

Yedids blog

Posted by yedid\_nefesh - 31 Aug 2011 12:52

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Re: Yedids blog

Posted by yedid\_nefesh - 25 Jan 2012 20:16

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Continued..but not fall and Baruch Hashem you have no idea I've made it to day four. This morning as soon as I woke up I was so happy and even though I had wasted time it felt so good to still be "clean". Thank you Hashem and thank you to all the holy people of the GYE network

Tizkeh Lemitzvot

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Re: Yedids blog

Posted by yedid\_nefesh - 26 Jan 2012 17:48

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Good day today BH - day 5. I just daven that thing continue like this and not get worse.

Tizkeh Lemitzvot

yedid\_nefesh

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Re: Yedids blog

Posted by chaimyakov - 26 Jan 2012 20:59

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Awesome! Great work! What are you doing so things don't get worse?

Hatzlacha in all things GOOD.

chaimyakov

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Re: Yedids blog

Posted by yedid\_nefesh - 31 Jan 2012 19:08

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Ok I fell on Sunday and Monday But it was a week streak - the longest in a while and very qualitataive. Day 2 today. Shemirat eiynayim has to improve for tomorrow with siyata dishmaya. Tizkeh lmitzvot

Yedid

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Re: Yedids blog

Posted by yedid\_nefesh - 14 Feb 2012 17:24

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Ok Baruch Hashem I'm holding on day 6 tonite. It has been real rough though. I keep slipping in and out of shemirat eiynayim. But BH all is well for now. Saturday nite I was up till 3: 30 watching YouTube videos instead of looking at other stuff and Sunday I was also up till late. on thing that keeps me going is the knowledge that if I fight is hard for now but it will I hope get easier the next time.

Tizkeh Lmitzvot

Yedid nefesh

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Re: Yedids blog

Posted by yedid\_nefesh - 22 Mar 2012 10:51

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ok , i know i havent been on a while - its been for a whole lot of reasons mainly laziness. Anyway im back and today is BH day 3.

So two days ago i had i guess what you can call "a moment of inspiration". I walk into the beis and i just see this one talmid chacham and tzadik from my area just sitting there immersed in a gemara and i realised that he never got to where he is by sitting around on the internet. Which

got me thinking about the amount of time i waste on the internet every day - and most days is only kosher stuff more or less. I dont want to the get into habits that for the rest of my life ill be forced check news for 15 minutes daily and then other pointless stuff and videos. So the new plan with Siayta Dishemayais to only surfe about 5 websites - this one of course, my two email accounts and other websites where i download shiurim from. I know the yetzer wont keep me too long on any of these cause they all full of kedusha. It hasnt been to bad so far without internet and iv probably saved already an hour and twenty minutes of my life in these two days. Im sure many people will be thinking what im doing is stupid and that i should rather limit myself per day but the truth is that I know myself and i think and hope that my system is the best for me.

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Re: Yedids blog

Posted by yedid\_nefesh - 25 Mar 2012 14:38

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Baruch Hashem day 6 today. Last night was an improvement in comparison to other Motzei Shabboses but I still almost crashed at the end. This morning was hard and I started to browse bad stuff but was disrupted and then decided to not continue. Was feeling a quite lustful this afternoon but browsing on the forums has calmed me down somewhat - will try get some exercise now to channel any excess energy in the right direction.

Tizkeh Lmitzvot

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