

I fell and I am posting because I need to...

Posted by puredove - 07 Aug 2011 08:46

I fell. Plain and simple. I did not put up enough safeguards and the yetzer horo knew it. I actually at first did not want to post but I told myself that if I was going to be serious about being stringent with my Shmiras Anayim, then I was going to have to post. Did I let myself down? Yes. Am I a bit embarrassed? Yes. Do I feel like I cannot start again? No. I kept 17 days clean and I have not felt this good in months. I know that I fell, but picking yourself up is the hardest part of the battle. I am forcing myself to post right now and it seems like there is a bigger yetzer hora telling me not to post than the yetzer horo that spoke to me last night before I fell. Maybe falling is bad, but it is not the end of the world. Falling and not being strong enough to pick yourself back up, that is the end of the world.

My last streak was 17, starting today, I am going for 90 again!

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Re: I fell and I am posting because I need to...

Posted by mechazek - 07 Aug 2011 09:37

What Resilience so nice to read your post. Hatzloachah Rabbah.

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Re: I fell and I am posting because I need to...

Posted by khoskor - 07 Aug 2011 16:03

Pure dove, it's part of the game man. If you wanna succeed, you gotta be open to fail. And there's no way you'll fail in the long run if you're trying so hard. And about your fear of posting stuff on this forum, I also had it, and the reason you're having the fear, is probably because you feel that if you post stuff on forum, then you'll lose your desires and passions. But truth is, it's up to you in the end and only you can succeed. Go ahead, and keep on truckin

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Re: I fell and I am posting because I need to...

Posted by Eye.nonymous - 07 Aug 2011 19:03

Honesty is one of the main ingredients to recovery.

The safeguards need to be in our brain, and until we can do that nothing really helps long-term.

--Elyah

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Re: I fell and I am posting because I need to...

Posted by helpfyi - 07 Aug 2011 19:10

awesome attitude! with the right attitude you'll go all the way!

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Re: I fell and I am posting because I need to...

Posted by alexeliezer - 08 Aug 2011 16:23

PureDove,

The Y"H has endless patience. He never quits We can actually learn a great deal from him. The key to success is early and frequent blocking of his advances. And strict shmiras eynayim at all times.

Your honesty is appreciated here. It will pay big dividends.

You will do this!

Alex

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