

## GYE - Guard Your Eyes

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Join me in guarding our eyes during the 3 weeks!!!

Posted by helpfyi - 19 Jul 2011 13:13

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Dear fellow holy yidden, the 3 weeks are here, we have had many tzores recently, we have lost 3 gedolim, and a holy tenokis shel bais rabban and many others. The 3 weeks are a morning for the tzores of kal yisroel, let us take on ourselves not to lustfully gaze at women and in that zcus we will bring the geulah closer.

Whoever wants to join note the following:

- This is a kabbalah bli nedder

- if you fall you are not "out" just you should post here that you fell and keep on going.

- Keep in mind for every *one* time you don't look your bringing the geulah closer, if you look then DON'T get depressed but rather post that you looked get chizzick and keep on going.

- "Not lustfully gazing at women" doesn't mean you cant see a women but rather not to look at her with lustful eyes and thoughts, if you see a women by mistake if you don't "double look " that's not called lustful gazing .

So who is going to join??

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Re: Join me in guarding our eyes during the 3 weeks!!!

Posted by helpfyi - 21 Jul 2011 00:52

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[mayer wrote on 21 Jul 2011 00:49:](#)

I'm in too. I cant promise for the whole three weeks as I have such a massive taveh. But I WILL TRY MY BEST!

Great all we want is the effort, and if you fall you can still continue but dont get down! and this that you have such a massive taveh will get better if you don't look you'll see it a guarantee!

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Re: Join me in guarding our eyes during the 3 weeks!!!  
Posted by mayer - 21 Jul 2011 01:15

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Thanks. I will work On this as much as I can

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Re: Join me in guarding our eyes during the 3 weeks!!!  
Posted by mayer - 21 Jul 2011 01:20

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Just a small one, is my sister-in-law included?

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Re: Join me in guarding our eyes during the 3 weeks!!!  
Posted by helpfyi - 21 Jul 2011 03:44

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[mayer wrote on 21 Jul 2011 01:20:](#)

Just a small one, is my sister-in-law included?

I'm not sure what your mean, do you mean is it OK to look at her? if that's what you mean then really you can look at any women who is dressed properly but not with lustful eyes! no one is telling you to ignore your sis in law, but don't gaze with lust bec that's a no no, it will get you lusting, especially with a sis in law. I have had this issue we tend to "shoot the breeze' with them and us in our sick mind end up lusting at them..... be careful.

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Re: Join me in guarding our eyes during the 3 weeks!!!  
Posted by shteighecher - 21 Jul 2011 14:07

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Mayer, you are new here. Lets not do 3 weeks at once, lets do one day at a time, tell us tomorrow, how it was today, and we will deal with tomorrow later on.

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Re: Join me in guarding our eyes during the 3 weeks!!!  
Posted by ZemirosShabbos - 21 Jul 2011 14:58

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[shteighecher wrote on 21 Jul 2011 14:07:](#)

Mayer, you are new here. Lets not do 3 weeks at once, lets do one day at a time, tell us tomorrow, how it was today, and we will deal with tomorrow later on.

great idea! i would venture to say that even if we are 'old' here we should "not bite off more than we can chew" (as Bubby would say)

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Re: Join me in guarding our eyes during the 3 weeks!!!  
Posted by Blind Beggar - 21 Jul 2011 17:25

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Still clean since the last post.

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Re: Join me in guarding our eyes during the 3 weeks!!!

Posted by helpfyi - 21 Jul 2011 18:16

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[ZemirosShabbos wrote on 21 Jul 2011 14:58:](#)

[shteighecher wrote on 21 Jul 2011 14:07:](#)

Mayer, you are new here. Lets not do 3 weeks at once, lets do one day at a time, tell us tomorrow, how it was today, and we will deal with tomorrow later on.

great idea! i would venture to say that even if we are 'old' here we should "not bite off more than we can chew" (as Bubby would say)

i agree to take one day at a time, you can post your daily report that should help.

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Re: Join me in guarding our eyes during the 3 weeks!!!

Posted by helpfyi - 21 Jul 2011 18:21

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I'm still clean but had a tiny peek, i caught my self it was a hard test, i turned away as soon as i realized what was going on, i didn't get down and kept on going and trying to work out a way to avoid that type of thing next time.

Next couple of days will be hard bec i'm going somewhere where i know there will be tests but have to go. Wish me luck and with hashems help will pass all my tests!

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Re: Join me in guarding our eyes during the 3 weeks!!!  
Posted by ZemirosShabbos - 21 Jul 2011 18:32

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[Helpfyi wrote on 21 Jul 2011 18:21:](#)

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??? ?????? ??? ??? ?????????? ??" (?. ????. ??.) ??? ?? ??????????

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Re: Join me in guarding our eyes during the 3 weeks!!!  
Posted by helpfyi - 21 Jul 2011 18:38

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[ZemirosShabbos wrote on 21 Jul 2011 18:32:](#)

[Helpfyi wrote on 21 Jul 2011 18:21:](#)

i turned away as soon as i realized what was going on, i didn't get down and kept on going and trying to work out a way to avoid that type of thing next time.

??? ?????? ??? ??? ?????????? ??" (?. ????. ??.) ??? ?? ??????????

as they say LOL! thanks for the encouragement and hey that's what were all here for.

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Re: Join me in guarding our eyes during the 3 weeks!!!  
Posted by Blind Beggar - 22 Jul 2011 06:20

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Still guarding my eyes on-line and fairly well off-line. The hardest test of the week is about to come: My trip to my SA meeting in a not-yet-chareidi neighborhood in Yerushalayim.

Good Shabbos, fellow guards.

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Re: Join me in guarding our eyes during the 3 weeks!!!  
Posted by struggler - 25 Jul 2011 01:33

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. I was on the best run in a while (11 days). I thought this time around will make it to 90, but I guess have to start over.

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Re: Join me in guarding our eyes during the 3 weeks!!!  
Posted by helpfyi - 25 Jul 2011 12:58

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[struggler wrote on 25 Jul 2011 01:33:](#)

. I was on the best run in a while (11 days). I thought this time around will make it to 90, but I guess have to start over.

Dont be down just get up and move on!

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