

life of a lamed vavnik

Posted by lamed vavnik - 08 Aug 2009 19:52

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Hello Everyone

I'm clean only four days and i'm already trying to mess up!!i'm on the chart but only b/c i have a good filter B'H!! really want to stay on and stay clean but just sitting in front of the computer turns me on thinking of all the things i COULD be seeing if i only didn't have a filter !!some body tell me this will wear off and i'll be able to fell normal in front of the screen b/c i want to stay with this site. :'(

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Re: life of a lamed vavnik

Posted by silentbattle - 03 Jan 2010 03:14

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Wow!

That's fantastic, on so many levels!

Keep on rocking!

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Re: life of a lamed vavnik

Posted by imtrying25 - 03 Jan 2010 22:24

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LV from your posts its so obvious that your going so far. Keep on rollin' bro.

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Re: life of a lamed vavnik

Posted by lamed vavnik - 04 Jan 2010 06:52

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whoah! no time.....

1 eyes- a few small slips but BH' caught in time .

2 ears- fantastic . i heard bruce wayne is having a problem in this area . i would probably die . i totally understand . there is absolutely no way i could stay there even one night . w/ out messing up. but then back then as a single guy i would've loved it . i would've wallowed in the taivah w/ pleasure . good luck to him. i don't think positive thinking can help that matsav.

3 - working in bitachon . had a very high pressure meeting yesterday but i dovened hard that H' knows what s best for me . and he guides me where to go no matter what .i can't control others or what they think . i accepted the case as is . and H' made it much easier for me . the person really came closer to understanding me . which i think was total SD' **and its good for a "hug "** !so make believe its there. :-\

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Re: life of a lamed vavnik

Posted by lamed vavnik - 05 Jan 2010 18:15

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ok.

still alive . made it thru . that wave of a trigger. BH' feeling better now but still not 100% (if i ever will be . )

avoidah .

1- eyes doin' great Bh' stayed clean today . getting used to not looking .

2- ears still keeping clean Bh' . spoke to my wife about bruce Waynes nisayon ,that i would never be able to survive .she told me that she thinks any healthy young man or woman would be bothered by that and have trouble from it . that made me feel better in a way . that its not just cuz i'm crazy and that she said it.

3- missed mussar today will try to catch it up tonite BEZH" .

4- trusted in H' to help me succeed in my job and still have time to learn and be the jew he wanted me to be even if it means i don't learn as much as i want.

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Re: life of a lamed vavnik

Posted by imtrying25 - 05 Jan 2010 19:46

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As long as were working on this inyan we are doing what hashem wants!!!!

Re: life of a lamed vavnik  
Posted by lamed vavnik - 07 Jan 2010 06:29

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1- eyes were great yesterday .

2- listening is good too , had a nisayon for the first time in a while alst nite ,and said no. ithink i only had the strngth to do that on the ride of my strong avoidah till now i don't want to mess it up .

3- good mussar , trust means being relaxed . it means being at peace and at ease through your faith in H' that he will do everything you need . it must lead to a feeling . that is the essence . its not a thought its a feeling . i am working on that feeling .

4- have been trusting in H' to help me be the yid he wants me to be thru, (or in spite of ) my life ang job .

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Re: life of a lamed vavnik

Posted by imtrying25 - 07 Jan 2010 10:47

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Re: life of a lamed vavnik

Posted by lamed vavnik - 08 Jan 2010 07:32

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feeling really weak these days . not sure why , done nothing wrong but wish i could and i don't like that . got to get back to H' .

i actually feel better when i don't have any sort of sex at all , i never throught i would say that .

1- eyes OK.

2- ears OK but the nisayon was there last nite . beat it BH'

3- mussar great .

4- trusted in H' yestreday that whatever matsav my family is in when ui walk thru the door , is exactly what H' wants from me and every problem of every kid is H' direct gift to me to make ;D

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Re: life of a lamed vavnik

Posted by silentbattle - 08 Jan 2010 07:34

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it gets hard to remember anything with all the noise, right? :D

me great . i think it worked but i forgot that i said it after i got into my house . :o :-\ :

You're incredible, as always!

Maybe your slight thoughts are there for that exact purpose - to remind you to keep getting closer to hashem.

I envy and respect you.

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Re: life of a lamed vavnik

Posted by imtrying25 - 08 Jan 2010 13:10

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LV your really doing great!!! Good Shabbos. Have a peaceful and restfull Shabbos.

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Re: life of a lamed vavnik

Posted by lamed vavnik - 09 Jan 2010 19:30

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had a small slip with the eyes over shabbos . no biggy but it was a triple take which i shouldn't be doing.

all else is good.

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Re: life of a lamed vavnik

Posted by lamed vavnik - 10 Jan 2010 21:05

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1- eyes were good today . BH' actually went on the bus w/out even a first look.

2- ears test is getting harder for me . but i am still holding strong . BH' keeping up the connection.

3- mussar is still going . bitachon is a real deep and difficult thing to do truly . we need a lot of time to think and practice it . the chovos halevovos is pretty straight with what you need to do . one day at a time .

4- today was a good day . i trust in H' that the \$ i need will come to me . or is already here and show itself .!

i am feeling still weak and vulnerable for the past few days . too close to the edge . my feeling of closeness is gone for now . i feel right on the other side of the line and i could cross anytime . i don't like it . i'm going to try and connect to H' with my mind .

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Re: life of a lamed vavnik

Posted by silentbattle - 11 Jan 2010 02:18

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This is the best time to do that - remember that you can open your eyes and realize which way to go...it's a total trick that we *need* to do it...

You make me smile when I see that you're doing so well!

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Re: life of a lamed vavnik

Posted by sci1977 - 12 Jan 2010 01:18

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Keep up the good work.

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