. Top guy on the

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