

Kidushashem Today:

Posted by kidushashem - 07 Aug 2011 23:45

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I am so depressed. I had a great, almost 6 month clean streak that ended a couple months ago and it's been a terrible down hill since then.

You would think that after such a long clean streak I would have strong mental barriers against viewing all the trash that I had viewed in the past. Instead, it takes only a few hours from the first fall for me to get right back to where I left off half a year earlier, doing the same stuff and much worse. My appetite isn't satiated any more through the old stuff and I need "bigger and better".

This is incredibly tough because I feel I haven't moved forward too much. Won't I ever recover that sensitivity that I had? It took about a year of masturbation for the YH to finally convince me to do legit porn.

In addition, the last 6 months do not seem to have given me more sensitivity to feel more ashamed and upset when I finally fell. To the contrary: I feel more comfortable that I ever felt with porn and I even feel completely comfortable with no fences in place. I don't want fences because I know that later I'm gonna want to view more garbage.

In the past, after every action I would feel terrible and set up some kind of fence to help for the future. Now I don't even care.

The reason I'm writing this post is because I care that I don't care. I'm sad that I'm not sad.

I want to finally break through and finish with this trash but I feel like I don't care enough right now. Like I should just continue with this trash until I care enough. But I want to care NOW! It's almost 9 Av and I'm in this disgusting situation. I feel like dirt.

Is there anyone out there who can identify and give me some unconditional love and chizuk?

That would be greatly appreciated!

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Re: KidusHashem - trying to make it

Posted by gibbor120 - 19 Aug 2011 15:16

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Hi KH. You are welcome to come help me move some furniture into my new home.

[Click Here.](#)

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Re: KidusHashem - trying to make it  
Posted by kidushashem - 20 Aug 2011 20:44

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[ZemirosShabbos wrote on 19 Aug 2011 14:42:](#)

[kidushashem wrote on 19 Aug 2011 09:02:](#)

Have a Shabbos, extra zemiros for Zemmy!

have a great shabbos

Recording coming soon, B"N!

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Re: KidusHashem - trying to make it  
Posted by kidushashem - 22 Aug 2011 21:45

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wow, 15 days! I'm so happy. So so happy.

I want to thank everyone on GYE, especially all you awesome people who have been giving me all this support on my thread!

so much going on, so much going through my mind. so much growth. so much love. I'm breaking out.

I'll write a better more advanced post BL"N soon.

I just wanted to update everyone as of now. Life's awesome. Anyone who wants some perspective, read my first post, read my posts from the last few days when I was depressed and read this one, all in order.

It's incredible how fast changes happen and how volatile this makes life. Such a violent and powerful change. Incredible.

Thanks guys,

I love you all.

Levi-KH

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Re: Building up the Fort!(the post name will change as I do)  
Posted by cordnoy - 12 Jul 2015 05:59

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[Gevura Shebyesod wrote:](#)

Bake your own Babkes?

Remind me please, and i'll send you a real good one.

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Re: Building up the Fort!(the post name will change as I do)

Posted by gibbor120 - 13 Jul 2015 14:42

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Can I get one? Make it reeeeealy chocolaty!

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Re: Building up the Fort!(the post name will change as I do)

Posted by Gevura Shebyesod - 13 Jul 2015 15:11

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Re: Building up the Fort!(the post name will change as I do)

Posted by cordnoy - 13 Jul 2015 23:00

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Send me your addresses.

We ship.

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Re: Building up the Fort!(the post name will change as I do)

Posted by stillgoing - 14 Jul 2015 20:31

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now *this* is real chocolaty!

Available, believe it or not, only at

**Warning: Spoiler!**

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Re: Building up the Fort!(the post name will change as I do)

Posted by ZemirosShabbos - 15 Jul 2015 16:28

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ouch, my diet hurts

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