

GYE - Guard Your Eyes

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Im on the computer theres nothing stopping me

Posted by emunah17 - 01 Sep 2011 18:21

the title says it all.Im in yeshiva and 5 blocks away my cousin has internet without filter I have "a shoo in a halb"every day to do anything

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Re: Im on the computer theres nothing stopping me

Posted by Yosef Hatzadik - 01 Sep 2011 18:25

What are my options?

Is falling an option?

Is it really?

What will be the results of that choice? Short-term & long-term?

What are my other options?

Which do I rather want?

Can I hold out just for today?

Can I wait another 10 minutes??

Can I Call/text/chat/PM a GYE Buddy?

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Re: Im on the computer theres nothing stopping me
Posted by JackAbbey - 01 Sep 2011 18:29

hey brother

nothing can stop you, only you can stop yourself

why not carry on down the drain, if you wona go down that route, then what are you doing here?

if you posted that note, it shows, that in reality your nehsomo is screaming to you, "please stop it - its killing me"

so if you want to help yourself, then do the 12 steps and STOP THAT FILTH FOR HEAVEN SAKE

just one day, only for the rest of today

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Re: Im on the computer theres nothing stopping me
Posted by alexeliezer - 01 Sep 2011 18:55

Thanks Jack.

My Dear Emuna17,

Filters are important, but they get too much of the spotlight here sometimes.

Recovery is where it's at. Get well using proven addiction recovery methods and you'll be your own filter 8)

Stay away from your cousin's house. At least stay out of the room where the computer is. Your sanity depends on it!

Having said that, is this the only challenge? This disease tends to permeate its victims lives even when they're not at their cousins' houses. A trip to the cousin's may just be the result of a day of lusting.

Forgive me if I'm coming on strong. I've been 17 and my head was swimming in lust by then. It took me another 25+ years to realize I had a problem. Ashrecha if you're ready to get out of the shmutz now.

Alex

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Re: Im on the computer theres nothing stopping me
Posted by 5770 - 02 Sep 2011 05:09

actually that's a fair point. if they had the internet when i was a teen i would have probably worked myself a permanent injury. So ALL THINGS CONSIDERED Emunah you are doing an amazing job!

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