

why be afraid of saying "Pornography", "Maturbation"?

Posted by kidushashem - 29 Aug 2011 13:11

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Why is (almost) everyone scared of writing the full word "masturbation", "pornography"?

It always says "m\*\*\*\*\*, P\*\*\*\*\*" or something like that.

The point is, when you are scared of writing it, it seems to me like there's a form of denial going on. Like, subconsciously, you're not willing to admit that you're really involved with this stuff.

I feel very strongly that you should not be scared of saying it, straight out.

Can you imagine a psychologist saying "well, have you ever, well you know, done, um, P&M, YEAH, THAT'S IT! have you ever done P&M?"

If we were clean it would be one thing; I can hear that some people are so distant from it and it's like "He Who Must Not Be Named", for all you harry potter fans FEEL that it's so dirty that it's like saying "CHAZIR" instead of "DAVAR ACHER".

But for us? Are we coming from a holy place when we don't write the full word, or are coming from denial?

I'd love to hear other perspectives...

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Re: why be afraid of saying

Posted by YidFromMonsey - 21 Nov 2016 19:51

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[Shlomo24 wrote on 21 Nov 2016 19:21:](#)

[Gevura Shebyesod wrote on 21 Nov 2016 18:31:](#)

[Shlomo24 wrote on 21 Nov 2016 17:44:](#)

YFM: What are the boxing gloves for? I put mine down a while ago

It's hard to tell from the picture if his hands are still in them, maybe he already put them down.

Aha! That's the chiddush!

Trying to pull em out but they're stuck. Guess I didn't fully surrender yet....

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Re: why be afraid of saying

Posted by Shlomo24 - 21 Nov 2016 20:34

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Ask God for willingness.

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Re: why be afraid of saying

Posted by YidFromMonsey - 21 Nov 2016 22:21

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[Shlomo24 wrote on 21 Nov 2016 17:44:](#)

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There, Shlomo24, better?  
Re: why be afraid of saying

Posted by Markz - 21 Nov 2016 22:29

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[YidFromMonsey wrote on 21 Nov 2016 22:21:](#)

[Shlomo24 wrote on 21 Nov 2016 17:44:](#)

YFM: What are the boxing gloves for? I put mine down a while ago

Yup

Phew

I was worried

**Warning: Spoiler!**

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Re: why be afraid of saying

Posted by Markz - 21 Nov 2016 23:03

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Serious bug on this thread

This holy website doesn't like \* & \* in the title so it simply x's it out

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Re: why be afraid of saying

Posted by Watson - 21 Nov 2016 23:11

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Love snoopy!

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Re: why be afraid of saying

Posted by serenity - 21 Nov 2016 23:12

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Shlomo, Thank you for your reply. I really appreciate it. If I'm not mistaken I believe you have a bit of sobriety under your belt. If you would care to share your sobriety date, it may be helpful to some of us. Up to you of-course. I do have a question. Can you please by way of explanation reconcile these two statements: 1. " So if I see a beautiful man, those neuronal pathways can get lit up, which is the definition of being triggered. Once those pathways are excited, only a true act of God can keep me sober, because I'm biologically determined to act on those impulses." and 2. "I don't believe that triggers CAUSE me to act out. It's just that my diseased brain tells me I need to lust when I'm feeling triggered." to me they seem to be inconsistent and contradictory.

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Re: why be afraid of saying

Posted by Watson - 21 Nov 2016 23:14

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Re: why be afraid of saying

Posted by cordnoy - 21 Nov 2016 23:15

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[Watson wrote on 21 Nov 2016 23:11:](#)

Love snoopy!

According to Reb pinchas koritzer, even the direction a dog lays is decreed by heaven; according to rishonim, however, He doesn't get involved.

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Re: why be afraid of saying

Posted by Watson - 21 Nov 2016 23:15

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Re: why be afraid of saying

Posted by serenity - 21 Nov 2016 23:31

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Workingguy, I just want to point out that the word trigger doesn't appear once in the AA Big Book which is the foundation of 12 step recovery. Well, that's not exactly true, there is one reference to actual trigger on a shotgun. I'm aware the word and the concept is found in the White Book and may be appropriate in the context in which it is found there. I rarely if ever hear the word at SA or AA meetings.

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Re: why be afraid of saying

Posted by Watson - 21 Nov 2016 23:37

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I counted 14 times in the White Book, including "What we seem to be discovering is that just about anything can become a trigger."

I'm not arguing, just referencing. Have a wonderful sober night everyone.

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Re: why be afraid of saying

Posted by cordnoy - 21 Nov 2016 23:46

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[serenity wrote on 21 Nov 2016 23:31:](#)

Workingguy, I just want to point out that the word trigger doesn't appear once in the AA Big Book which is the foundation of 12 step recovery. Well, that's not exactly true, there is one reference to actual trigger on a shotgun. I'm aware the word and the concept is found in the White Book and may be appropriate in the context in which it is found there. I rarely if ever hear the word at SA or AA meetings.

Il haven't been at meetings in a while, but the group I was associated with did use the word.

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Re: why be afraid of saying

Posted by Eyeglasses - 21 Nov 2016 23:51

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[cordnoy wrote on 21 Nov 2016 23:15:](#)

[Watson wrote on 21 Nov 2016 23:11:](#)

Love snoopy!

According to Reb pinchas koritzer, even the direction a dog lays is decreed by heaven; according to rishonim, however, He doesn't get involved.

Ramban last week

Cordnoy is a Talmid Chocem!

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