

losing my way

Posted by andsm1 - 08 Dec 2008 18:16

i am a new writer here

i tend to ramble and get off-topic because of the all-encompassing nature of the suffering i deal with on a daily basis and how it has begun turning me from the one of a kind to just another failure

my life or childhood to be more specific was one of statistics

according to statistics because of how i grew up on the one hand i should be a murderer on death row by now or dead already

or i should be the next great rabbi

i went to some of the best yeshivot in my childhood and dealt with a very difficult home life so the fact that i never had these problems till my late teens/early adult time is deemed by many nothing short of a miracle though i view it as a convenience thing really

you see till i was much older i was extremely shy and my natural development prevented me from having these kinds of problems on any level except the most basic like shomer negiah that never went too far (or so i thought at the time now i know even that was too far) (im sorry the "e" on my keyboard is stuck hence the typos)

but now i am married with 3 kids and i only now struggle with both taharat mishpachamostly lack of knowledge because of a lack of a rabbi i trust

and with mas-----tion on a level never seen in my life

i know this is weird to many that soo well a person falls at the time when most have it easier but there was a kohen gadol once who went 80 years being the only man who could see G-ds presence in the kodesh kodoshim on yom kippur to being conservative-like i know its not soo alike but it just shows younever let your guard down

im trying to beat this with everything i've got just like my many other problems because if i dont succeed there are countless others who look to me to see themselves who will give up too

p.s. i hope ii dont come off as full of myself or something i just know that evry prson has their utimate potential in dirct connection with how they got where they are and also my self believe in this one area is the only shred of self-confidence i truly have

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Re: losing my way

Posted by jack - 15 Dec 2008 18:19

an important aspect of this site is that a person gets up 7 times after falling BEFORE he becomes a tzaddik.it's only after the 7th fall/getting up cycle that he's called a tzaddik! falling is part of the process! but we have to get up.i failed for 38 years.i'm not at all saying that i'm a tzaddik, but i AM saying that i knew this posuk, and therefore i NEVER lost hope in myself.and then you know what happened? reb guard came along and i finally made it. and dont think it's easy either.when i'm feeling weak, i turn on 'jack's nigun' and i remember my accomplishments, and i get back on track.

the successful person, in ANYTHING, is NOT someone who never fell, it's the person who fell and then got up! and the failure is the person who fell but DIDNT get up.but you need help to get up - ayn chovush matir atzmo mebais h'asurim.the people on this site will help you get up - use them, that's what they're here for - they're not here for ANY OTHER REASON! call that phone line! call that phone line! heal! heal! heal!

reb guard, maybe give everyone who makes 90 their own niggun so they can use it to remember their accomplishment and pull themselves back when they are feeling weak? BESIDES the wall of honor? thanks again rebbe umori. jack

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Re: losing my way

Posted by jack - 15 Dec 2008 18:47

and more..

this is going to sound crazy, but many hollywood stars came from broken homes.alright, they went to a life of divorce, drugs, abortions, etc, but they made stardom! their names are up in lights! believe it or not, when i heard this, i said there must be hope for me.if they could do it, i could do it too.only i dont want their lifestyle, obviously, but i do want their rising from the ashes!

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Re: losing my way

Posted by Elya K - 15 Dec 2008 20:14

Sounds like you need someone to talk to. This is why a sponsor or people in a group is critical.

You haven't let anyone on this forum down. This is normal for people starting out. Each step we learn something about ourselves. Each slip should motivate us to explore the reasons we act out and what caused it (resentment, anger, depression, loneliness). Don't let the Yetzer Hora convince you it's hopeless and you should just keep doing it. Instead stay strong and start over.

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Re: losing my way

Posted by the.guard - 15 Dec 2008 23:30

Jack, good point about making everyone their own Niggun. I will do that bl"n. Halevai we get more people to get to 90 days!

(although I promised already one guy on the forum to put up Ka-Echsof for him when he gets to 45 days :-)

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Re: losing my way

Posted by the.guard - 16 Dec 2008 10:47

Was that you who I promised it to? I forget. Remind me :-)

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Re: losing my way

Posted by battleworn - 16 Dec 2008 12:30

You didn't let us down at all. That's the way it's supposed to be. All of life is that way. Sometimes we fall, that's normal.

What separates the winners from the losers, is how fast you get back up and how well you learn from you mistakes.

Hashem wants our effort, our perseverance and our reliance on Him, not our success!

I also agree with the others that you should talk to someone.

CHAZAK VEEMATZ!!!

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Re: losing my way

Posted by battleworn - 16 Dec 2008 13:07

Guard, you promised the niggun to holy "be holy" but we're also waiting.

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Re: losing my way

Posted by andsm1 - 24 Dec 2008 07:16

hi i promised to update and i am

i am now on week 1 starting today

im gonna try to do this one week at a time or day as it really goes

anyway im one week away from a road test

if i pass and get my license i can get more work and if im driving all day the yetzer will have no chance to deal with me

i hope i do its the last part of 2 1/2 years of process

in the mean time i know usually these types of requests are usually on a diferent part of the forum but does anyone here wanna "buddy up" with me on email and not only deal with this issue but others like it on email too

let me know

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Re: losing my way

Posted by Mevakesh Hashem - 24 Dec 2008 14:24

andsm1,

One day at a time! That's the only way to triumph over the eveil Yetzer Hara.

Feel free to contact me privately anytime.

Chazak V'Ematz!

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Re: losing my way

Posted by UTS - 28 Dec 2008 20:33

To the Guard shlitoh,

No it was not me that you promised the niggun to Koh Echsof to. But still, I would like to have it when you post it.

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Re: losing my way

Posted by andsm1 - 31 Dec 2008 16:33

i failed my road test

i feel real bad about it

any pointers on things like this here

maybe this is the wrong place for this but its whats affecting me now

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Re: losing my way

Posted by BentleyJunkie - 31 Dec 2008 17:32

is there anything that you did wrong on your road test?

I wouldn't worry too much about failing to be honest...i made a mistake on mine (but didnt fail though). I do remember that i was very stressed...and driving at first seemed as foreign to me and trying to fly and fighter plane. But you start to get used to it, you start to get a feel for the car, you start to get a feel for how all of it work and fits together. And after some time, it becomes like second nature. It no longer involves so much thinking and worrying and stress. You just need to practice and start to feel confident. Don't get stressed out, just try again...and keep practicing...but don't succumb to fear and worry and feeling down.

Wish you the best of luck!

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Re: losing my way

Posted by the.guard - 31 Dec 2008 20:34

Are you going to give up on the road test? No! You can't afford to. You **MUST** pass, no matter what it takes. And that's what Hashem is teaching you here. Maybe that's even why you failed. He is showing you that that no matter how hard it seems, no matter how many failures you have, there is no such thing as giving up. We can't afford to give up. It's our eternity! When you accept you will never give up on fighting the Yetzer Hara, I bless you with the power of the GUE forum and Teshuvah going on here, that you will pass the road test and start to see much Hatzlacha in your life.

Everyone, I need all of your Amens!!

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Re: losing my way

Posted by andsm1 - 04 Jan 2009 16:17

has any of you ever been at a very low career point and had alot of kids to feed at the same timeany pointers how to deal with the constant pressure to do better (get better jobs etc.) while you know that your doing what you can

im trying to choose a whole new career line that will keep me happy

im sorry i keep comin here off topic but i trust this place more bein anonymous an all

thanks for hearin me

by the way im 2 weeks into being cold turkey on not "you know"

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