

I Just Fell

Posted by humble - 23 Aug 2011 20:09

i just had a pretty major fall i was up till 415 am . im working on very little sleep & excuse my lingo but i feel really really crappy right now. i'm also running the risk of a "double dip" fall . maybe if i just drown myself in my escape i'll wake up feeling better (i know prob not but tell that to my addicted thinking)

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Re: I Just Fell

Posted by heuni memass - 23 Aug 2011 20:39

dont look back.

move on.

call someone..

give to someone..

get out of your taking mode..

think if you can help someone else..

move.. just move..

get off the computer.. and move forward..

dont look back for now..

will talk about that later..

Get off and get out..

Be a giver! help someone now..

its called keep on trucking - don't make a traffic jam.. tamshich yalla

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Re: I Just Fell

Posted by humble - 23 Aug 2011 21:16

I Got it moving right now . i feel a little guilty i mean *after what i did blah blah blah.....I know thats straight out of the yetzers arsenal . By the way anyone else feeling lie this MUST check out the depressed person chilled spot thread in just having fun. Guard if u ever get bored of your day job look into comedy ;D ;*

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Re: I Just Fell

Posted by obormottel - 23 Aug 2011 21:53

Fell, shmell. Keep up the struggle, brother, one baby step at a time.

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Re: I Just Fell

Posted by Holy Yid - 24 Aug 2011 07:49

I fell too. I then came here to try to help others. I find it can be a great thing to really try and think about others problems.

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Re: I Just Fell

Posted by kidushashem - 24 Aug 2011 20:17

[humble wrote on 23 Aug 2011 21:16:](#)

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Keep it up! Get addicted to the forum for a while. No double dipping for you.

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