

HELLO

Posted by emunah17 - 01 Sep 2011 18:41

Im jealous of the people who get a zillion replys.I really need help but i dont have the right Qs.Someone has to draw out of me all my problems in order for me to focus.plus i get huge chizuk every time anyone answers me Theres someone who cares about you and willing to help PLEASE HELP, TALK TO ME I FEEL ALONE

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Re: HELLO

Posted by JackAbbey - 01 Sep 2011 18:44

i am jeaolous of you for not having any questions

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Re: HELLO

Posted by emunah17 - 01 Sep 2011 18:46

JACK i have Qs im just confused how do deal with this and that and every time i try to take care of one opportunity another opens

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Re: HELLO

Posted by JackAbbey - 01 Sep 2011 18:54

i understand you, i was just trying to bring that out of you

if you try desperatley to do something and you have a problem holding you back & its bothering you, then you start looking for help, and you ASK, how can i do this & this, i have such & such of a problem

so back to sq. 1

for instance you can ask: how can i avoid shuch & such a nisoyen?

no shame, nobody knows you, everybody is trying to help

we are all in the same parshe

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Re: HELLO

Posted by gibbor120 - 01 Sep 2011 18:54

Hi emunah! You are not alone!

Just popping in to say hello, my friend.

here are some smiles.

;D ;D 8) 8) ;D

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Re: HELLO

Posted by alexeliezer - 01 Sep 2011 18:58

[emunah17 wrote on 01 Sep 2011 18:41:](#)

Someone has to draw out of me all my problems in order for me to focus.

See my post on your cousin's thread

Alex

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Re: HELLO

Posted by Gevura Shebyesod - 01 Sep 2011 19:39

You are NOT alone. There are so many people here, with a wide variety of experience and viewpoints, waiting to help you. Ask away, and someone is sure to have an answer.

KVT & KOT!

Hi, just popping in to bring your reply count 1 closer to a zillion

Gevura!

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Re: HELLO

Posted by emunah17 - 01 Sep 2011 21:01

Thanx guys um i know i dont want to look at anything bad but i cant take life as it is.What do i do im stressed out i only feel normal when im on

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Re: HELLO

Posted by JackAbbey - 01 Sep 2011 23:25

wow wow wow, many of us here have very similer issues

keep your posts coming

"i dont want to look at anything bad" that showes that inside you there is a goldene neshomo

begging for hashem to free it from that shmutzy behavier

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Re: HELLO

Posted by mnman415 - 02 Sep 2011 01:50

are you part of any 12 step program?

one thing you can do when your stressed is post here on GYE

also do you have anyone you can call to talk about it

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Re: HELLO

Posted by obormottel - 02 Sep 2011 06:40

Friend,

you're not alone. Tonight many many people are reading your posts and thinking of best ways to reply. So it'll take 'em a little longer...

Imagine yourself in a valley. There are thousands of alligators trying to cross the valley and you are standing there with a shovel knocking them alligators back out. Now, you can keep fighting the alligators till they overwhelm you, or you can spend every waking moment (when you are not actually fighting) digging a canal around the valley that will take the alligators away.

The canal is all the useful tips that this wonderful website has to offer. Start digging the canal, and if occasionally you're overrun by alligators.....nu, so you get up and keep digging and eventually them alligators will stop coming.

Did you have a chance to read Handbook? Nu?

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Re: HELLO

Posted by emunah17 - 02 Sep 2011 22:30

Soldier I have no one to talk to but im in a rush good shabbos

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Re: HELLO

Posted by emunah17 - 11 Sep 2011 02:04

Hi guys check out my knew post its not to good btw soldier im not part of a 12 step group i dont have time im in yeshiva all de time.

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Re: HELLO

Posted by bardichev - 11 Sep 2011 15:27

emunah keep on trucking!!!!!!!!!!!!!!

just move along

dont worry

be happy

truck along

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Re: HELLO

Posted by Yossi.L. - 11 Sep 2011 15:42

Emunah17,

I followed this site for many months before writing any posts. I even guided many people to this site while I myself stood on the sidelines. Recently, a very wise man told me " just write what you feel" and I haven't stopped writing. So I say to you " just write what you feel" which it seems you are starting to do in this post. When you struggle share it, when you feel happy share it, when you feel sad, share it. There's a lot of love and true caring flowing around this forum, just post and you'll feel it.

Yossi

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