

GYE - Guard Your Eyes

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Keep on strong control, Don't let them take your energy.
Posted by Happyme0 - 27 Jul 2011 15:28

At the job I was sitting next to a woman and I don't know what but everytime I am beside a woman I spilled my seeds by accident and before I do those woman get to close to me and after I spilled she becomes far away than me and she settle down. I think it's one of the Y"H that put to that goya's mind and she doesn't even know it...everytime I am with or beside at a woman at work, well I have no choice but to sit with her at work, I can't just interupt otherwise I will lose my job for many reason and also I'm going to get a job where there are no woman working at all but and this is America of course. My question is does that consider an avera even I tried to do my best and the best way I could to stay on control by even praying to Hashem? It also seems like that they are draining and taking my energy away from me...

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Re: Keep on strong control, Don't let them take your energy.
Posted by TheJester - 27 Jul 2011 15:42

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Re: Keep on strong control, Don't let them take your energy.
Posted by Happyme0 - 28 Jul 2011 05:21

We can't be living in a life that is everything is going to be ok... we got to quit now and when we face Hashem we won't like it when we are full of avera's cause everything is recorded in hashamaim and I don't wanna go back in this earth... I want to be with Hashem. I have to live everyday that it is my last (G-d forbid)... we don't know

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Re: Keep on strong control, Don't let them take your energy.
Posted by struggler - 01 Aug 2011 03:11

I kind of had a similar situation at work, this was about 3 years ago, but because of it I got to the point where I am now:

You aren't by some chance related to Dr Strangelove, are you?

I had a huge crush on one of my non Jewish co-workers. The first time I saw her, which was the day she came in for interview, I was immediately attracted to her. She was hired & I decided that it would be best if I stayed away from her as much as possible. I work in a small office & eventually we were signed to work on the same project. After working for short while together, I developed a very huge crush on her. At first she was showing signs that she liked me also, which made it even harder. In the past when I developed crushes it would last a week or two & then would go away, but this time the crush did not end after a couple weeks. I know that the right answer is to forget about her, but I was having thoughts about giving it try, hoping that she might convert. Then, at times I started to have doubts about Judaism and thinking maybe I should close my eyes on it and just try to win over my crush. This made me uncertain about what I want to do. At first my crush showed signs that she liked me, but after while she generally would stonewall me, but then at times she would be nice to me. (Looking back she was probably emotionally unstable). This made me very upset & even more confused. Also during this time I was diagnosed with sleeping disorder, because of it I was tired all the time, this did help either.

Many of my friends were getting married / moving out of the area where I live at this time. I have shy / reserve personality this made it kind of hard to find new ones. I felt very lonely since I could not really talk about it with anyone. At this time I started to go out for shidduchim & I could not meet anyone even close to the way was attracted to my crush. The few attractive prospects that I was offered my shiddchanim did not want to go out with me. At this very time my porn addiction got out of hand, unfortunately I did not know that his site existed. In the end my crush left to go to grad school, it took about a year and a half after she left, for my fuzzy feelings to go away, but porn & masturbation addiction unfortunately still here.

Right now, thanks HaShem, we do not have anyone attractive working at the office. In fact recently our secretary had left & we had two candidates for the job: middle aged unattractive woman & above average looking girl. My boss asking me which one I thought would be better fit & even without thinking I said middle aged unattractive woman. Afterwards I kind felt bad that I am discriminating against decent looking girl, but I just could not go through another lady drama situation.

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